## **SPORT VIEWPOINT** Girls Begin Hard Practices

By Sara Jane Collier

argumentative, and has a voice of my all-time favorites:



that resembles fingernails on a chalkboard - well, that's no reason to hate him, is it? Don't answer. The other night, while



I feel sorry for Howard Cosell. watching an ABC Monday Night Everyone makes fun of him. Football Telecast, I began to Just because a man is arrogant, think of all the Howard Cosell pompous, verbose, opinionated, jokes that I could. Here are some

> Did you hear about Evel Knievil's next daring feat? He's going to try to jump Howard Cosell's mouth.

And out of the mouth of that master wit, Redd Foxx, comes: "If you are what you eat, Howard must eat garbage."

Muhammed Ali, one who always has something to say about everything, jabbed Cosell with some doozies. "He don't make the same mistake twice. He makes so many he don't have time. Howard once wanted to be a fighter, but they couldn't find a mouthpiece big enough. They are making a Howard Cosell doll: you don't have to wind it up and it talks anway."

When asked by Cosell how many great sportswriters there were, Joe Namath said, "One less than you think, Howard."

Cosell takes all these jokes in stride. He usually shrugs them off with the line "You've been throwing spitballs at a battleship.

The Rocky Mount Senior High Athletic Department has issued the following warning: Any persons entering the gymnasium between the hours of 3:30 and 4:30, Monday through Friday, enter at their own risk.

What is the cause of this bizarre statement? What is so dangerous about the gym during these hours? Have the Russians marked the gym as a target for a bomb raid? Is the building so old that it will fall down at the slightest amount of noise?

The reply to all of these questions is "NO." After a thorough investigation, it was

BASTIAN WORKS OUT - Wrestling coach Stan Bastian works out on the RMSH gladiator.

discovered that, at the times listed above, the Senior High girls' basketball team is engaged in fierce practice.

The coach of the spectacular basketball team, Miss Judy Bradshaw, made several comments about the team. "We will have a tough season because we will be playing in a conference. The teams that we will face have more experience; they have been organized for several years longer than we. We have a young team, but our quickness will surely be an asset."

The ferocious members of the 1974-75 girls' basketball team are Donna Arrington, Denise Austin, Joy Bardley, Mattie Cherry, Patt Edwards, Wanda Gray, Cynthia Hall, Tara Robinson, Beth Whitley, Helen Whiley, Helen Williams, and Liz Young.

The vivacious girls are enthusiastic and optimistic toward the coming games. They expressed their sincere wish that the student body would support them throughout the season.

SELLER'S



To the general population of most high schools, wrestling as a varsity sport goes unnoticed or unappreciated. However, it is probably the most demanding of sports in the time spent practicing and the shape an individual must be in to excel in it. Stanley Bastian is the wrestling coach at RMSH. Coach Bastian has been a member of the faculty since



1972. His first team won the division championship.

Coach Bastian is originally from Winston-Salem, where he began his outstnanding wrestling career. He started wrestling when he was in the eighth grade, and competed in the 132 pound weight group. Raising from 132 to 138 Coach Bastian wrestled in junior high, until he reached high school, where he wrestled at 145 pounds. He attended Reynolds High School in Winston Salem. As a sophomore, he was third in the state wrestling competition. As a junior, he won second place, and as a senior, he won first. He won a wrestling scholarship to East Carolina University. Wrestling there, Bastian won first place in the Southern Conference his junior and senior years, and won the North Carolina Freestyle

year. Upon graduating from notwithstanding injuries to key college, Coach Bastian came to men. Bastian also extolls the Rocky Mount as an Industrial ninth grade program which Arts teacher and wrestling sends many good men up to the coach.

Coach Bastian has a wife, Barbara, and two sons, Steve school program this year. and Martin. They attend the Church of the Good Shepherd. Says Coach Bastian of wrestling, "It allows boys of all weights to participate in a varsity sport, when they other sport could a 98 pounder or a 200 pounder play and exa fondness for the sport of wrestling. He is expecting the High School.

Competition during his senior team to do well this year, varsity team. Coach Phil Harris is in charge of the junior high

Almost any day from November through February the wrestlers may be seen in the weight rooms practicing with **Coach Stan Bastian instructing** them. He would appreciate it if otherwise could not. In what the student body would show more support for the Gryphon Grapplers, who should have as cell?" Coach Bastian admits to good a season as any other sports at Rocky Mount Senior

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