

Food Committee Wants YOU

by Liz Whitfield

Are you tired of eating the same old food fixed the same old way in the cafeteria? Do you miss the zesty cream of wheat that Mom used to make? Do you have any ideas or suggestions that would make the dining room and the food that we eat there three times a day a more pleasant and digestible experience?

If you answered "yes" to any of the above, then perhaps you would be interested in attending the regular meeting of the Guilford College Food Committee held every Wednesday evening at 6:00 p.m. in the little dining room.

Though somewhat inactive in recent semesters, the newly revitalized Food Committee, has already begun to work on problems they know exist, in conjunction with Steve Martini, the cafeteria manager employed by Saga Food Service, and Jim Newlin of the Business Office.

The two main goals of the committee are first to get a

direct line of communication open to students so that they will know what the students want and can better serve them. Already, there is a suggestion box located in the middle section of the cafeteria for that purpose. Students are invited to make their ideas and/or gripes known to Steve by that method, or by talking with him personally. Also the committee is planning to take a survey periodically throughout the semester in order to get a better idea of student opinion as a whole. Saga Food Service will be taking a poll soon also, similar to the one given last semester, which asked questions concerning the different areas of the food service; food preparation, personnel, sanitation, etc.

The second goal of the food committee is to monitor the quality control. The food service for each day of the week will be under the careful scrutiny of an individual member of the Food Committee, and all commentary made by the individuals will be

considered at the weekly meetings. Members of the food committee include Tom Loveless, Carole Matthews, Leslie Schworm, Janet Waggener, Doug Neill, Liz Whitfield, Burns Perrin, and Guy Dietrich.

Leslie Schworm, chairperson of the group, has this to say about the probable effectiveness of the committee; "Steve Martini seems very willing to work with us and I think that we can really improve the food service if we evaluate the food fairly and voice our opinion to Saga."

As was pointed out in the last meeting, however, cooperation is required of students, also. Steve Martini cited the tremendous waste of food by students and food being taken from the cafeteria as problems which students themselves could rectify. He would also like to see a better attitude toward the employees of the cafeteria which would include students taking their own trays to the back when they are finished eating.

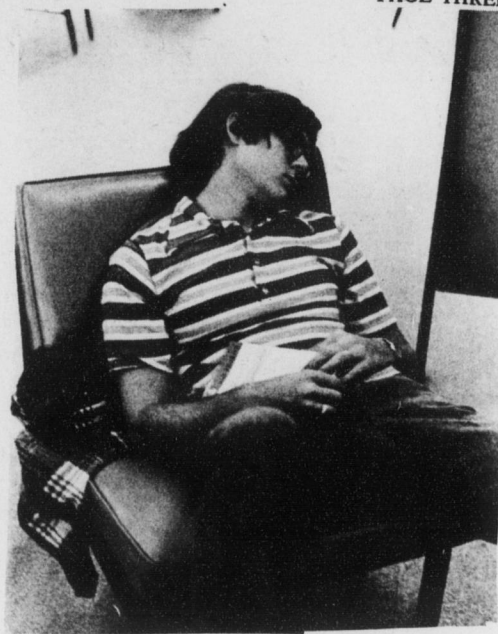


photo by Causey

Jeff Martin, occupied in the library.

Conversation On Creativity To Be Discussed

What's it all about, this thing called "Creativity"?

All interested persons are invited to hear -- and later engage in -- "A Conversation On Creativity" with two widely recognized authorities on the subject at 2 p.m. Wednesday (Feb. 27) in Room 223 of King Hall at Guilford College.

Using a format similar to William Buckley's "Firing Line" on television, Dana Professor Lewis R. Aiken of Guilford will put questions to Donald W. MacKinnon of the University of California at Berkeley and Irving A. Taylor of the Center for Creative Leadership.

Among the questions to be answered prior to opening the "conversation" to the audience are: What is the creative process? What is a creative personality? How is creativity related to other aspects of personality -- intelligence, aggressiveness, mental health etc.?

Also: What are some of the factors which suppress or facilitate creativity? How can creativity be developed?

When these questions, and those from the floor, are answered, Dr. Aiken believes there will be a better understanding as to what "creativity" is all about.

Vegetables, Unite! Help Needed Preparing Meals

by the Vegetarian Cooks

Vegetarians, where are you? Who are you? Are you healthy? Do you eat well? Would you like to eat better?

