

Do You Suffer from Headaches?



Hillary Tester, PA-C, and Hemang Shah, MD, with the Neurology Department can help you find relief and manage your headache pain so you can get back to enjoying life. We offer:

- **Explanation & Understanding of Your Headache**
- **Lifestyle Modification**
- **Medication Management**

Self-referrals are welcome, and urgent visits for headaches are available. For appointments, call:

(336) 538-2365



Kernodle Clinic

Department of the Private Diagnostic Clinic, PLLC

1234 Huffman Mill Rd.
Burlington, NC



Hillary Tester, PA-C
Duke University

Hemang Shah, MD
Neurologist

FEATURES



CELEBRATING our DIFFERENCES

Morgan Abate

INTERNATIONAL STUDIES & PRINT & ONLINE JOURNALISM

Elon's once predominantly Christian campus is starting to look a little bit different. Groups of students who identify themselves as Jewish, Muslim, Hindu or Buddhist increase every year. They hail from the States, but also represent other countries such as Syria, Cameroon and Brazil.

Elon recognizes the changes in its student population. It has been trying to make these students feel at home by commemorating some of the holidays they may miss while being away at school, like Eid al-Adha or Diwali. Elon's efforts allow students to celebrate these holidays and to learn about and experience them alongside their friends.

Many members of the community come out to celebrate too, like during Elon's first Eid al-Adha holiday held on Oct. 22. The holiday remembers Abraham's willingness to sacrifice his son Ishmael to Allah.

"Having people from the community here is great," said Shahd Hawsa, a sophomore from Jordan.

Eid al-Adha is all about spending time with family and giving, she said. Families make special

desserts, visit each other — and kill a sheep. Hawsa said that families usually give one-third of the meat away to those who cannot afford it.

"Eid is about embracing people with love, showing them affection... To reunite with family and friends," said Toorialey Fazly, a senior from Afghanistan.

Throughout most of the Muslim world, Eid is celebrated with prayer and family gatherings; but Diwali, the Hindu festival of lights, looks different depending on where you are.

Diwali for all Hindus celebrates the return of Ram and Sita, the beloved characters of the Ramayana, one of the great Hindu epics.

In Nepal, Diwali worships Lakshmi, the goddess of wealth and prosperity, who represents Sita. On that day, families draw footprints with rice flour that lead the way to their wealth. Nepali Hindus pray for success in their studies and work. Candles light streets and shine through windows. Children run from house to house and sing for money, like carolers do during Christmas.

"I love that [Elon] is trying to create something they don't

understand," said Leena Datta, a freshman from Nepal. "Just the idea that Elon is hosting something for a group that isn't really large is amazing."

The states of India celebrate Diwali a little bit differently than Nepal and each other. First, they display light up the night sky in Mumbai. Students have an equivalent of Elon's winter break around Diwali. Weddings are abundant and henna decorations many hands and arms.

This is the second year that Elon has planned a Diwali festival for its Hindu student body, those interested in understanding the significance of the holiday.

"It shows a real commitment toward being inclusive," said Ameya Benegal, a sophomore from Singapore.

Celebrations like these, along with other traditions like the luminary ceremony and President Lambert's holiday party, make Elon a festive place in the wintertime. Despite students' growing differences in traditions and celebrations, we continually have the chance to come together to share our common values of family and friendship during the holiday season.