An increasing number of Americans today are experimenting with amphetamines and amphetamine related drugs - sometimes called pep pills or speed. A large portion of these users are students. Speed, in a fashion not precisely understood, quickens the heart beat and kills the desire to sleep. Students use them to stay awake when writing papers and studying for exams.

Speed, to the victim, seems to be helpful at first because it wakes him up and makes him think more clearly. Later, however, the "speeder" finds he has to take more and more pills to get the same results as the first time he tried it. Eventually the body has built up enough resistance to the drug that the user may resort to sniffing ampheamine powder or injecting speed into his vein. This increased amount of speed results in extreme suspiciousness and hyperactivity causing a hostile, fiery temper. The speed freak experiences bizarre, violent hallucinations. He may imagine his body infested with sores, bugs, pimples, and

Experts relate that speed is the most out of hand drug in our society, and that we should be the most concerned about it.

Many speed freaks can recover, but they recover only through a long hard battle. Some cannot recover at all.

So be smart! Beware of all drugs — especially amphetamines! Don't start and you won't have to stop - nor will you have the agony of not being able to stop.

Information from October, 1970 Readers Digest.

3 WSS Educators Put On Honor Roll

Mrs. Esse Hayes, J.J. Anderson, and Miss Mary Nicholshave been selected to appear in 1970 edition of Outstanding Educators of America. They have been chosen for the awards publication on the basis of their civic and professional achievements.

Recipients of the award were nominated by the presidents, deans, and superintendents and other heads of schools and col-

Each of the educators included in this biography receives a certificate in recognition of the high honor.

Guidelines for selection in-

clude an educator's talents in the classroom, contributions to research, and administrative abi-

In the words of Hubert Humphrey, who authored the introduction to the 1970 edition of Outstanding Educators of America: "The greatest strength of any nation is its human resources . .With men and women like these we know that our faith in education has not been misplaced."

Members of the newspaper staff, faculty, and students wish to extend congratulations to these teachers for this outstanding professional achievement.

Good music often achieves surprising results.

STUDENT Poet Laureate VIEWS

A Black **Student Speaks**

Editor's note: The opinions expressed in Student Views do not necessarily represent the opinion of the editor or the staff of the Cougar Cry.

What does it mean to be a student at WCC? What does it mean to be a Black Student at WCC? There seems to be no thought of skin pigmentation on the basketball court or football field. One athlete said, "Who has time to see what color a man is? You are too busy trying to keep the ball and win the game."

There may be only respect on the game court or field, but in the halls on campus or on the streets a black man is still a boy and a black woman is still only good enough to clean house.

The worst, and yet the most prevalent feeling extended at WC-C, is "I don't have anything against you colored people but. .* But What?

---COZZIE WATKINS

A Message From L.C.R.

By MRS. FAYE BYRD

The Learning Resource Center: The Library is the collector, mover, and store house for curriculum and general interest type media. It is open from 8:00 a.m. -- 8:00 p.m. Books may be checked out for a two-week period with the exception of reference and reserve books. Reserve books may be checked out from 7:00 p.m. until 9:00 a.m. the following day. Reference media include specific books, audio-visual aids, and magazines which are used in the library.

Library cards should arrive by the first of October. A notice will be placed on the bulletin board.

Listening rooms in the library are for the usage of tape recorders and record players.

The area of the library that has carrels is designed for quiet, independent study.

If one is in doubt about the regulations of the library, he should check the LIBRARY HAND-BOOK. Copies are available at the circulation desk.

The card catalog lists books, A-V materials, and magazines.

Honored

By KATE ANTHONY

On Sunday, September 13, 1970, Wilkes Community College sponsored a birthday reception for Mr. James Larkin Pearson, poet laureate of North Carolina, It was Mr. Pearson's 91st birthday.

The guests began to arrive shortly before 2:00 p.m. Each was personally greeted and welcomed by Mr. Pearson. The formalities began at 2:30 p.m. with Dr. Howard Thompson's welcome to the guests as a group.

Dr. Thompson mentioned the fact that procedures are now underway to publish a collection of Mr. Pearson's best poems. This will be the largest collection of his poems ever printed and it will be dedicated to WCC librarian, Mrs. Faye Byrd, who has assisted in compiling the poems for publication.

Guests were invited to visit the library and view the display of books by Wilkes authors which included copies of Mr. Pearson's publications.

Immediately following Dr. Thompson's welcome, all the children present gathered around Mr. Pearson and, with everyone joining in, sang "Happy Birthday."

As the guests enjoyed refreshments of punch and birthday cake, they had the opportunity to become better acquainted with each other and with Mr. Pearson.

Although only about 50 people were expected, before the reception ended at 3:30, approximately 100 persons had come by to offer congratulations to the aging, but agile, poet.

WCC staff members assisting in planning the event were Dr. W.C. Richardson, Mrs. Faye Byrd, Miss Kate Anthony, J.J. Anderson, and Mrs. Essie Hayes.

THE "EGG" IS DELIVERED

Wilkes Community College is now the proud owner of "The Egg," a multi-canvas pop art creation of Phill Davis, a native of High Point and part-time student at UNC Charlotte.

If there is a question pertaining to the ownership or usage of the media, the student is encouraged to ask for guidance at the circulation desk.

The library welcomes suggestions from the users of the media.

The Cougar THE VOICE OF WILKES COMMUNITY COLLEGE

The Cougar Cry
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Wilkesboro, North Carolina
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