

Editorial

As the bathing suit season draws near, most Salem girls start to fear those first few days on Babcock Beach. What do you do if 1.) You can't even fit into your bathing suit? 2.) Boys come peep over the fence? 3.) Or you get invited for a swim weekend and you feel sort of silly in your jeans and a sweatshirt? As much as students may complain about the food at Salem, obviously no one of us is starving.

As Bill Bixby says on the "Dietac" commercial, "Losing weight, it's America's favorite pastime." He goes on to say how many people start diets and stop them soon after. I guess there are three problems associated with lack of willpower at Salem. These problems are that we have easy access to too many fattening foods, that we are subject to peer pressure, and that we don't get enough exercise.

With the help of P.T.A., Pizza Express, and now Mama Mia's, food is brought right to our greedy little hands without even the exercise of walking to the car. These places and the fast food restaurants are so convenient that we often forget that our Daddys have paid for our meal at Salem and in most cases are also paying for the Wendy's single we feel we can't live without.

Peer pressure plays an important role because, of course, you can't let your friend ride to Wendy's in the dark all by herself. And if three girls want a pizza, it would be disloyal not to go in with them; not only to help them eat it, but to pay for it, and to divide the pieces evenly (very important reasons for stuffing your face). Another point of peer pressure, and I hope I don't offend anyone, is that we can compare ourselves to the other 500 girls around us. If we see that a majority of girls are larger than we are, then we feel maybe our problem isn't as bad as we first imagined.

The third problem is exercise. In high school, most of us were forced to play some sort of sport during the year. Even though P.E. is required at Salem it is only as strenuous as a student wants to make it. And a common problem is rewarding yourself with food because you feel you've worked off some calories.

These problems don't apply to everyone at Salem. There are girls that amaze me and stick to a balanced diet. Those girls who "eat whatever they want and never gain a pound" were just born lucky. For the rest of us -- we have a good six weeks before spring break, and close to three months before summer to make up our minds. Maybe the refectory will take a hint and put in a Weight Watcher's line or the Scarsdale food. If not, we just need to keep our mouths closed and concentrate on being able to sunbathe unembarrassed on a beach other than Babcock.

Joan Gentry

Congratulations Dean's List

**Class of 1981
Seniors
33 (24.8 percent)**

- Adams, Melanie
- Aiken, Ann Caroline
- Appich, Ann
- Arant, Cynthia
- Carter, Patty H.
- Cawood, Dru
- Clark, Ruth
- Collins, Laura Ann
- Cunningham, Beth
- Dorsett, Jody
- Fairey, J. Moyer
- Francis, Elizabeth H.
- Hales, Laverne
- Holland, Elizabeth Rose
- Hunt, Stephanie A.
- Katrosch, Paula
- Lester, Anne
- Lynch, Ellen
- McCray, Susan Lee
- Mahan, Gwendolyn
- May, Kathy McKinna
- Mitchell, Juliet
- Monroe, Amy
- Moore, Ruth Ann
- Outten, Cornelia
- Ovington, Liza
- Presbrey, Natalie
- Reinhardt, Margaret
- Savoca, Donna
- Shearin, Leslie
- Weddle, Melissa C.
- Williamson, Jane
- Wilson, Dee

**Class of 1982
Juniors
34 (23.1 percent)**

- Baker, Janet N.
- Biswell, Ann
- Brugh, Anne Spencer
- Craver, Mary Katherine
- Davis, Beverly C.
- Davis, Katherine A.
- Doley, Mitzi
- Dorgan, Sara
- Fleeman, Angeline
- Foy, Jessica H.
- Gentry, Joan
- Glover, Merry
- Katherine
- Godwin, Lisa J.
- Gordon, Dolly
- Hasty, Betsy
- Heath, Cynthia
- Imeson, Nancyanne
- Jacumin, Emilie L.
- Johnson, Sheri Louise
- Kruea, Loree
- Lindenmuth, Polly
- Locke, Leslie

- McCall, Leslie
- Manz, Angelyn D.
- Moore, Katherine L.
- Moorhead, Carol Ann
- Roufail, Mary
- Ross, Elizabeth Garrett
- Sayers, Laurna
- Secrest, Mary Helen
- Simon, Sabrina C.
- Tanaka, Misae
- Watts, Kent
- Williams, Alice
- Marianne

**Class of 1983
Sophomores
23 (18.8 percent)**

- Barnes, Frances
- Brown, Janelle
- Collins, Elisabeth H.
- Daniel, Anita
- Echols, Anne Elizabeth
- Elmore, Robin
- Graham, Nan M.
- Henderson, Sherry
- Jacobs, Therese Ann
- Jones, Lynn
- Kindred, Janet W.
- Leonard, Dee Anna
- Milligan, Dianne
- Orbock, Maureen T.
- Partee, Laura
- Richardson, Jane
- Risher, Julie
- Salter, Leigh
- Shepherd, Bobbie Jean
- Sugden, Dorothy L.
- VanHorn, Katie
- White, Shari Kimra
- Wruck, Krista Elisabeth

**Class of 1984
Freshman
18 (11.1 percent)**

- Blanchard, Paula
- Campbell, Cathy
- Campbell, Gwen
- Corbett, Paula Marie
- Finks, Lisa
- Heath, Beatrice
- Hedrick, Catherine C.
- Hobby, Lori
- Lewis, Barbara Jean
- Oakley, Vicki Matthews
- O'Malley, Lisa D.
- Penn, Pernella Kay
- Pfohl, Montine L.
- Rembert, Rainey
- Rountree, Kristen
- Smith, Corrette Marie
- Strindemark, Charlotta
- (Foreign Exchange Student)
- Suiter, Virginia



The 1981 edition of WHO'S WHO AMONG STUDENTS IN AMERICAN UNIVERSITIES AND COLLEGES will carry the names of 16 students from Salem College, who have been selected as being among the country's most outstanding campus leaders.

