

# The Salemite

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## LIFESPAN CENTER PLANS SEXUALITY COURSE; OFFERS PROBLEM-SOLVING WORKSHOP

by Cindy Greever

Many members of the Salem community are familiar with and utilize the Lifespan Center for Women and for these articles will present current information. For the members of the community who are unfamiliar with and need the facilities and services offered by the Center, here is a look at what it offers the Salem student.

The full-time staff includes Ms. Jean Eason, director and counselor; Ms. Dianne High, counselor; Ms. Martha Fleer and Ms. Kathy Janeway, staff assistants; Ms. Betty Vickers, testing; and for this semester, Ms. Michelle Trahan, intern. Ms. Trahan is a graduate student in counseling at Wake Forest University, working particularly with students in the Career Reading Room, under direction of both Dean Johnson and the Center.

One primary function of the Center is to provide Vocational/Identity Counseling (Career Counseling). Counseling can cover the range of need from vocational-avocational planning to personal problem solving. One frequent use Salem students make of the Center is planning for the year after graduation, whether it holds more school, a job, marriage or any other type of career. Following an initial interview, the student may be given a battery of six or more tests. These tests cover interests, preferences, values and other parameters of personality. After the tests are evaluated by the counselor, the student attends either small group sessions or private sessions to help her determine her individual direction.

At this point a new program might be useful to the student. Under the direction of Ms. Fleer, "Exploration" is a chance to "observe a work setting . . . in business or in community agencies in desired fields of interest." An ongoing program, the experience can continue as long as the student wishes. Participants will take part in evaluating the experience in group sessions. This program provides an excellent opportunity to really understand the job environment.

Other projects of the Center

include some interesting seminars. On Tuesday, October 30, from 9:00 a.m. to 12:00 noon, a Creative Problem Solving Workshop will be held. Led by Dr. Stanley Gryskiewicz, Program Associate of the Center for Creative Leadership in Greensboro, the workshop will develop techniques for problem solving applicable to "both personal and professional decisions in an individual's life." Preregistration is necessary and can be made through the Center's secretary.

Monday, October 15, 3:00 to 4:30 p.m., Ms. High will conduct the first of six sessions on "Topics in Human Sexuality" at the Center. This course is "open to anyone interested in exploring their values and understanding their sexuality," says Ms. High. Using test inventories of factual information, speakers and, primarily discussion, the emphasis will be placed on what to consider and how to consider making value judgments regarding sexuality. Frank assessment of values is necessary to achieve a sense of assurance with one's individual decisions. The group will be kept relatively small but if interest warrants additional times can be arranged.

The weekend of November 2-4, a retreat for "Couples Enrichment" will be held at Elk Shoals, N. C. The retreat is designed for engaged couples or people thinking of long-term commitments. The object is to discuss techniques for improving and maintaining relationships by discovering important aspects and potential areas of conflicts in the relationship. Leaders of the group will be Dianne High from the Center, Mark Rose and Bill Kerchival from Campus Ministry and Dr. Rachel Meschan, an ob-gyn at Bowman Gray and, in private practice, a marriage counselor. Not an encounter group, the retreat offers practical information in communications skills. Interested girls may obtain more information and register at the Center.

The Lifespan Center for Women is open from 8:30 a.m. to 4:30 p.m. Monday through Friday in Lehman Hall. TAKE ADVANTAGE OF IT!



After the ordeal of the beauty pageant, Anne and Laura find time to relax.

## Girls Enter Pageant

By Kathy Bacon

Whether it's your first beauty pageant or your fifth, there's plenty of fun and anticipation in the pageant activities. Two Salem sophomores, Laura Boone and Anne Poston, who were both contestants for the title of Miss Winston-Salem, will verify this fact.

Anne Poston, 19, from Candor, wasn't scared before the Friday night dress rehearsal, probably because she is almost a pro at beauty pageants. The Miss Winston-Salem contest is her fifth.

Her best friend and the attraction of a Green Beret pageant appearance lured her into her first contest. At age 16, she competed for the title of Miss North Carolina Peach, where she was a finalist although she was a year younger than official age specifications. In her second beauty contest, Anne won the crown and title of Miss Montgomery County. She represented her county this past June in the Miss North Carolina pageant in Raleigh.

Anne's second pageant of the summer took her to Rhone Mountain, where she was a finalist in the Miss North Carolina Rhododendron pageant. This was her square dance." After the pageant there was dancing in the street, which helped to "forget if you lost or not."

With Laura Boone, 19, from Roanoke Rapids, the beauty pageant idea was not an unfamiliar one, although this was her first time as a contestant. Her mother has directed pageants around her home and still serves as pageant judge.

