

Get on the bus!

Winston-Salem, or \$7 to Greensboro. Students, the disabled, and the elderly (60 yrs +) receive a 50% discount on the fare price, and don't forget to bring your student ID for proof.

If you are considering transferring from Wilkes Community College to Appalachian State University or another school along the PART route, then consider taking advantage of this service provided by PART. The ride will allow you extra time to study, read, or relax before your day; in addition, riding the bus will save gas money and wear and tear on your car.

PART's Mountaineer Express is available to everyone making trips twice daily, seven days a week. For more information on the PART bus route visit their website at <http://www.partnc.org/US421express.htm> or call (336) 883-PART (7278). Are you interested in riding PART? If so check out the bus schedules below.

Westbound—Morning

Greensboro Galyon Depot Begins 5:30 a.m.
W-S Transt Center 6:05 a.m. 6:10 a.m.
WFUBMC/Forsyth Hospital 6:15 a.m. 6:20 a.m.
Yadkinville 6:45 a.m. 6:50 a.m.
WCC 7:20 a.m. 7:25 a.m.
ASU- Raley Circle 8:10 a.m. 8:15 a.m.
Boone Mall 8:25 a.m. End

Eastbound—Morning

Boone Mall Begins 8:45 a.m.
ASU- Raley Circle 8:52 a.m. 8:55 a.m.
WCC 9:40 a.m. 9:45 a.m.
Yadkinville 10:10 a.m. 10:15 a.m.
WFUBMC/Forsyth Hospital 10:40 a.m. 10:45 a.m.
W-S Transit Center 10:52 a.m. 10:55 a.m.
Greensboro Galyon Depot 11:35 a.m. End

Westbound—Afternoon

Greensboro Galyon Depot Begins 3:00 p.m.
W-S Transit Center 3:35 p.m. 3:40 p.m.
WFUBMC/Forsyth Hospital 3:48 p.m. 4:00 p.m.
Yadkinville 4:25 p.m. 4:30 p.m.
WCC 5:00 p.m. 5:05 p.m.
ASU- Raley Circle 5:55 p.m. 6:00 p.m.
Boone Mall 6:10 p.m. End

Westbound—Evening

Boone Mall Begins 6:30 p.m.
ASU- Raley Circle 6:38 p.m. 6:40 p.m.
WCC 7:30 p.m. 7:35 p.m.
Yadkinville 8:00 p.m. 8:05 p.m.
WFUBMC/Forsyth Hospital 8:30 p.m. 8:35 p.m.
W-S Transit Center 8:40 p.m. 8:45 p.m.
Greensboro Galyon Depot 9:30 p.m. End

"I try to do the right thing with money. Save a dollar here and there, clip some coupons. Buy ten gold chains instead of 20. Four summer homes instead of eight."

-L.L. Cool J

Cougar Cry Editorial Guidelines and Staff

The Cougar Cry is a publication of the student activities office of Wilkes Community College. Its objective is to keep the students of WCC informed of issues, interests, and events related to campus and academic life. The Cougar Cry does not necessarily reflect the views or opinions of the faculty and/or staff of WCC.

The Cougar Cry welcomes articles, stories, opinions, photographs, and artwork for publication consideration. However, everything that is received cannot be published and the right is reserved to reject any material with or without cause.

The Cougar Cry will be published as staffing and resources permit. All submissions must include the author's name, phone number, and email address. Constructive criticism is acceptable, while defamation of individuals or organizations is not; no material which defames or insults any individual or group will be published. Opinions, editorials, or viewpoints should be clearly labeled as such. Material that is obscene, libelous, not in keeping with local standards of decency, or disruptive to the instructional or administrative process will not be published.

All submissions must be in accordance with the above stated objective: namely, they should be of specific relevance to WCC students. The staff reserves the right to edit for size, content, grammar, spelling, typographical errors, good taste, and civility. Once an article has been revised, it will be reviewed with the author before it is published. Articles without time sensitive content that are received near publication deadlines may be published in later editions because of time and/or space restrictions.

