

Doolittle addresses misconceptions

By Peter Fraunholtz

Why are there so many unwanted pregnancies both across the nation and at Guilford? How can they be prevented? These are two of the questions addressed by Dr. Doolittle and campus nurse, Chris Council at a question and answer session on Birth Control in the Gallery last Tuesday night.

According to Dr. Doolittle, the major cause of the large number of unwanted pregnancies among young women is simply a lack of knowledge about adequate birth control methods. In a recent survey of high school students involved in a pregnancy, 95 percent said they knew when the "safe-period" was.

Too often, parents don't adequately cover many of the aspects of sexuality, including contraception, with their children. Also many guidance

counselors dodge the issue of birth control as well. As a result many teenagers and college students engage in sexual activity thinking they know all they need to know about the risk of pregnancy.

Many of the more modest young people believe that they are already expected to know everything about sex. Hence, they are reluctant to seek out information, feeling embarrassed by their lack of knowledge.

Frequently young people who have not investigated birth control options end up deciding irrationally in the heat of passion that contraception isn't needed in their casual infrequent sexual activities.

Council and Doolittle maintain that the key to reducing the number of pregnancies among young people is in making it easier for them to learn about

sexuality and contraception. On the Guilford campus the infirmary, now located in Student Services in Bryan, offers information and counseling on birth control methods.

According to Dr. Doolittle, peer counseling has been an effective way of encouraging high school students in to asking more questions. He and Council expressed interest in developing a volunteer peer counseling program on campus in order to provide more resource people whom students would feel comfortable talking with.

Persons interested in such a program and those with any questions at all about pregnancy, contraception, or VD should contact Dr. Doolittle in Bryan weekdays between 9 and 12 a.m. or Chris Council between 8:30 a.m. and 4:30 p.m. Watch for more information in future issues of the Guilfordian.



photo by Randy Rosenthal

Campus physician Dr. Robert Doolittle led an informal discussion on contraception and V. D. on Tuesday night, November 17 in the Gallery.

Letters

front door of Shore is locked as a safety precaution. Each room key also opens the front door when it is locked. Sometimes the girls go out to drink, and then crawl through the window to get in, because they forget their key.

Subsequently, some guy (a student at Guilford College), crawled through the window in an attempt to steal a typewriter that was sitting on a table next to the window. But this guy didn't figure on the security guard being in the dorm. Security chased the guy across campus before he finally caught him. But this was not the first strangeness I have encountered on the Guilford College campus.

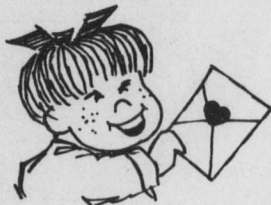
Last month, a girl was attacked outside Shore. She could, however, not identify her attacker. The campus security proposed more lights for the walkways, and more security guards on duty at night, which I think are very good ideas. But there are also weird things going on during the daytime.

Yesterday morning I went to pre-register at 8:15 a.m. I decided that while I was all the way across campus at New Garden Hall, I would stop at the store. I went to my wallet and realized that 10 dollars was missing. I was shocked by the thought of someone at Guilford stealing my money.

Last night we had a dorm meeting to discuss all the problems we have been having. We decided to vote on a new rule concerning the curfew policy. We decided that anyone seen entering the dorm, through the window, would be subject to an automatic write-up, and a 15 dollar fine. Hopefully this will deter people from climbing in the window.

At this point there is not much else to say except how disappointed I am. I would have never expected this kind of behavior at such an accredited school. I think that it is outrageous. Maybe if the situation improves, I will be able to alter my attitude toward the school. I really used to like Guilford, or so it seemed.

Karen J. Longfellow



Inside view: East Berlin

Dear Editors,

Munich Semester students have returned to Munich after two weeks in East Germany and West Berlin. Crossing the border

into East Germany was a rude introduction to Eastern life. As our train stopped at the East-West frontier, one could look out the window at electrified barbed wire, armed guards, dogs, and watch towers.

An old lady who was returning home to East Germany was caught trying to smuggle several catalogs back into East Germany. (Women are allowed to visit the West if they are over 60 years old, men if over 65). The old lady will not be allowed to visit the West again. Her tears made us vividly aware of the control the government has upon the life of the East Germans.

Once in East Germany, the most obvious differences from the West were the poor upkeep and lack of material wealth, the coal smoke which blackened buildings and lungs, and the lack of joviality among the people. However, much of the beauty remains from pre-war Germany, as we discovered in tours of Dresden, Meissen, Naumberg, Leipzig, and Weimar. We visited castles, museums, and homes of such greats as Goethe and Liszt.

Our guards were our age. From them and various seminars and discussions, we came to respect the strength of character of the East German people. Despite Russian occupation, war reparations, and immense social changes which have taken place since World War II, the East Germans have rebuilt their country into the finest of the Eastern block. It has become a major economic power without the Western aid which most of Europe enjoyed under the Marshall Plan.

Nonetheless, West Berlin was a welcome change. It is Germany's most cosmopolitan city. The input of American dollars is obvious, making it seem a small New York City, a capitalist island in a communist sea. As such, Berlin has been a focal point for East-West tensions. The most obvious display of these tensions is the Berlin wall which vivisects a city once capital of a united Germany. The wall stands as a constant reminder to the East Germans that they are not allowed to make the choice of where and how they will live their lives.

Dale Easley
Guilfordian News Bureau-Munich

Cheerio from London

Dear Editors,

Greetings from London! The first half of our semester abroad has been splendid, and we thought that the Guilford community might be interested in a slice of life as we are experiencing it here in the UK.

Our work-week begins on Tuesday mornings with the "continental" breakfast provided by our hotel. Many of us have become fond of breakfast rolls and bread with real butter (you were right Dennis!) and jam, served with the ever-present British tea. Then we are off to class at Friends' House. It's a 50-60 minute walk whether we choose to go along the busy streets of London or take an alternate route through the more peaceful Regent's Park.



Friends' House is the headquarters of the Friends in England and provides us with a classroom on Tuesdays and Thursdays. It is on the fringe of the University of London. Our British counterparts are more in evidence since their term began early in October.

For some of us, the school week ends on Thursday afternoon and on Friday morning for the rest, so the long weekends are left free for travel. Travelling exposes us to so many aspects of life here

that it really is the ultimate chance for "experimental learning".

Every weekend Guilford College students leave London for some "exotic" destination and many for any old castle or cathedral they stumble upon. (Within England, we have gone individually or in small groups to Bath, Cornwall, York, the Lakes District, Stratford-Upon-Avon, and many other less well-known but even more beautiful spots.) Beyond England we have headed north to Scotland, south to Paris, west to Wales and Ireland, and east to Munich. This travelling has been done variously by foot, thumb, bus, train, ship, and even by an occasional rent-a-car!

The days are starting to really rip by as we find ourselves with only six weeks left in London. After finals, most of us are taking two weeks to explore other parts of Europe and then returning to the States on December 21st.

Living in London with all that's available to us here (Pubs, plays, markets, museums, galleries, courts, concerts, clubs, and even an immense Nuclear Disarmament rally held in Hyde Park on October 24th) has been a unique experience. And travelling in other parts of Britain and on the continent has offered even more variety. If you're looking for a change-of-pace Fall semester-London may be just what you're looking for! See you all in January!

Brenda Esch, on behalf of the London Group
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