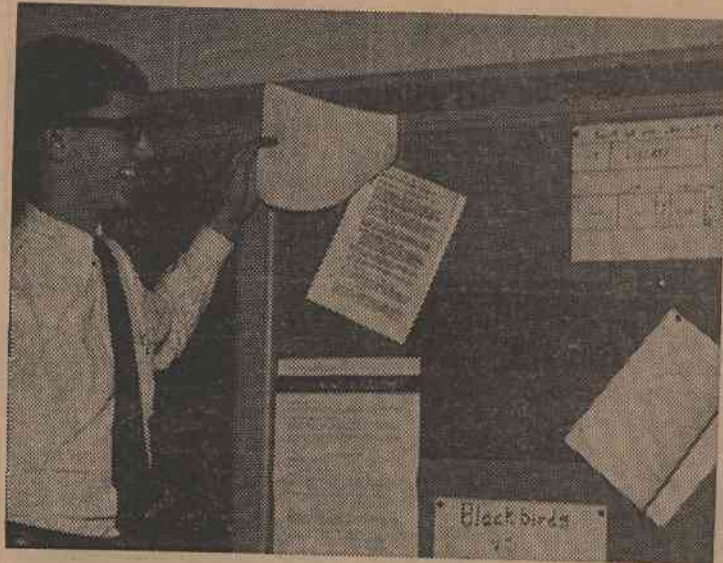


# Ten Little Smokers

- 10 Little Smokers, "cigarettes taste fine,"  
One puffed incessantly,  
and then there were nine.
  - 9 Little Smokers kept on tempting fate,  
One developed heart disease,  
and then there were eight.
  - 8 Little Smokers, deadline was eleven;  
Lung cancer took one of them,  
and then there were seven.
  - 7 Little Smokers, talking just for kicks,  
One had a "smoker's cough,"  
and then there were six.
  - 6 Little Smokers, still full of pep and drive,  
Emphysema slowed one down,  
and then there were five.
  - 5 Little Smokers, with orders by the score,  
One was hit by ulcers,  
and then there were four.
  - 4 Little Smokers, and time was all too free,  
TB sidelined one,  
and then there were three.
  - 3 Little Smokers, with bedtime overdue,  
One caused a fire,  
and then there were two.
  - 2 Little Smokers, Alumni Days were fun,  
One had trouble breathing,  
and then there was one.
- But  
1 smart ex-smoker is still alert and brisk,  
For he knows the figures show  
that quitting cuts the risk!

—Based on the Surgeon General's report on smoking and health.



—PHOTO BY KILLEBREW  
JANUARY'S KIWANIS BOY, John Mebane, looks over a bulletin board to keep up to date on school activities.

## Publications Chairman Is Kiwanis Boy For January

"I was more than surprised—more like shocked!" These are the words John Mebane used to describe how he felt when he was told that he had been chosen Kiwanis Boy for the month of January. "It certainly was unexpected," he continued.

As part of being Kiwanis Boy, John was given the honor of attending the Kiwanis luncheons each Thursday during the month of January. John says that the meetings are very informal and very enjoyable. He also says he has learned a lot from them, especially concerning Rocky Mount's municipal organization and projects.

John is presently serving as chairman of the Publications Committee. He and his committee are in charge of printing and distributing the Student Directory, Thank-You-Grams, and Student Handbooks. John is required to inform the Student Organization Assembly of the contents of any brochures or

booklets which come into the office.

A member of the RMSH Phalanx Club, John is also interested and active in community affairs. He attends the Church of the Good Shepherd, where he teaches a Sunday School class, and is president of the church's youth organization, the Episcopal Young Churchmen.

Although he has very little time for hobbies, John enjoys studying his family's aquariums, telling his friends' futures from his Ouija Board, and "babysitting" and "chauffeuring" his younger brothers.

John says he really has no favorite subject, but perhaps enjoys French more than his

## Students Of I.C.T. Form A New Club In RMSH: VICA

The newest club in the organization of RMSH is VICA. The letters of the word VICA stand for Vocational Industrial Clubs of America. VICA is a national organization for all high school students taking courses in Industrial Cooperative Training (ICT).

Although VICA was organized in Rocky Mount only this year, it has already become well-known. The club's most widespread recognition came when its float won first place in the annual Homecoming Parade.

A regional VICA convention met in New Bern, North Carolina in October. Three Rocky Mount ICT students, Michael Kea, Benjy Bulluck, and Donald Joyner, attended the meetings, which were held October 22 in the New Bern High School Auditorium, and lasted from 9:30 a. m. to 12:30 p. m. Two of them were nominated for regional offices: Michael Kea ran for president, and Donald Joyner ran for reporter from the Sixth Region.

The VICA members have requested that the following people be thanked for the help which they gave to making their Homecoming Parade entry a success: Gay-Yost Funeral Home, Ward Sutton, Michael Kea, Mike Collins, and David Price.

other classes.

North Carolina State University will be John's home next year, where he plans to study textiles, in hopes of returning to work in Rocky Mount in the future.

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