

spotlight

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Fifteen Years Ago in the Guilfordian

By Laura Peters

Fifteen years ago the **Guilfordian's** headline revealed "Golf club charged with Racism." A nearby golf club, Longview, was accused of racism by four Guilford staff members. The men claimed that upon arriving at the course, the club's manager looked over Woodward, a black man and denied the four of them use of the facilities. He said that "colored and white cannot play together on this course." A report of the incident was filed by the four staff members to four branches of authority, one which was the Civil Rights Division of the United States Department of Justice. Other big news in the 1971 **Guilfordian** was passage of the voting rights amendment which made 18 to 21-year-olds eligible. The paper examined the possible changes that would come with this new law, now that 18 to 21-year olds would be considered "adults." Interestingly enough, one of the changes

they considered was an increase in liquor sales. This would result, they asserted, in an "increase in the incidence of automobile accidents and a resulting rise in insurance rates."

Also in 1971, the State Highway commission had plans to widen Friendly Road to give lanes. The plan required 30 feet of Guilford College land. The commission held a meeting on the proposal; Guilford's attorney asserted that the land was not "marginal" but historical. The commission shared their beliefs at the meetings, as well. The five lane design, they confined, was adequate for ten years growth, however, the original seven lane highway proposal would allow for changes in Greensboro over the following twenty years.

Another interesting article accounted for a meeting between the "Peoples Coalition for Peace and Justice and the 'National Peace Action Coalition.'" Both groups urg-

ed schools, universities and businesses to close down for part of the day. They also had plans to host anti-war rallies in several large cities.

The year of 1971 also brought news of the campus Judicial Board. Trying a freshman who cheated on a paper and a senior accused of plagiarism on a geology term paper. The board also heard three cases involving violations of visitation rules. Each case involved men in Binford after visiting hours. One of these men was charged with exiting improperly through a window.

On the lighter side of the news spectrum: James Taylor was in concert at the Greensboro Coliseum for \$4.50 a ticket. Guilford had a cross country team. Our football team lost to Elon 49-9, but we did beat UNCG in soccer, 2-0. The **Guilfordian** boasted "UNCG has the potential of a very good team, and the Quaker coach feels the game might have been one of the harder ones on the schedule."

Dorm Improvement Fund

By Susan Chase

dorm. informal Dormitory. improvement. A change or addition by which a thing is improved.

fund. A stock of money or pecuniary resources, as for some purpose.

dorm improvement fund. Money controlled by the Student Affairs Committee that can be used to make your dorm a better place to live.

Would you like a TV in your dorm??? How about a microwave? Any takers for ironing boards? The Dorm Improvement Fund can be used for such items and more...use your imagination! (Unfortunately this fund is NOT for things normally taken care of by Housing or Maintenance like carpeting or construction -- If in doubt, ASK.)

How can you take advantage of this money that can

help enhance dorm life? Take your ideas to your dorm president, who should fill out a requisition form and submit it to the Student Affairs Committee. SAC will then let your dorm know if the request is approved.

Turn in requests to Dan Murphy (office in Alumni Gym) or Susan Chase (P.O. Box 17097). DEADLINE IS WEDNESDAY, OCTOBER 15.

'Dentity Ditty

By Amy L. Madison Zubl

Do you remember **Alice in Wonderland**? I don't mean the pretty blue dress and the little bottle of "drink me" - I'm talking about the really far-out stuff: the Mad Hatter, the Cheshire Cat, the Tea Party that made your head spin. That's the kind of stuff we're dealing with in "'Dentity Crisis," the newest Revelers' production. It's absolutely mad. It's funny, farcical, fast-

paced...confusing, chaotic, and psychotically odd. The cast includes Summers, a neurotic psychiatrist and women, his wife (or is it the other way around?); Edith, a.k.a. Madame Fromage self-proclaimed inventor of cheese; Robert, her father-brother-son- and lover (don't ask); and it all centers around her daughter Jane, a wacked-out suicide case who's probably the only sane one in the bunch.

I can't really tell you what it's about, because I'm not really sure. I can tell you that you'll probably come out of it a little paranoid, very confused, and definitely glad you saw it. I guess the flavor of the show is best captured in Summers' line, "the truly crazy person never thinks he's crazy."

Directed by Joan Zubl, the players Michael Russell, Evelyn Mann, Bert Gutierrez,

Living With Heat and Humidity

By Charlotte Schmickle

Welcome back to Guilford and those lazy, hazy of late summer in Piedmont, N.C. For those of you unaccustomed to our weather or if you're trying suddenly to get back into shape, here are some things to remember about the heat/humidity combination.

Most of you are familiar with winter forecasting including the wind chill factor which increases the hazards of the actual thermometer reading according to wind severity. Our National Weather Service now projects a Heat Index (HI) which combines temperature and humidity into an "apparent" temperature. Therefore, the higher the humidity, the higher the apparent temperature. High humidity retards the body's normal cooling system (evaporation) leading to an increased danger of heat exhaustion.

The table below (with thanks to U.C., Berkeley Wellness Letter) lists some possible Heat Index pairing and dangers.

Sample Heat and Humidity Levels	Heat Index (HI)	Possible Heat Disorders For High-Risk Groups
85° and 20% 90° and 10%	80 - 90°	Fatigue during prolonged activity and/or exposure
85° and 75% 90° and 50% 95° and 25%	90 - 105°	Sunstroke, heat cramps, and heat exhaustion possible
90° and 80% 95° and 60%	105 - 130°	Sunstroke, heat cramps, and heat exhaustion. Heatstroke possible
95° and 80% 100° and 60% 105° and 50%	130° or higher	Heatstroke and sunstroke likely from continued exposure

As you can see, HI can pose problems not only for those in poor shape but also athletic individuals getting back into/ or maintaining high levels of strenuous exercise. When the temperature and humidity are up (indicating a high HI) follow some simple guidelines for your safety:

1. Slow down. These hot days will pass. Don't be like "mad dogs and Englishmen" and exercise in the "noon-day sun." Early morning or late evening is the more appropriate time for outdoor strenuous activity.
2. Try exercising in a pool or air-conditioned room.
3. Light colored/and weight clothing reflect heat and sunlight to keep us cooler.
4. Eat more fruits and vegetables.
5. Drink plenty of fluids while avoiding alcoholic beverages which cause dehydration.
6. Stay out of the sun when possible.

If a person becomes weak, dizzy, dazed or pale with skin cool to touch but with profuse perspiration be sure to get her/him to a cool, shady place, elevate legs and administer light fluids (juice gatorade, soft drinks, etc.)

A healthy start to his new academic year can lead you to gain new heights in your endeavors.

Betsy Merton, and Karen Ohrem are well suited for their roles, and promise to create a head-spinning evening to match the Mad Hatter himself.



Students rehearse 'Dentity Crisis'

photo by Rachel Rumsey