For the past month, we, the vegetarian cooks, have been preparing lunches, as well as dinners. The food is being served during the regular meal hours. If you haven't already located it, the vegetarian meal is served at the rear wall in the west end of the dining hall.

There are presently four people doing the cooking. This appears to be working out well for the number of meals we prepare, but cooking is not the only aspect of preparing food. We need your help. We must learn to plan and budget our meals better. In order to do this, we need to know who we are cooking for, and how often you eat our meals. We need suggestions on what could be improved and how.

We need people to type up recipe cards. We need more

recipes. We need one person at every meal to count and take the names of everyone who eats the vegetarian dish. We need help!

We know we could be doing a better job. We are trying to improve all the time. None of us are professional cooks, and we all have a lot to learn. You must realize that we, too, are limited in the amount of time we can devote to this program. Unless we get substantial support from the people we feed, we will be unable to improve our present standard. We would like to remind those vegetarians who will be at Guilford next fall that there is no guarantee that you will be fed (properly) -- so it's time to begin making plans for next year.

If you are a vegetarian, or eat the vegetarian meals, come to a meeting next Tuesday, February 26, at 5 p.m. in the west end of the cafeteria. This will be an opportunity for you to help yourselves.

Big Mac: Truth in Ads?

Rep. Benjamin Rosenthal (D-NY) has introduced legislation that would effectively ban the use of misleading product brand names.

Rosenthal introduced the bill because, he claims, the Federal Trade Commission (FTC) has "refused to crack down" on misleading brand names and advertising. As particular offenders, he cited McDonald's Quarter Pounder, Hi-C fruit juices, Wonder Bread and the brand names Ultra Brite, Compoz, 5-Day Deodorant Pads, Sleep-Eze, and No-Doz.

The FTC recently rejected Rosenthal's complaint that McDonald's was guilty of false advertising. "Despite the fact that US Department of Agriculture tests revealed that the average weight of the Quarter Pounders was far below the required four ounces," he said, "the FTC ruled that no false advertising was involved. Their reasoning, which I found faulty, was that cooked beef products such as this are traditionally and uniformly sold on the basis of their precooked weight.

McDonald's is now advertising that they "start out with a quarter pound of beef."

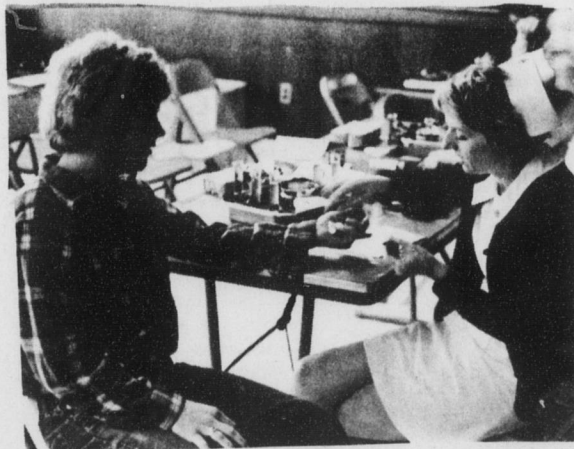


photo by Fenske

John Wilson before the bleed-in.

Guilford Focus

Are you interested in forming an Outing Club on campus for co-ed climbing, rappelling, and camping experiences? Both expert instruction and equipment are available. If you're interested and want more information, contact Dan Perry (299-6754, 299-0555), or the mailstick. Organizational meetings will be held soon - watch for further announcements.

A student activities forum will be held in Milner Dorm at 10:00 p.m. tonight. The purpose of the forum is to acquaint students with the student-run organizations on campus as well as other

activities of interest. There will be a multi-media slide show that shouldn't be missed. There will be similar forums held in Binford, Bryan, Hobbs, Shore and English during the week of February 25 - March 1.

All resident students interested in applying for a position in housing for next year should contact Ray Moody in Student Personnel. The deadline for submitting applications will be March 22. There will be positions available in Bryan, Milner and Binford.

The Art Department is sponsoring a seminar to New York City from March 17-21. The topic of the seminar will be "Art in Contemporary Society". For more information, or to make a reservation, call the Art Department, extension 28.

FOOD CO-OP POTLUCK SUPPER

5:30

SUNDAY, FEBRUARY 24, 1974

MARY HOBBS DINING ROOM

Bring goodies and recipes to share

[Next order deadline: Monday, Feb. 25, 6:00 pm]

