

Where's The Fire?

Work hard, but take it easy.
At first glance, the first phrase seems to contradict the second. But on further reflection, one sees that the phrases need not be in opposition.
We all know people work hard and they look like they are working hard. They walk briskly, nervously; they appear to be doing two things at once with hyperactive speed; they hardly have time for a friendly greeting. Such people live under a storm of tense busyness produced by a mountain of individual problems and concerns.

Conversely other people we know work equally hard, but they appear to be calm, relaxed, unhurried. Though they carry similar burdens and have the same number of problems and worries and responsibilities, they still perform as well or better than their straining-at-the-leash counterparts.

One group is a slave to each day's performance; the other, its master.

We've all observed these two general types and we can probably categorize ourselves. But how does one transfer from that slave to master group?

It ain't easy.
Common sense dictates that proper diet, enough rest, and sufficient exercise help. Add to these a mental attitude that demands a cool, intelligent, thoughtful reaction to a problem rather than hyperactivity and mental strain, and it must follow that better work must result without working oneself to death.

Think! Will you dash off as if you were going to a fire or can you keep your cool? Where do you fit in?

*For the one who's never tried
to ridicule, to break my pride,
Who does not act a macho man
With rough control or heavy hand,
For the man whose sensitivity
holds such power over me—
Take my mind, take my soul,
Take my heart - it's yours - to control.
And, "Master" I will gladly say to you,
Because you would not force me to.*
— Nancy Sizemore

PTK — "Santa's Helpers"

Congratulations to Martha Cuthbertson, from Student Development! Martha won the drawing for "Half the Pot" sponsored by Phi Theta Kappa. The drawing was held on December 19th, 1990. The "pot" totaled \$350. Martha's share of that was \$160.00. That was good returns for her \$1.00 investment. Martha informed us that the winnings would go for a worthy cause, because she was going to use it to assist a needy family at Christmas.

The other half of the "pot" also went to a worthy cause. Phi Theta Kappa sold the tickets in order to raise money for various service projects. One such project was to provide stockings and gifts for children at the Wilkes Child Development Center at Christmas. After filling the stockings with candy and gifts, several members of Phi Theta Kappa accompanied Santa Claus to the Center to deliver the gifts to the children. Approximately 60 children ranging in age from 2 to 5 were excited and thrilled with the entire event. However, it was difficult to tell who was having the most fun—the small children, or the members of Phi Theta Kappa who delivered the gifts. They were all glad to be a part of this happy time for these loving children.



Randall York helps Santa deliver gifts to the eager children at the Wilkes Child Development Center.

The Camera Club

The Camera Club started out slowly this year but built up stamina. With care and participation, Advisor, Larry Caudill, experimented with various times to see which would suit the interested members. He settled on 1:00, and decided to meet every 1st and 3rd Monday of each month.

Each meeting of the club decided on the type of shots they wished to experiment taking and then viewed the results at the next meeting. The club learned from these excursions how to use various techniques, light sources, angles, and varying subject matter.

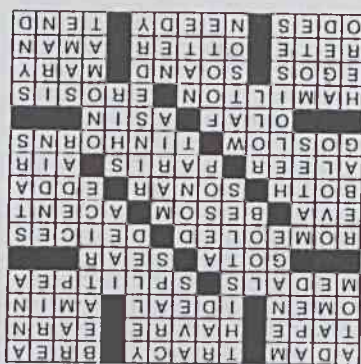


Camera Club

It Goes Up and Around

Like to go up and around on a Ferris wheel? Then February 14 is a day of celebration for you, for on this day in 1859, George Washington Gale Ferris was born.

He became an inventor and civil engineer, and he invented (what else?) the Ferris wheel. It was developed for the World's Columbian Exposition 250 feet across and had 36 coaches suspended from it, each coach capable of carrying 40 passengers. Needless to say, the Ferris wheel was one of the fair's most popular attractions.



Congratulations!

100%! All 19 of WCC's nursing graduates passed the required North Carolina Board of Nursing Exam on May 19. All graduates must pass this exam in order to work as a registered nurse.

