From the Editor

Are you really listening when you listen? Working as a peer-counselor has made it necessary for me to learn the art of active listening. My style has always been the "Dear Abby type", having advice for everyone.

Advice, however, is not what people are really looking for when they need to talk. They are really only looking for a safe person in which they can vent their feelings. Once they have their feelings acknowledged, they are able to make their own decisions. In other words, all that people really need is for some one to care enough to listen — to really listen, without judgements or advice.

Now that really sounds simple, but giving advice and opinions comes so easily that just listening really is difficult! My tongue has been bitten nearly in half, as I have exercised my listening skills. But, through practice and the skillful teachings of the "pro" listener, Cassandra Lanier, I am finally learning to listen. The following poem Cassandra used to help me understand active listening. Now, I would like to share it with our readers.

When I Ask You To Listen

When I ask you to listen to me and you start giving advice, you have not done what I asked.

When I ask you to listen to me and you begin to tell me why I shouldn't feel that way, you are trampling on my feelings.

When I ask you to listen to me and you feel you have to **do** something to solve **my** problem, you have failed me, strange as that may seem.

Listen! All I asked was that you listen, not talk or do — just hear me.

Advice is cheap: 25 cents will get you both Dear Abby and Billy Graham in the same newspaper.

And I can **do** for myself. I'm not helpless. Maybe discouraged and faltering, but not helpless.

When you do something for me that I can and need to do for myself, you contribute to my fear and inadequacy.

But when you accept as a simple fact that I do feel what I feel, no matter how irrational, then I can quit trying to convince you and can get to the business of understanding what's behind this irrational feeling.

And when that's clear, the answers are obvious and I don't need advice.

Irrational feelings make sense when we understand what's behind them.

Perhaps that's why prayer works, sometimes, for some people — because God is mute, and doesn't give advice or try to fix things. You have to work it out for yourself.

So please listen and just hear me. And, if you want to talk, wait a minute for your turn, and I'll listen to you.

Ralph Roughton, M.D.

Active listening is a gift that you can share in all your relationships. If you choose to add this talent to your education, it will carry you a long way in your career, as well as, in your personal life. For more information, the text used in Eng. 200, *Communicating Effectively* by Sandra Hybells and Richard Weaver II has an excellent chapter on listening.

Please remember that everyone likes to talk and they view people that listen as special people. After all, "Talking is sharing, but listening is caring"!

Sayonara

Born April 29, 1901, Emperor Hirohito of Japan became the world's longest ruling monarch. He ascended the Chrysanthemum throne in 1926 and presided there through WWII, Japan's surrender, and the incredible postwar economic recovery.

After the way, Hirohito became a "symbol of state" under the new constitution and government. He was then able to devote himself to his real passion: marine biology, in which field he was a recognized authority. He died January 7, 1989 at 88.

Come Join the BSU

Just what is the BSU? It is the Baptist Student Union. The club meets every second and fourth Thursday of the month. During these meetings we have prayer and Bible study. We would like to encourage all students, of any denomination to come join us in fellowship.

During our first meeting, the following officers were elected: President - Roger Rikard, Vice President - Louise Mullis, Secretary - Michael Lyles, Treasurer- Melissa Tedder, and Co-reporters - Trena Lambert and Beth Jones.

Plans are now underway to send a group to the BSU Spring Conference in Asheboro, April 5-7.

A special meeting will be called on April 4. At this meeting we will have a guest speaker, Joe David Fore. Rev. Fore is the campus minister at UNC Asheville. We hope to have a large gathering to hear Rev. Fore speak.

