

The Guilfordian
GUILFORD COLLEGE, N. C.

PUBLISHED WEEKLY

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CALENDAR.

September 3, 4, 5—Opportunity for Removing Deficiencies by Re-examination.

September 4, Tuesday—College Opens. Registration and Classification.

September 5, Wednesday—9.15 a. m., Chapel Exercises in Memorial Hall. 9.30 a. m., recitations begin.

Guilford College is looking forward to a successful, profitable, and interesting academic year. The faculty will be of the usual Guilford standard as the vacancies are filled with strong and experienced teachers. The athletic teams will be as good if not better than ever. Prospects for new students are excellent. Guilford supporters, trustees, alumni, old students, faculty, present students, are getting together with one common impulse to make Guilford greater and better than ever before. In this great task all friends and supporters of the college have an important share. The old influences which made Guilford what she was in the past are dominant today. Let every one whose eyes are on the future join that ever increasing group of Guilford enthusiasts who believe that, great as the achievements of the college have been, they are nothing to what may yet be accomplished.

WAR AND EDUCATION.

It is an extraordinary fact that during the last year England, Canada and France have appropriated much more money than ever before for educational purposes. These countries have apparently realized that not only during the war but also after it there will be an unprecedented demand for trained and educated minds. The youth of the land who are not on the firing line must prepare themselves to assume the heavy burden of reconstruction. Were the

schools and colleges to be abandoned the greatest task ever undertaken by humanity, the task of starting a disordered and confused world again on the path of progress, would have to be undertaken by the ignorant.

The problems which come up will need the "long look" which only a knowledge of the history and thought of the world can give. If we are to vote intelligently on the great problems that will confront us, if we are to do the work of our country with knowledge and power and purpose let us set all the more earnestly about the great task of education.

WARTIME ATHLETICS.

It is difficult to understand the motives of those who advocate that athletics be suspended in wartime. Surely nothing could be more important now than that the young men of the country should keep themselves in the very best physical condition. It is difficult to do this without the stimulation of intercollegiate athletics. The fact that some of the best athletes have been lost through enlistments works no greater hardship on one college than on another. The men who remain will become all the stronger because of their chance to represent the college. Let us throw ourselves into athletics all the more energetically because of the war. If the time of trial should come we would then be all the better prepared.

THE NEW MANAGER A HUSTLER.

Mr. E. Edgar Farlow, appointed to the position of Business Manager and exercising general supervision over the Farm, Boarding Department, and Buildings and Grounds, has entered upon his duties with considerable energy and enthusiasm. He has a force of men at work putting the buildings in good repair. He plans to make the farm furnish a larger proportion than formerly of the vegetables served at the college table. The better to accomplish this he has ordered a lot of tin cans and will can what he can can this summer.

On May 5th, Secretary Baker told the colleges:

"We want to cultivate enthusiasm, but we do want to be discriminating in our enthusiasm and prevent people getting the notion that they are not helping the country unless they do something different, which is not the case at all. The largest usefulness may come from doing the same thing—just continuing to do it. To the extent that college men are disqualified or too young, their major usefulness lies in remaining in college."

The Government says: "Patriotism and the desire to serve humanity may require of you young men and women the exercise of that very type of self-restraint that will keep you to your tasks of preparation until the time comes to render service which cannot be rendered by others."

PROPOSED COURSE OF STUDY

HOUSEHOLD ARTS DEPARTMENT.

The plans for the new Household Arts Department of Guilford College are not yet completed. Miss Noles, who has had long and successful experience in this sort of work and who is the newly appointed head of the department, has proposed the following course of study. It is probable that the first three courses listed will be offered this year. The amount of credit to be offered will be announced later.

Sophomore Year.

Cookery I—This course includes a general survey of the principles of cookery. The Five Food Principles are studied in detail, with practice in the cooking of those foods which serve as best illustrations.

Familiarity and ease in methods of handling foods, and in use of utensils are aimed at. The class prepares and serves one meal. Four hours laboratory, one hour recitation.

House Work—This course includes instruction in the various home duties: care of each separate room in the house; care of the wood work, furniture, carpets, rugs, silver, china, linen, and personal clothing, including several lessons on laundering cotton, linen, woolen and silk fabrics. Two hours laboratory.

Home Nursing—This course includes instruction in emergencies that may arise in the home; in the home care of the sick; in the care of children and babies; and in the cause and prevention of contagious diseases. Two hours laboratory.

Junior Year.

Cookery II—A continuation of Cookery I, with emphasis on menu making and table service. Two laboratory periods of two hours each.

Home Sanitation—This course includes a study of the fundamental principles of sanitation as relating to a home. It deals particularly with the following problems: Selection of site for the house; situation of the house; care of the house with especial reference to plumbing, heating, lighting and ventilation; destruction of household pests. Two hours recitation.

House Construction and Furnishing—A study of the evolution of the house; making of plans for modern houses; convenience and use of individual rooms; finish of wood work and walls; principles of decoration. Two hours recitation.

Senior Year.

Experimental Cookery—This course offers opportunity for experimental work in cooking along the following lines: fuels and their comparative cost; recipe making; substitutions; the behavior of certain foods and food adjuncts under certain conditions. Four hours laboratory.

Dietetics—This course includes a study of the nutritive value of foods, with particular reference to the feeding of the individual at different ages from childhood to old age. Balanced meals are planned and served. Four hours laboratory.

Food Industries—This course in-

cludes a study of the history of foods, their growth, manufacture, and sale; their adulteration and dangers resulting therefrom; the Pure Food law, and its results since its enactment. Two hours recitation.

Household Management—This course includes a discussion and study of some of the following problems of the household: the budget and its apportionment; the income; efficiency in management; servant hire; scheduling of time; accounts. Four hours recitation.

SOME FACULTY VACATION NOTES.

Prof. George has been at Chapel Hill nearly all summer. He has just succeeded in completing his work on his Doctor's thesis. Prof. George has been writing about the sponges which are native to the Carolina coast. His work will be published by the Government.

Prof. Edwards has been serving as advance agent for a speaker on the New Constitution for Indiana. This Constitution has been given a set back by the Indiana Supreme Court.

Prof. Partington has been nursing the baby and taking pictures around Guilford. He exhibits to his callers some fine specimens of the photographic art. Prof. Partington expects soon to move into the house to be vacated by Mr. Wakefield.

Prof. Balderston has succeeded in lowering the cost of living around Colora, Maryland, by raising some of the finest crops to be seen in that section.

Miss Edwards has been spending the summer in New York studying for a higher degree at the Columbia Summer School. Miss Edwards reports some very inspiring Professors of Latin.

Miss Osborne has been spending her vacation near Greensboro, Indiana. Much of her time is occupied in visiting her many friends. Her reminiscences of Guilford life are said to have somewhat astounded the simple folks of Indiana.

Miss Gainey, promoted to the position of Chancellor of the Exchequer, has been sitting on the cash box all summer. Miss Gainey is hopefully looking forward to the time when there will be more coming in than going out.

INSIDE OF COX HALL RENOVATED.

It is a universal belief that if you keep yourself clean within, some day you'll sprout wings. With Cox Hall the process has been reversed. No sooner did Business Manager Farlow see the wings on Cox Hall beginning to grow than he concluded that the rest of the building should correspond. Accordingly the walls in every room have been painted a soft brown color, covering up the "smears of years." The general effect is most pleasing. The tables, chairs and chiffoniers have all been revarnished. An extra effort will be made after college begins to keep the building in the same fine shape in which it is now.