Our graduates who took the exam in May were: Terecia Dian Benge, Christina Suzanna Brown, Stephanie Ann Chapman, Sandra Jean Daughtery, Brenda Kay Ellis, Dana Michele Hawkins, Deborah Ann Hodges, Kathleen Carol Lewis, Connie Elaine Nicks, Pamela Delaine Rhoades, Fonda Kay Rice, Lenore Ellen Roark, Dana Michelle Roope, Deborah Denise Sparks, Larry Dean Taylor, Tonya Michelle Wagoner, Lisa Carol Walton, Michelle Eugenia Wyatt, and Terry Ilene Wyrick.

Slide film was the favorite to shoot because it could be blown up on a screen for easy viewing. The Club learned how to critique these shots, and tried to visualize a way to improve them.

Future fundraising plans were to have a photo contest and to advertise favorite pictures to sell to finance our intended fieldtrips.

The camera club consisted of Larry Caudill, Advisor, John Wiles, Dian Marcum, Kaye Benton, Phyllis Smith, and Sherry Miller (not pictured). However, we certainly welcome anyone who would like to take a shot!

Radio Club

The Radio Club this year consists of Tommy Pollard as President, Gary McLellan as Vice President, Donna Blevins as Secretary, Ellen Stevenson as Treasurer and Kelly Hart as Promotions Director.

The Radio Club was started last year. Its purpose is to promote the Radio Station WSIF and the radio program around the campus. The Radio Club is also functional in raising money for the College radio station to buy C.D.s and records.

Biology Instructor

A very warm welcome is extended to our new biology and chemistry instructor. Dr. Harriet Strickland! She received her B.S. in Biology from George Mason University and her Doctor of Veterinary Medicine from Ohio State University. Before coming here, she was doing research at Wake Forest University and teaching part-time. Her love for teaching won out, bringing her to our campus. The lighter side of Dr. Strickland reveals that she is a "junk food" addict with "Zingers" topping the list. Among her hobbies she lists reading, needlepoint, and ice skating. When asked about some of her favorite things, she replied, "cuts, fall, Christmas, and historic travel."

Before closing our interview, Dr. Strickland expressed a fervent desire that her students leave with a working knowledge of the sciences, which, in turn, she hopes will enrich their daily lives through application.

Again welcome, Dr. Harriet Strickland!!

— Dena Gillette

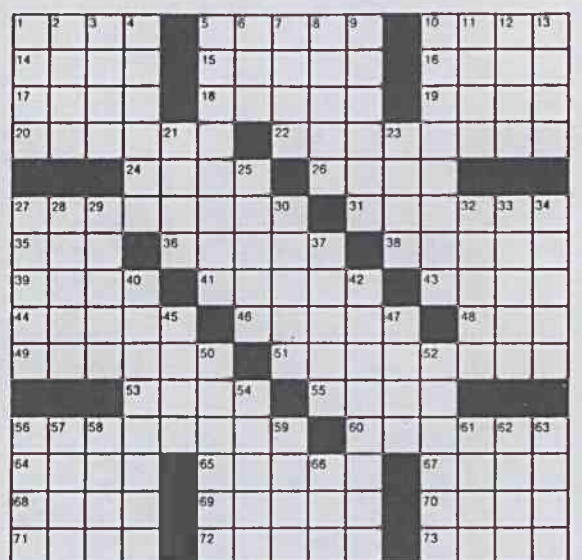


Dr. Harriet Strickland
Biology & Chemistry Instructor

To My Valentine

L O V E
L O V E
V E R

VALENTINES IN FACT & FICTION



ACROSS

- 1 ___ & Eve
- 5 Hepburn & ___
- 10 La ___ Tar Pits
- 14 Record
- 15 Le ___, French port
- 16 Deserve
- 17 Portent
- 18 Utopian
- 19 Former dictator Idi
- 20 Soldiers' decorations
- 22 Kind of soup (2 wds.)
- 24 "I've ___ lot of livin' to do" (2 wds.)
- 26 Scorches
- 27 ___ Juliet up the garden path? (2 wds.)
- 31 Keeps free of frost
- 35 Her character loved Marlon's "On the Waterfront"
- 36 Broom
- 38 One penny (2 wds.)
- 39 The two of them
- 41 Submarine detector
- 43 Old Norse poetry collection
- 44 One sly look (2 wds.)
- 46 ___ & Helen of Troy
- 48 Before lift or mail
- 49 Direction in traffic or love (2 wds.)
- 51 Braggarts
- 53 Name of 5 Norwegian kings
- 55 "It's ___ to tell a lie" (2 wds.)
- 56 Elizabeth & Alexander ___
- 60 ___ the god of love (2 wds.)
- 64 Narcissus, et al., & their ___
- 65 ___-so, unspecified person (hyph.)