It is strongly recommended that the author have her/his submission edited for grammar and style before it is submitted to the Cougar Cry. It is the author's responsibility to ensure the accuracy and spelling of names, program names, abbreviations, logos, etc. Copyrighted material will not be used without written permission of the copyright owner.

To submit an article to the Cougar Cry please send email to wcc.newspaper@wilkescc.edu with the article attached in word format.

Cougar Cry staff: Amber Arnder-Desktop Editor/Graphic Designer, Loni Miller-Desktop Editor/Graphic Designer, Michael Triplett- Reporter, Keisha Call- Reporter, Michael Blevins- Reporter, Bill Bullock-Advisor, Lisa Muir- Advisor, Scott Johnson-Advisor, Chad Treadway- Advisor.

"I like long walks, especially when people who annoy me take them."

-Noel Coward

WCC receives \$80,000 grant to reduce tobacco use

On February 9, the NC Health and Wellness Trust Fund (HWTF) announced the award of an \$80,000 tobacco use prevention and cessation grant to Wilkes Community College. This grant is part of the first state-funded effort to prevent and reduce tobacco use among college-age youth in North Carolina.

As part of this initiative, a total of \$1.6 million was awarded over two years to 20 colleges, community colleges, health departments and organizations across the state. Each grant recipient will work to establish smoke free policies on NC campuses and to promote the new, HWTF-funded NC Tobacco Use Quitline (1-800-QUIT-NOW) to 18-24 year olds. By awarding these grants, HWTF is taking a leadership position in addressing the troubling trend of increased tobacco use among this age group.

Tobacco use continues to be the leading cause of preventable death not only in the United States, but right here in North Carolina. Despite this fact, according to CDC, almost 28% of college age

Cougar Cry youth in North Carolina smoke; and 18-24 year olds represent the only age group nationally in which smoking rates are rising rather than falling. According to the recently released 2004 National Survey on Drug Use and Health, young adults aged 18 to 25 continue to have the highest rate of current use of a tobacco product among all age groups.

According to Wilkes Community College's HWTF Grant Coordinator, Cathy Annas, "The grant funds will be used to create comprehensive tobacco use policies, alter perceptions of social norms applicable to tobacco use, reduce the prevalence of tobacco use on campus, and increase the number of tobacco prevention education programs on campus."

About The Nc Health And Wellness Trust Fund The NC Health and Wellness Trust Fund makes North Carolina stronger, both physically and economically, by funding programs that promote preventive health. Created by the General Assembly in 2000 to allocate a portion of North Carolina's share of the national tobacco settlement, HWTF has invested \$127 million to support preventive health initiatives and \$78 million to fund a prescription drug assistance program. For more information, please visit [www. HealthWellNC.com](http://www.HealthWellNC.com).

Global Education

Celebrating Diversity

Wilkes Community College is proud to announce The Global Education Program, a North Carolina Community College System initiative. The WCC program provides opportunities to examine, express, and appreciate diversity while building a community for sharing and discussing issues related to diversity. Dr. Karen Staten will be the Coordinator of the program.

The Global Education Program will provide resources for students, faculty, and staff. One resource is a webpage from WCC Campus Cruiser with links to sites that address diversity issues. Visitors to the site can post questions

and responses in the Discussion Forum on the Webpage.

Another resource for faculty and staff will be Professional Development workshops that relate to diversity in the classroom and campus. Employees will have opportunities to explore and exchange ideas with peers.

The culminating event of the program will be a Cultural Celebration on February 22 from 4:00pm to 7:00pm. This event will showcase a Hall of Nations, International Cuisine, Children Activities, Music, Drama, WCC Clubs, and much more!

Get involved now! Contact Dr. Staten at 838-6188 or karenastaten@wilkescc.mailcruiser.com to participate.



Don't Forget Early Registration for Spring Semester November 13 - November 17

College Calendar

November 1, Wednesday
November 13 - November 17
November 22 - November 24
November 27, Monday
December 18, Monday

Last Day to Withdraw from a Class
Early Registration for Spring Term
Thanksgiving Holidays
Classes Resume
Last Day of Classes Fall Semester