

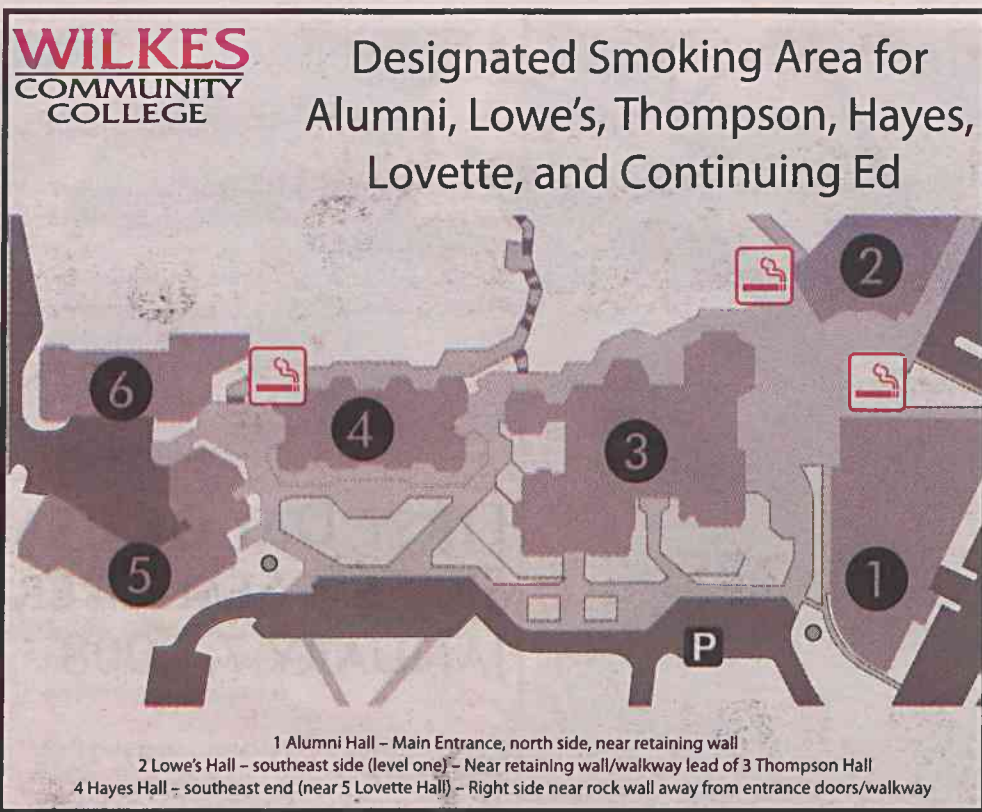
Smoking Areas

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the new rules that apply to the smoking areas. Part-time student Brendon Wiles states that it is rumored that you cannot smoke in your car on campus, and that the smoking sections become very hot during the daytime. "Tobacco is much less enjoyable when being confined to hot areas during the day," states Brendon. Although discontented with the new restrictions, Brendon appreciated the water handed to him one day while smoking in one of the sections. "They gave us water for smoking," said Brendon. Cathy later explained that this was a way to say thank you for supporting and complying with the new policy of designated smoking areas. A card was distributed with Quitline information on it as well as a statement thanking them for their support of the new policy.

Although it has been rumored that smoking in your car is unacceptable on campus, this is not so, with the exception of college owned vehicles. "It is perfectly fine to smoke in one's own private vehicle," states Cathy Annas. "Just remember while smoking in your car, to leave it in the ashtray before coming to class." Smoking is unacceptable on campus with the exclusion of the designated smoking areas. The parking lot is no longer an acceptable smoking area.

Although some smokers may still have some trouble accepting the new rules, the new actions taking place are non-moral and meant to make everyone happy and healthy. Cathy Annas is willing to answer any question you might have.



Above is an example of maps placed all over campus to show designated smoking areas. WCC students have been following the new guidelines extremely well.