- 67 ___ & Jack Benny
- 68 Mesh of veins
- 69 Mammal uses tummy for table
- 70 ___ & a woman (2 wds.)
- 71 Lyric poems
- 72 Poverty-stricken
- 73 Take care of

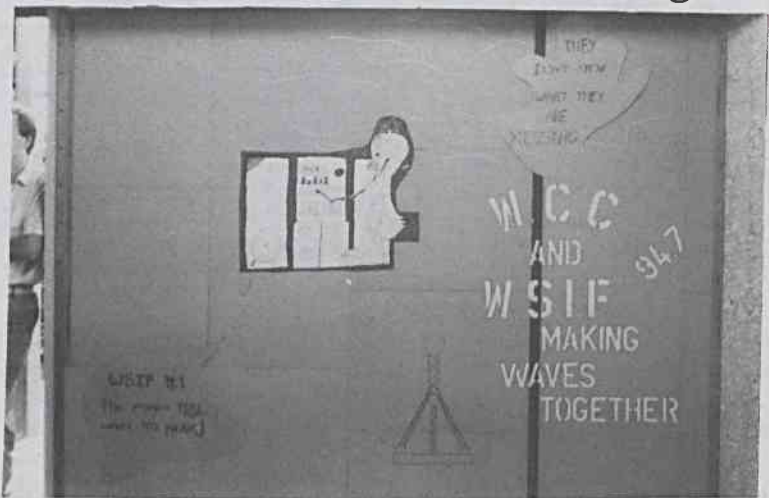
DOWN

- 1 With bomb or smasher
- 2 "There is nothing like a ___"
- 3 Mimicked
- 4 Persons living together
- 5 Prickly weeds
- 6 Extremist (abbr.)
- 7 Map abbrs.
- 8 Frequent dice result

- 9 Hollered
- 10 Dante's ___
- 11 Sloping walkway
- 12 Great Lake
- 13 ___ & the King of Siam
- 21 ___, clumsy fellow
- 23 Intl. Atomic Energy Agcy.
- 25 Famous fabulist
- 27 Sack again
- 28 Rounded molding
- 29 Husbands & wives
- 30 Actor in "The 39 Steps"
- 32 Hope chest wood, often
- 33 False love must ___ tears (2 wds.)
- 34 The moon & the ___

- 37 Tony's love in "West Side Story"
- 40 ___ love, Abelard
- 42 Washer cycles: ___ and ___
- 45 Rock n' ___
- 47 ___ Jey MacLaine & former lives?
- 50 Holmes' sidekick
- 52 ___ opeia, imitative word usage
- 54 ___ Cone & Belding, top ad agency
- 56 ___ & Leander
- 57 Old
- 58 Small particle
- 59 Nathan, to friends
- 61 Identical
- 62 Ayatollah's country
- 63 Syndicate (abbr.)
- 66 Man's nickname

Radio, Television Broadcasting



The students in the Radio and Television program are no different than the ones in the past. They are ambitious young people who have the desire to create some serious waves. The students in RTV this year are creating some state of the art waves. WSIF received two Denon C.D. players, and two Technics turntables. With this new equipment WSIF is totally a station that is making serious waves.

In the R.T.V. program, part of the curriculum in the fall quarter is to travel

to local Radio stations. During these travels the true Dr. Al Stanley came out of the closet. We now know Dr. Al Stanley wants to drive for Nascar; Dr. "Richard Petty" Stanley. On our first trip out to Taylorsville we were following Dr. Stanley and we could not keep up. Dr. was putting the metal to the pedal. It was an unique experience to say the least. Dr. Stanley the fastest driver in Radio Broadcasting.

— Barry Owenby

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Letters to the editors are welcomed. Address to: *Editors, Cougar Cry*, W.C.C. Wilkesboro, NC 28697. Copy deadline 20th of the month.

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NEWS IS BAD NEWS
FOR THE NEWSPAPER
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Wilkesboro, N.C. 28697
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