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Give blood - it feels good

Alice Simpkins

Staff Writer

"Every two seconds someone in the United States needs blood. But only 5% of the eligible U.S. population donates blood in any given year," said Samantha Stewart, American Red Cross representative. "Healthy donors are the only source of blood."

Guilford College is having its annual Red Cross blood drive on Friday, Nov. 7 in the Gallery in Founders Hall, sponsored by Project Community. The drive will last from 10:30 a.m. until 3 p.m.

There will be two blood drives this year on campus: the one this fall and another in the spring.

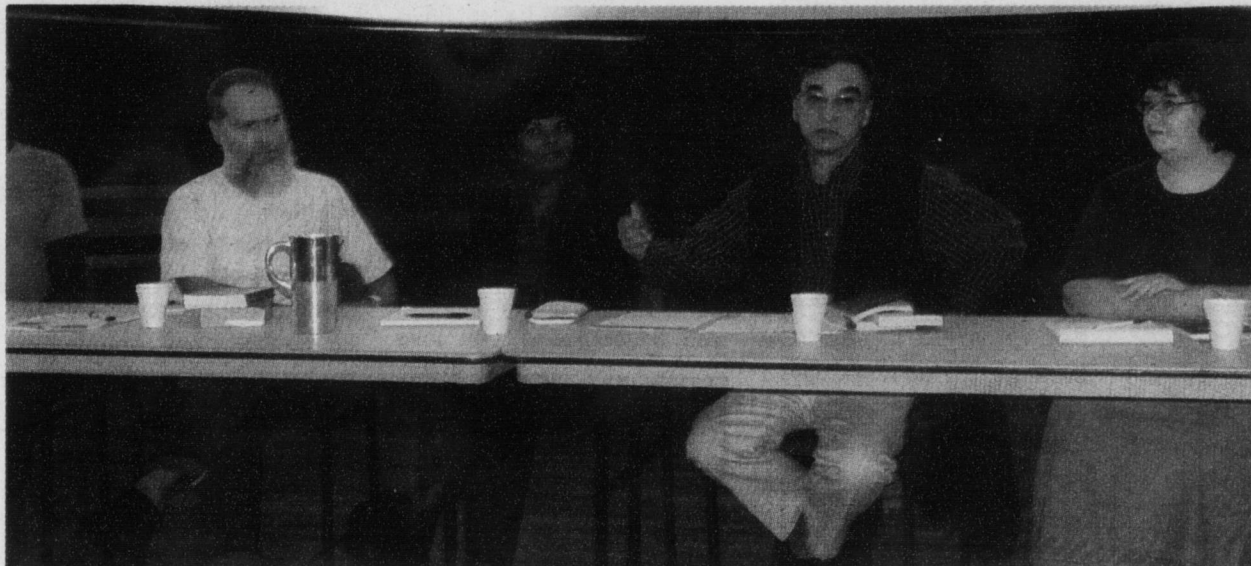
Project Community coordinator, Wanda Williams assisted in bringing the Blood Drive coming to Guilford. She was able to work out the logistics as well as the coordination with the American Red Cross and the director of student involvement and leadership, Rebecca Saunders.

Williams said: "I really enjoy this because there is a blood shortage in North Carolina as well as in the general U.S. and the Guilford student body has been very willing to donate their blood as well as their time to volunteer."

It takes approximately an hour to help someone with

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Civil Disobedience panel convenes



Forum gathers to discuss Civil Disobedience. From left: Vance Ricks, Max Carter, Shellini Harris, Barton Parks, and Jodi Gill Megan Miller/ Guilfordian

Alexandra Stewart

Associate Editor

On Monday night, Nov. 3, a group of faculty and staff panelists discussed the topic of civil disobedience in Bryan Jr. Auditorium.

'Civil disobedience' is a term that has been used variously

“ If you are demanding justice from another, look at yourself and [see] if you are also just. ”

around campus a lot lately. While those involved in the forum would not discuss the most recent alleged act of civil disobedience, they did pro-

vide information about the general concept for Guilford to consider.

Panelists Vance Ricks, Max Carter, Shellini Harris, Vernie Davis, and Jodi Gill discussed what civil disobedience means as it pertained to each of their specific fields.

Ricks cited passages of philosophy from Socrates, while Carter preferred the wise words of his fellow Friends.

"Our ultimate allegiance is to God," said Carter, noting that people should not simply break laws because they are "inconvenient."

Harris discussed Martin Luther King Jr.'s and Mahatma Gandhi's approaches toward performing an act of civil disobedience. As King put it, one must first gather the facts, negotiate with the

authorities, go through self-purification, and afterwards one can finally take direct action.

Self-purification, Harris explained, is a step of introspection to discern whether or not your motives are pure. "If you are demanding justice from another, look at yourself and [see] if you are also just," she said.

Davis emphasized the importance of non-violence when protesting. "Non-violence is much more effective when perceived by the [opposing] party," said Davis.

Finally, Gill discussed the legal side of civil disobedience.

She mentioned that our own

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Guilford to host Middle East lectures

Emily Mann

Staff Writer

Next week Guilford will host another world. It will welcome speakers with a deep knowledge of the Middle East to educate students and encourage dialogue about the world around them.

The program "Eyewitness to the Middle East" is being

sponsored by the Friends Center, Campus Ministry, Hillel, and Peace & Conflict Studies. It will focus of the Middle Eastern countries of Israel, Palestine, and Iraq.

Max Carter, Campus Ministry Coordinator, spoke about how the speakers worked well with upcoming

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California fires spreading

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Fall Follies at Guilford

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Student Art Show

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Teijo Munnich and zen meditation

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