— Louise Mullis & Beth Jones

Phi Theta Kappa Raises Funds For Campaign

Phi Theta Kappa held a Half-the-Pot drawing on March 11. We raised $400, giving the winner $200 in cash. We were also supported by the camera club and SGA. SGA donated funds to send Roger Rikard, our new Carolina's Regional President, to Chicago from March 13 to March 17. The Camera Club donated money from their photo sales. Roger plans to campaign for the National Office of Southern Vice-President in Chicago. Members of PTK have given strong support and helped the club during our fundraisers. We would like to thank everyone who had a part in helping us with our fundraisers, either by donations, or by donating to the Half-the-Pot sales.

—Michael W. Lyles
President, Alpha Kappa Omega
Phi Theta Kappa

Picture Sale

The Camera Club held a picture sale in the Student Commons the week of March 4th - 8th. The purpose was to split the profits with Phi Theta Kappa to help in supporting Roger Rikard with the transportation cost to Chicago, Illinois. Roger was elected Regional Phi Theta Kappa President, and ran for the National Vice-Presidency in Chicago.

The Camera Club raised about $40 at the sale. We sold pictures in various sizes, slides, and spare yearbook photographs. The best selling item was the hodge podge of yearbook photographs.

Other sales like this will be set up throughout the rest of the quarter. The money will be used to help the club travel to other locations for photographic opportunities.

As always, we wish to invite anyone to join or visit at one of our meetings.

—Dian Marcum

Single Parents Need Support

Single parents have special challenges to face. Two parent families have the advantage of the other spouse's support. However, single parents have to face the burdens of childrearing, household maintenance, and earning a living alone.

Student Support Services realizes just what a challenge single parents face. So to address these needs we would like to organize a group of single parents that can offer support to each other. These meetings will give our single parent students a confidential place to share their frustrations and successes. Meetings will be held on Tuesdays at 12:00 noon in room #1010. If you would like to attend, but this is an inconvenient time for you, please call 651-8754.

— Sherry Miller

Educational Loans Available

Three educational loan programs for North Carolina residents attending colleges in or out of state and for nonresidents attending colleges in North Carolina are available through College Foundation, Inc. These loan programs are funded by North Carolina banks and other investors.

Stafford Loans are for dependent or independent students and are based on financial need. Supplemental Loans are for independent self-supporting students and are **not** based on financial need. PLUS Loans are for parents of dependent students and are **not** based on financial need.

For more information, write College Foundation, Inc., 2100 Yonkers Road, P.O. Box 12100, Raleigh, NC 7605-2100, or call 919/821-4771/

Minority Support Group

The Minority Support Group met Tuesday, March 12th. A committee to re-organize the Ebony Club was set up. Stan Chambers and Steve Bailey were elected to serve as Co-Chairmen. Anyone interested in becoming a member of this organization should get in touch with either of these young men or Linda Carlton. Other meetings will be held in the future, information on time and place will be posted on bulletin boards around the school.

— Linda Carlton

Spring Sprung on March 20

Bingo! It is spring again.

Nothing new about spring. It comes around every year about this time.

And yet, like the beginning of a bright sunny day, it becomes new.

New things seem to happen and each person has his/her own happening. To some, it means a complete new wardrobe. To some, it means nature is green again and soon to flower. To others, it means the start of baseball season. To yet others, it means no more heavy coats with all the bundling up for the outside and unbundling for the inside.

Yes, it's spring again. Nothing new, but feel how it always becomes new.

Enjoy. For a new spring gives each person in love with life that glorious touch of magic.

A Year-Round Emotion

The celebration of love is one of the main focuses for the month of February in America. It is the time of year when one special day is set aside as a day to give declaration of one's love. We find ourselves showering that "significant other" and those "special people" in our lives with cards, flowers, candies, or other gifts. This custom definitely has it's rewards.

Let us remember that love is not just a one day a year thing — it's a year-round emotion! Love has a conscience, and it breeds motivation. It's through love that we have respect and consideration for our fellow human beings. Although love may start out as a personal thing, it ends up being social. It becomes social because of the way it affects us and the way we deal with the society around us. Let us not take love so lightly. Let us try to be able to greet life each day with the attitude "I love you".