Campus nominating committees and editors of the annual directory have included the names of these students based on their academic achievement, service to the community, leadership in extracurricular activities and future potential.

They join an elite group of students selected from more than 1,300 institutions of higher learning in all 50 states, the District of Columbia and several foreign nations.

Outstanding students have been honored in the annual directory since it was first published in 1934.

Students named this year from Salem College are: Ms. Melanie Adams, Ms. Cynthia Jane Arant, Ms. Ruth Curtiss Clark, Ms. Jane Moyer Fairey, Ms. Paula Ruth Ford, Ms. Lillian Claire Goldthwaite, Ms. Donna Laverne Hales, Ms. Stephanie Bettie King, Ms. Laura Lindsey, Ms. Juliet Tibbals Mitchell, Ms. Liza Gretchen Ovington, Ms. Donna Ann Savoca, Ms. Jennie Anderson Smith, Ms. Sigrid Joan Tolmie, Ms. Melissa Carol Weddle, and Ms. Doris Little Wilson.

Help Them and They'll Help You

Concerning the letter to the editor in the Christmas issue of The Salemite some underlying facts have been discovered. A major concern of Larry Upshaw's, our 24-hour head of security, is "the lack of clarity in the beeper calls. The complaint made on Nov. 11 at 7:00 p.m. was legitimate. The problem with the complaint was that the girl called the security to front campus - and front campus extends from Dr. Morrill's administrative office down to Gramley Dorm." Larry feels that if a girl gives a clear location, then one of the three security guards can surely fulfill the

request. A security guard did apprehend the intoxicated man and he was taken over by police.

Concerning the dark office on Nov. 6, 13, and 20, Larry said, "Salem has three guards, two to patrol and one to answer calls in the office. I was in the office the evening of the 6th doing guard evaluations, and the lights were on. On occasion if a guard is sick they may be patrolling, but I have a beeper.

I asked him if it is kept on 24 hours and he chuckled, "Just ask my wife."

Larry calls the security office if he hears the same call twice.

Larry feels an important fact was left out of the moped scandal. The moped was not locked. "With no chains or rattling noise, how hard could it have been to take. As for the guards, they may have not been patrolling the Main Hall area at that time."

He feels Salem guards are security, not police. "Three guards is enough. They range from 21 years old to 70. The 70 year olds are extremely dependable too."

It is evident that Larry is doing a "bionic" job for Salem. He is always open to ideas and suggestions from the student body.

By Mimi Northen

Election Schedule

Monday, Feb. 16 -- Petitioning begins at 8:00 a.m. See Beth Francis, 309 South to fill out application.

Monday, Feb. 23 -- Petitioning ends at 3:00 p.m. Campaigning begins at 8:00 p.m.

Thursday, March 5 -- 1:00 p.m. Required S.G.A. meeting Primary Balloting and Campaign Speeches.

Tuesday, March 10 -- 1:00 p.m. Required S.G.A. meeting Secondary Balloting.

Thursday, March 12 -- 1:00 p.m. Required S.G.A. Final Balloting 4:00 p.m.

After elections party in the Student Center! Everyone Welcome!

Check the Student Handbook for information concerning election procedures, eligibility and duties of offices. To be eligible for a principle office you must have a 2.0 cumulative average or better and a 2.3 or better to hold an executive office. Each student has the right and privilege to place herself on the ballot. Applications may be signed in room No. 309 South beginning Monday, Feb. 16 at 8:00 a.m. The last day to petition is on Monday, Feb. 23 at 3:00 p.m.

CAMPAIGNING: Elections Committee will need a photograph and written statement from each candidate expressing her views on the position for which she is running. These may be turned in to Beth Francis, 309 South.

You may campaign for yourself but do not spend more than \$5.00. Stencils and paper are available from the supply room. Elections Committee will run off your flyers, provided they are typed. Please make posters no larger than 8 1/2 x 11 inches. You may rearrange bulletin boards, but do NOT put posters on top of each other, or remove other posters. Please do not put posters in dorms. Put posters in the Day Student, F.A.C., and Back Door. Use bulletin boards and do not tape to walls. Be considerate of your fellow candidates.

Good luck on your campaign!!
Any questions, contact Beth Francis, Elections Chairman, 721-1321.

Upcoming Events

- February
- 16 - 1:00 p.m. Resume Workshop - Lehman Hall
- 5:00 p.m. Job Hunting Skills for Seniors - South Basement
- 17 - 1:00 p.m. Choosing a Major for Sophomores - Drama Workshop
- 1:00 p.m. Summer Employment - Career Reading Room
- 18 - 8:00 p.m. Travelog: China after Mao - Hanes Auditorium
- 9:00 a.m. - 5:00 p.m. Seminar: Art of Negotiating - fee
- 1:00 p.m. Interview Workshop - Lifespan Center
- 19 - 1:00 p.m. Public Administration Masters Programs, UNC-CH
- 6:30 p.m. Summer Employment - Career Reading Room
- 20 - 8:15 p.m. Concert: William and Carolyn Stevens Vocal Recital - Shirley
- 23 - 1:00 p.m. Freshmen Career Test Feedback - Lifespan Center
- 25 - 4:00 p.m. Resume Workshop - Lehman Hall
- 23-26 - Phonathon: Salem Alumnae Association

The Salemite

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REMEMBER Valentine's Day FEB. 14th