This Miss Winston-Salem pageant was more than a one-night show. The Winston-Salem Jaycees who sponsor it, began activities such as teas and picnics in the summer. Anne and Laura both regretted having to miss some of these events. Other events for the contestants included making radio spots, two rehearsals, a luncheon and interviews with the judges, and the actual pageant at 8:00 Saturday night in Reynolds Auditorium.

One rehearsal was Thursday night. The dress rehearsal, with "bathing suits and everything," as Laura says, was on Friday night. Laura luckily discovered at the rehearsal "the lights are so bright that you can't see anyone."

An "old-timey" theme was carried out and the girls practiced in old costumes for part of the pageant. Anne's excitement about the pageant was summed up when she grinningly commented, "I like wearing that old dress, even though it is a mile too big."

The contestants had Jaycee escorts who took care of transportation to the activities. Both Laura and Anne had good things to say about the Jaycees. Laura says the "Jaycees are really great — fantastic!" and Anne says the "pageant people here are so nice." They gave the girls the competition bathing suit and Anne eagerly brought hers out of the closet to show. Laura said that the Jaycees "would even take us for hamburgers at McDonald's after practice when we were tired and hungry."

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## Candidate Speaks Out

Joe Felmet, a candidate for the seat of the Fifth District of N. C. in the U. S. House of Representatives, will be speaking on Salem campus, Tuesday, October 16 from 10:25-11:40 a.m. Mr. Felmet will be a guest of Mr. von Nicolai's Political Science 225 class which meets in Room 220 of the History Wing. A question period is included during this hour. All Salem students are welcomed to attend and to probe the candidate's views.

Mr. Felmet is the only declared Democratic candidate for this office. If nominated, he will be running against the incumbent Rep. Wilmer Mizell.

Mr. Felmet is a thorough-going liberal. He is a former member of the Socialist Party, U.S.A. and is an advocate of democratic socialism. He is an avowed pacifist who advocates non-violent techniques in dealing with international disputes. A staunch supporter of all anti-poverty programs, he believes in the necessity of a guaranteed annual income.

Mr. Felmet is opposed to the proposed anti-busing amendment to the U. S. Constitution. He believes busing is necessary to achieve school integration because of segregated housing patterns. He served 20 days on a N. C. road gang for violating a N. C. segregation statute.

He is opposed to the U. S. budget for national defense and feels this money could be put to better use on domestic programs and education. He supports the U. N. and world government, and condemns international spying.

Mr. Felmet is an ex-convict, having served a year and a day for his violation of the Selective Service and Training Act of 1940. He was a conscientious objector in World War II.

Calling himself a "true-blue liberal" and having often been labelled a radical, Mr. Felmet can be expected to have some interesting comments on the American political system.

ATTENTION PLEASE! Due to unfortunate circumstances the Pierrette production of three one-acts, originally scheduled for November 7, 8, and 9, have been moved to the following week. The plays will now be produced on Wednesday, Thursday, and Friday — November 14, 15, and 16.

## Graduate Residents Offer Counsel in Dorms

by Marilyn Turner

It is probably a known fact by now, to most of the upperclassmen, at least, that Salem has two graduate students who reside on campus and act in the capacity of resident interns. Renie Wolfe calls first floor Sisters her home, and Libus Carter claims third floor Clewell as hers. Both are pursuing an M.A. in education at Wake Forest. What may not be common knowledge is the service that these two are willing to render to Salem students.

Renie finds her time here at Salem rather limited since she is enrolled in courses at Wake Forest and does internship work for course credit at East Forsyth High School. This does not, however, mean that she is not willing to be helpful. She feels that the

most important aspect of her job is availability: to be available as a counselor, when maintenance problems arise, or in case of emergency. With a degree in psychology from Winthrop College and an interesting two year study at Western Carolina Correctional Institute, Renie is prepared to be a counselor. In her discussions with students, she has felt the need for interdorm discussion groups and possibly for a gynecologist to come and informally answer questions the girls might

Libus Carter is an old timer at Salem — this being her second year here. She, too, feels the need to be available for whatever may arise. But she also wants to be a friend to the students and offers her room as a retreat to anyone who wants to come talk or listen to records.

Most of the problems that come her way are freshman adjustment problems. She does, however, from time to time, get some serious problems. Libus feels that she knows Salem well enough now to refer the more serious problems to a proper source. Since Libus works at the College Union at Wake Forest, she can give girls rides there and can also get them involved in activities with the Wake Forest students. She offers to acquire tickets for Salem students to any Wake Forest event and often get a discount, as well.

Both Renie and Libus want to get to know more students. Since they are not in classes with students, it is often difficult for them to meet people. Make it easier on them, Salemites! Drop by and visit!



Renie and Libus assist students in distress