

LIMELIT

The limelight takes an eighteen mile dash to High Point and finds Susie Calder gayly week-ending with Bill MacAnaly—and may I hasten to add—Miss Irene MacAnaly, and all the rest of the MacAnaly's—Careful now, Susie—Remember what happened to one of our last year's Seniors when a MacAnaly hit her trail?—How ever, we can console ourselves with the fact that Bill has competition galore—so we'll hope the Salemites won't go begging for an editor this year, anyway.

A flash into the dining-room Sunday night—a general craning of necks and discreet whispering behind palms of hands—Why? Gentlemen—!—And a certain vivid scene on that same time, place and occasion, confirms the fact that the place for a certain pert blonde freshman is the stage—limelight or spotlight in Hollywood or New York—Nope, I'm not speaking of either of the two young ladies with the gentlemen—I dare say that neither of them has the inclination, necessity, or vocal strength to try to attract attention from table to table.

Excellent basketball games we had Monday and Tuesday nights—the game was a stiff fight for all four—or all eight teams—the Seniors seem grimly determined to retain their possession of that cup—'ho! the freshman second team gave 'em a run for their baskets—By the way, did you notice the way the Senior score mounted up when H. T. walked into the sideline districts?—Okay, Susie, I won't talk about you any more—this week—Just 't'd take my chances while you were gone—And back to the basketball game—forget to mention that C. R. was on hand—probably to get a "sample" of Salem basketball—wrong place, Caldwell—Might try the practice house next time—

A flash on the dean's register reveals the dawning suspicion that the aspirations of "Sandy" Harper and "Bud" Hatcher are rising to a higher plane—that is—higher scholastically—Lack of intimacy with the victims pre-

HEALTH HINTS

Poor little rats get frail and lean when Vitamins are lacking. The human race slows up its pace without Vitamins as backing.

Pneumonia is a contagious disease; so do not expose yourself to it unnecessarily.

Eat regular, balanced meals each day.

The most easily overcome cause of decayed teeth is cleanliness.

If there is no moisture in the air of your room, there may be a cold in your head.

RECITAL BY JUNIOR STUDENTS

On Thursday, February 22, Music Hour will consist of a recital to be presented by the students in the Junior Department of Music.

vents further comment—but I feel it my loyal duty to reprimand "Bud" for neglecting the Sophomores—They're the only class unrepresented in his collection—

It's beginning to look as if Fred Robinson will be established as a Salem pillar—that is—if a certain popular freshman continues her courses here. Four years oughta get 'em rooted—if he doesn't get ditched—

Wonder who will be queen of the Sophomore Ball?—and king?—Looks as if the faculty is walking away with the honors—let's all guess over—You're all wrong—Exams are over—

Well, dears, the mid-night oil is burning low, and, incidentally so is the news supply—all flickered out—

Talk on "Hypnotism" At Psychology Meet

Duke Professor Gives Interesting Lecture

On Thursday night, February fifteenth, at seven thirty, Professor Pallas of Duke University, spoke to the members of the Psychology club on Hypnotism. Professor Pallas first spoke on the history of the use of hypnotism. He told his audience that hypnotism is as old as civilization. Medicine men who used it as a means to cure peculiar diseases handed it secret down. However, it was not called hypnotism by them. Von Helmont, a German, claimed a magnetic fluid passed from the body of the operator to that of the subject. Other men used it as a cure for diseases.

Meiner, the father of hypnotism, received his Doctor's degree in Vienna, Austria, in 17 4. He wrote Effect of Colored Bodies on Human Bodies, for it was thought that hypnosis was connected with the stars. He was driven out of Vienna and went to Paris where he continued working on mesmerism. He created a great stir and the scientific societies investigated. Their committee on which Franklin Seydewitz in 1784 reported against anti-mesmerism, the term by which hypnosis was known.

Bertrand, experimenting in France on the Psychological basis (suggested sleep), discovered that the magnetic fluid was caused by speaking or suggesting. The Academy in Paris investigated this discovery and reported favorably on it. In 1847, Braid, an English physician gave it the name of hypnotism. Many men were persecuted and forbidden to be doctors because of hypnotism. It had begun to be accepted when, in 1848, chloroform was discovered. Hypnotism was no longer needed for the purpose of putting a person to sleep before an operation. But, in 1898, the British Medical Association conservatively accepted hypnotism as important and, in 1907, a society for the study of

hypnotism was organized.

Hypnotism has developed along three lines—Pathological (the belief that something is wrong with the person who can be hypnotized), Physiological, and Psychological (power of suggestion). Methods used to produce hypnotism are: mesmeric passes (with words, by touching, and by moving hands), subject thrown into attitude by dominance and cooperation, sensory fixation with an environment to bring sleep, and the relation between operator and subject must be identified. The stages go from light sleep to deep sleep and to amnesia. During a hypnotic spell the subject obeys all commands, becomes sick if operator commands sickness, has illusions (if the operator tells the subject that a chair before him is a bear, the subject sees a bear), hallucinations, and if given a paper knife and told to stab a certain person, he takes the knife and stabs the person indicated; but if the subject is given a real knife, he stops as he starts to stab the indicated person. If a command is given a person to do something ten minutes after the hypnotic spell is removed or to do a certain thing at a certain time the next day he will carry out the command. When asked why he did it he can not give a direct reason.

There is not an adequate theory of hypnotism. Hypnosis is explained by one theory as hysteria, by another as half of the brain working, and by another as that of the individual becoming more and more suggestive until he loses himself in the personality of the operator. Qualifications necessary for hypnotism, willingness of subject and ability of subject to suggestions, are simple. Seventy to ninety per cent of normal individuals can be hypnotized. It is only a matter of learning and habit. The qualifications of a hypnotist are not unusual but there are only a few good hypnotists. A hypnotist must have poise, confidence in himself, self-control, and prestige in the sight of the subject. Professor Pallas brought out the fact that it is very difficult for a hypnotist to hypnotize his wife

Students' Recital Is Music Hour Feature

Thursday Afternoon Performance Enjoyed

Last Thursday afternoon there was an excellent student's recital at the regular Music Hour. Advanced students featured.

The program was as follows:

- Sonata Op. 13.....Beethoven
- Adagio Cantabile.....Allegro
- Frances Suttleyrre
- Mammy from "Magnolia Suite".....Dett
- Marjorie Mendenhall
- Au Marche.....Godard
- Harry E. Parker, Jr.
- The Bird.....Fiske
- Water Boy.....Robinson
- George Dickison
- Doctor Gradus ad Parnassum.....Debussy
- Mary Sparger Absher
- Berence.....Grieg
- Solfegietto.....K. P. E. Bach
- B. C. Dunford, Jr.
- Siciliano.....Bach-Hughes
- Fantasia in D minor.....Mozart
- Doctor Gradus ad Parnassum.....Debussy
- Mary Sparger Absher
- Bismarck.....Arnsky
- Nancy McNeely
- La Danse du Puck.....Debussy
- Irene Clay
- Homage to S. Plickwey Esq.....Debussy
- Polonaise in C minor.....Chopin
- Frank Campbell

Russia might at least acknowledge that debt and refuse to pay it as honest Nations do.

His wife takes it as a joke and he has no prestige in her sight.

Hypnotism should not be used very much. Amateurs should never try it. It is used for mental exploration, to reveal secrets of early life, and to rid an individual of habits and fears. Its greatest use at the present time is for the entertainment of people.

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