WWW.GUILFORDIAN.COM



## Crying in sports: acceptable?

By Patrick Childs
SPORTS EDITOR

The final seconds wound down, and defeat was reality.

There I was, slouched on my couch in my Philadelphia Eagles jersey, drinking out of my Eagles mug, and watching the Eagles lose yet another NFC Championship game.

I took a deep breath, counted to ten, looked at the ceiling, and fought back my tears. I haven't always been successful in my fight against tears; in fact, there have been many occasions when the Hoover dam in my eyes broke, and all tears flowed free. In emotional moments in sports, it is easy for one to cry.

I recall heart-wrenching times as when the Yankees lost game seven to the Red Sox in 2004, or the first time I got cut from a sports team in grade school. I even resorted to crying after the telling tale of Rudy Ruettiger in the film "Rudy." Rudy, a determined football player, overcame his small size, and played football for the Fighting Irish of Notre Dame. When Rudy sprinted onto the field for the first time, I spilt one tear.

In those emotional times, I resorted to a small cry. In my defense, I didn't have a choice. All one can do to avoid crying is to take deep breaths, which still isn't a guaranteed cure.

I have even seen one sad soul render an excuse for his teary eyes after his favorite team lost a big game: "Dude, I think I have a sinus infection or something." I later heard the poor man weeping in the back room.

But really, did he need an excuse? Is it acceptable for one to cry in sports?

I once watched Terrell Owens, a professional football player cry in a post-game interview after his team lost in the playoffs. Most recently, I witnessed Kevin Garnett hide his tears under the brim of his hat after the Boston Celtics won the NBA Finals. He was then quoted, "Anything is possible!"

Owens and Garnett are two respected players in their sports; two large men, who you don't want to call "big babies." I feel comfortable defending crying in sports, especially knowing that Owens and Garnett have my back. And who knows, as I need them to cover my back, they may need my shoulders to cry on.



Carsten Jancker, a European soccer player, sheds a manly tear during a game. Vince Young (above) deals with the emotional drama of the game by weeping .... very masculine weeping.



By Deena Zaru SENIOR WRITER

Guilford will name the court in Ragan-Brown Field House for current golf coach Jack Jensen during Basketball Legacy Weekend, Jan. 30-31.

The court dedication will occur on Jan. 31, at the halftime of the 3 p.m. men's basketball game against Randolph-Macon. Jensen won 386 games in 29 seasons as

Jensen won 386 games in 29 seasons as men's basketball coach and led the Quakers to the 1973 National Association of Intercollegiate Athletics (NAIA) national title. He was also head golf coach when the Quakers won the NAIA 1989 golf national championship.

In 1988 Guilford joined the NCAA and left the NAIA in 1990.

Jensen led the Quaker golf team to two national NCAA championships in 2002 and 2005.

"Jack Jensen has served this college for 44 years. His teams have won four national championships: one in basketball and three in golf," said President Kent Chabotar. "Winning national championships in two different sports is very rare. He has mentored hundreds of Guilford student-athletes over four decades."

Jensen started working at Guilford in 1965 as assistant basketball coach to Jerry Steele. Steele retired in 1970 and Jensen took over as head coach.

"I coached the men's basketball team until 1999, but I also began coaching golf in 1976 and coached both sports until 1999 when I retired as the basketball coach," said Jensen. "Now, I am really the business manager for the golf team. I am in charge of organizing games, scheduling and recruiting."

Junior Peter Latimer, a member of the golf team and a five-time ODAC Golfer of the Week, appreciates Jensen's coaching style and efforts.

"Coach has benefited the Guilford team by recruiting good players," said Latimer. "And he also has a very relaxed attitude towards practice; in where we go, when we want (to go), and do not have to go at all if we don't feel the need to. He has a unique style of coaching, but this has bred an attitude of success in the Guilford golf team."

Athletic Director Tom Palombo, who has served as men's basketball coach since 2003, said that Jensen is a "legend" in the history of Guilford athletics.

"It is a well-deserved honor for the court to be named after him," said Palombo. "We are really lucky to have him here. He is a great coach and leader for those who play for him now, and for those who played for him in the past."

Latimer said that Jensen has had a successful career because of the profound care that he has for the team members.

"Coach would do anything for you and does all that he can in order to make the players happy," said Latimer. "Coach has high expectations both on and off the course on his players; he wants us all to be the best we can be."



has been a major presence in Guilford athletics. Having coached both the basketball and golf teams, he has lead both to numerous victories. Jensen has been

with Guilford since 1965.

Jack Jensen



"It is a well-deserved honor for the court to be named after him. We are really lucky to have him here."

Tom Palombo, Athletic Director



"Coach has high expectations both on and off the course on his players; he wants us all to be the best we can be."

Peter Latimer, Junior