Her office is located in the Continuing Education Building (behind Lovette Hall) or you can reach her by phone 838-6462 or by email (cathy.annas@wilkescc.edu).

There will also be a public speaker on tobacco use

coming to the Wilkes Community College this fall, on October 15, 2007. Gruen Von Behren, a survivor of oral cancer due to tobacco use, will be speaking at 12:00 PM in Alumni Hall, Room 1112, and all interested students and college employees are invited to attend.

WCC SGA

STUDENT GOVERNMENT ASSOCIATION

Attention Cougars!! The votes are in!

Your newly elected student officers are as follows:

- President: Enrique Antonio Rubio-Reyes
- Assistant Programming Chairpersons:
 - Julie Garland
 - Terry Brinegar
 - Rick Suiber
 - Marie West
- Sophomore Senator: Jessica McCard
- Freshman Senators:
 - Jimmy Link
 - Robyn Pickering
 - Kelsey Williams
 - Ryan Pope

The SGA meets on the first and third Thursday of each month at 12:15 p.m. in room 1112, Alumni Hall. All students are invited to attend the meetings.

If we are strong, our character will speak for itself. If we are weak, words will be of no help.
-John F. Kennedy

Hours

Mon - Thur 7:30 am - 1:30 pm
Friday 7:30 am - 1:00 pm
Now accepting Debit, Visa,
and Mastercard!



Learning takes fuel, Eat at the WCC Café!

Don't forget to check
out the weekly menu
posted on *CampusCruiser*
and *The Insider!*

Combo Specials
(With Fries and 16 oz Drink)
Cheeseburger \$4.35
DBL. Cheeseburger \$5.45
Chicken Sandwich \$4.85
Hot Dog \$3.10

Meal Special
1 Meat, 2 Vegetables,
Roll and Large Drink
ONLY \$4.95!

**1 Free refill
on all
Soft Drinks!**

NC Health and Wellness Trust Fund launches state's first-ever quit campaign for young adults

(RALEIGH, NC) - The NC Health and Wellness Trust Fund (HWTF) is launching the state's first-ever multi-media advertising campaign to promote Quitline NC to 18-24 year olds. The smoking prevalence among young adults is the highest of any age group in the state. According to the CDC, nearly 28 percent of 18 to 24 year-olds in North Carolina smoke - and more than half have tried to quit in the past year.

The new "Call it Quits" campaign combines TV, radio, print and interactive components. The campaign provides smokers with an inside look at how Quitline NC works by simulating a call between a smoker and a Quitline quit coach. North Carolina is one of the first states in the country to launch a multi-media advertising campaign targeting young adults.

The television and radio ads debuted across the state in September. The new ads can be viewed on Quitline NC's web site at www.QuitlineNC.com.

"Kicking the tobacco habit is one of the best things that young people can do to improve their health," said HWTF chair Lt. Gov. Bev Perdue. With the free resources available at Quitline NC, they can double their chances of quitting for good."

Quitline NC (1-800-QUIT-NOW or 1-800-

784-8669) is a toll-free phone service that connects tobacco users with a quit coach, offering callers advice, support and referrals to local cessation resources. Quitline NC is available 8:00 a.m. to midnight, seven days a week.

Research has shown that telephone-based, tobacco quitlines are an effective approach to help smokers quit.

For WCC Students would like to sign up for cessation classes offered on campus, contact Cathy Annas, WCC Tobacco Use Prevention Coordinator, at 838-6462 for further information.

ABOUT THE NC HEALTH AND WELLNESS TRUST FUND:

The NC Health and Wellness Trust Fund makes North Carolina stronger, both physically and economically, by funding programs that promote preventive health. Created by the General Assembly in 2000 to allocate a portion of North Carolina's share of the national tobacco settlement, HWTF has invested \$127 million to support preventive health initiatives and \$78 million to fund a prescription drug assistance program. For more information, please visit www.HealthWellNC.com.