— Linda Carlton

A Fool is a Fool is a Fool

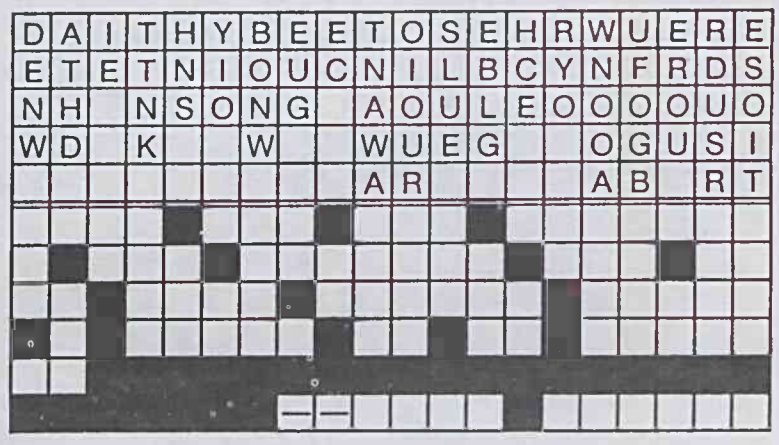
In honor of April Fool's Day, can you finish these famous fool-ish expressions? (Choices listed below.)

1. Abraham Lincoln said, "You can't fool all of the people ____ _____."
2. John Lyly noted, "There is no fool like _____."
3. "Fools rush in where _____," proclaimed Alexander Pope.
4. Shakespeare observed, "Lord, what fools these _____ _____."
5. Mark Twain said, "Let us be thankful for the fools. But for them the rest of us could not _____."
6. "The greatest lesson in life is to know that even fools are ____ _____," stated Winston Churchill.
7. An English proverb records that "A fool and his money ____ _____."
8. Emerson wrote, "A foolish consistency is _____."
9. The book of Proverbs suggested, "Answer a fool according to _____."
10. "The foolishness of yesterday has become _____," noted Sir William Osler.
11. Robert Louis Stevenson said, "It is better to be a fool than to be _____."
12. "... it needs a _____ woman to manage a fool," observed Rudyard Kipling.
13. Said Robert Burton, "Penny wise, _____ foolish."
14. "_____ keeps a dear school," observed Benjamin Franklin, "but fools will learn in no other."
15. Joyce Kilmer wrote, "_____ are made by fools like me, but only God can make a tree."
16. "I really think the greatest fool _____," said Nicholas Boileau-Despreaux.
17. Jonathan Swift noted, "Lord! I wonder what fool it was that _____."
18. "He who thinks _____, O heavens! is a great fool," wrote Voltaire.

Choices: all the time / an old fool / angels fear to tread / are soon parted / dead / experience / first invented kissing / himself wise / his folly / is man / mortals be / poems / pound / right sometimes / succeed / the hobgoblin of little minds / the wisdom of tomorrow / very clever

SAY WHAT?

This FILL-IN spells out a famous quote plus its famous author. To find it, drop the letters from each column into the diagram beneath, always in the same column (but usually in different order). Begin with the obvious; find the short words first.



Answer: SAY WHAT?

When you are confused, it's because you don't know enough about a thing to be worried.

— *Will Rogers*

Answers: A Fool is a Fool is a Fool

1 — all the time. 2 — an old fool. 3 — angels fear to tread. 4 — mortals be. 5 — succeed. 6 — right sometimes. 7 — are soon parted. 8 — the hobgoblin of little minds. 9 — his folly. 10 — the wisdom of tomorrow. 11 — dead 12 — very clever. 13 — pound. 14 — experience. 15 — poems. 16 — is man. 17 — first invented kissing. 18 — himself wise.

Score: Give yourself one point for each correct response. 16 - 18 is excellent; 13 - 15, very good; 10 - 12, so-so; below 10, you know not the way of fools.

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