

Programs Set Up For Youth

The sign says, "The following young men are invited to practice at 5 p.m." In other words, the young men whose names are not on the list aren't on the team. Unfortunately, everyone isn't born with a basketball in his left hand and a trophy in his right. Fortunately, for those guys who love the sport but either don't have the initial talent or desire to play varsity or Jayvee basketball, there are numerous opportunities available for them to get involved in basketball programs.

A recent study revealed that both the City Recreation Department and the YMCA have developed Men's Leagues for high school students, offering well-directed and organized programs.

Physical director of the YMCA, Jack Thomas, remarked, "We now have a new system whereby the men have to sign up instead of being called and asked to play." In the past, the program was less organized, and guys who wanted to play had to wait until they were contacted by an adult organizer. This year, as Mr. Thomas stresses, interested young men must register and may do so by contacting him at the YMCA.

The YMCA program is open only to members of the Y. There is a senior league for guys 15-18 years of age. "There are eight teams with eight members each in the league. Games are played on Monday and Wednesday afternoons at the Y," Mr. Thomas said. There is, in addition, a Men's League open to graduates and to adult men. There are eight teams with eight members each in this league also. The Men's League games are played on Monday and Wednesday nights. The opening game for both the leagues are tentatively set for December, but this date may be changed if registration is slow.

The advantage of the YMCA league is that no one is turned down. "Every youth who registers will be placed on a team," offers Mr. Thomas. The young men who play basketball at the YMCA play for the enjoyment of the game.

The Rocky Mount City Recreation Department offers a variety of programs for basketball fans. They already host an open-gym program at the Booker T. Washington gym. "The gym is open from 4-5:30 in the afternoons and from 7-9:30 in the evenings," according to a representative from the department. The department encourages young men to participate in the open-gym program. Playing basketball not only keeps the guys off the

streets, but it entertains them.

The courts at Sunset Park are also open for play at night. The lights are controlled by an outside switch which can be turned on or off at will. The city asks only that players be sure not to leave the lights on, as this wastes energy.

There is also a Church League open to anyone of high school age. "At this time, the church program is incomplete, but

there will be church teams," the recreation department assures. The church teams are in affiliation with the men's league. Games are played at night, and like the YMCA program, no one is turned away. This isn't to say that there is no competition. The competition is tough, and there are tournaments and titles involved. Interested persons should contact the recreation department.



GRYPHON'S MAKE BIG GAIN. Quarterback Lindon Willis carries the ball around the end for a gain as the Baby Gryphs trample the Knights 15-10. The Jayvees ended their season with a 16-6 win over Wilson.

Jayvees Beat Northern

The Rocky Mount Baby Gryphs ended their season on winning notes by defeating Northern Nash 15-10 and trouncing Darden 16-6. The JV's had a 7-1-1 record at the season's end.

RM JV vs Northern Nash JV

RMSH Jayvees had to come from behind in the fourth quarter with two TD's to defeat Northern Nash JV 15-10. Northern JV out-gained the Baby Gryphs 201 to 51 yards. Terry Brown scored the first TD on a 10 yard run. The last TD came when Marcus Battle went 75 yards with a fumble. The Baby Knights had a 10-0 halftime lead on a six yard run and a 32 yard field goal.

RM JV vs Darden

The Baby Gryphs ended the season with a 7-1-1 record after defeating Darden 16-6. The RMSH Jayvees capitalized on Darden mistakes to take the win. The Baby Gryphs scored on a seven yard run by Terry Brown and a one yard run by Lindon Willis. Darden scored on a 27 yard run by Sutts. The Baby Titans out gained the RMSH JV 243 to 117 yards.

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Tricks Trade of the

by: Teresa Mosley

There's a sharp bite in the air and a threat of frost in the night, signaling the coming of December. By the seasonal calendar the temperature should be low, but Jack Frost refuses to sprinkle his magic dust upon Mother Earth, leaving sportsmen confused as they prepare for the Thanksgiving hunt.

In case of rain, soggy boots are an awful problem. When water gets in waders, hip boots by a leak or just condensation, it can present a stubborn and time-consuming problem. A ladies' electric hair dryer (with a bonnet and flexible hose) is the answer. Insert the hose into the foot portion of the boot, and in a few minutes, the hot air will dry the soggiest boot.

Duck season returns November 27 in N. C. Might add that there is a point system this year. Different ducks are worth different points and a hunter has a daily, seasonal, and possession allotment.

A sure cure for corns in this. Take a lemon, cut off the end, nick the pulp with a knife so that the affected toe can fit into the lemon next to the pulp. Tie it to your toe overnight and scrape off the corn in the morning with a blunt knife. Two or three applications will make a "corn-cripple" dance again.

A lady from Oklahoma suggests using a toothbrush instead of a spoon for cleaning the inside of a fish. It makes for quick and easy work. Don't use a hard-bristled brush as it

might tear the flesh.

Jim Pollard of New Hill, claims that his idea keeps his beagles tick-free and helps their coats to remain healthy. The idea is to give each dog about a tablespoon of sulphur each week with their food.

To remove rust or tarnish from silver spoons and spinners in your tackle box, take a piece of aluminum foil, dip it in water and rub the affected area vigorously. Amazing results!

Another instant fire-starter! Fill a screw-top with sawdust and add as much kerosene as it will absorb. To start a fire, shake out a small heap of the mixture and cover it with small twigs. It will ignite instantly, and you can add larger branches to the fire.

HAPPY HUNTING!!!!

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