



Terri Bryant, Mary Hoskins, and Price Cherry are Rocky Mount Senior High's National Merit Scholarship semi-finalists. Photo by Jones

New dietary changes cause removal of salt from tables

By TOMMY O'CONNELL

Salt shakers are absent from the student's tables in the cafeteria.

Not only salt has been reduced, but also amounts of sugar and fat have been lessened in preparing the meals. Those substances contribute to major dietary diseases such as diabetes and high blood pressure.

A government report outlines dietary procedure and points out problem foods such as barbecue sauce, milkshakes and mayonnaise. Those foods are considered high in salt, sugar or fat.

Mrs. Jane Bass, who is in charge of the school system's dietary procedures said, "We were asked on a state level to take the salt shakers off the tables, and also to check the food we were serving." The report called for substitutions in recipes to limit natural salts and fats.

Also a new type of milk is being served in the cafeteria. Low fat milk has been added to the meals to replace whole milk. "The low fat milk has less than two percent butter fat compared to three and one quarter percent of the whole milk," said Mrs. Bass. The new

milk also contains the sweet acidophilus bacteria which helps in digestion.

While the students cannot have salt, there are salt shakers on the faculty's table. Mrs. Bass said, "The administration will try to correct that problem."

"It doesn't make any difference to me. The food tastes the same anyway," said junior Greg Robbins.

Junior Mike Baines said, "It was only a habit to use the salt if it was on the table."

The Gryphon



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President names cabinet goals

By LEIGH RIVENBARK

Overcoming "student apathy toward school government" stands as Student Organization President Dale Gray's goal for the upcoming school year, a year marked in Student Organization affairs by a new Presidential Advisory Board.

Gray established the Presidential Advisory Board, which, he says, has a main function of bringing him the "ideas and problems of their particular classes." Mrs. Sue Hayworth, Student Representative Assembly adviser, added that the board would aid Gray in distributing information to the three classes. Serving on the board are senior representative Terri Bryant, junior representative Leigh Rivenbark and sophomore representative Jeanette Everette.

"I am pleased with the input of the students," says Gray of the first Student Representative Assembly meeting held Sept. 17. "It went exceptionally well." Upcoming activities, which include a brochure on school clubs and the annual magazine sales campaign, were discussed.

Gray calls the Cabinet, comprised of committee co-chairpersons, "an outstanding group of young people." The cabinet consists of assembly committee chairpersons Michele Davis and Tony Knight; elections committee, Donna Howell and Sandra Mills; finance committee, Denry Lawrence and Jeffery Locus; fire drill committee, Grace Wilson and Ted Reese; human relations committee, Joseph Langley and Kerri Kolehma; lost and found committee, Chuck Davis and Dee Davis; and publications com-



Dale Gray

mittee, Kim Tillman and Stacy Barbour.

Heading the publicity committee are Janet Stovall and Susasn West; school spirit committee, Andrea Robbins and Antoinette Rogers; social committee, Annese Pittman and Susan Ballenger; student store committee, Margaret Phillips and Tommy O'Connell; traffic committee, Craig Speight and Joey Petway; and constitution committee, Mark Ezzell.

School merger voted down

By KATHRYN VAUGHAN

After a 17 month review of the pros and cons of a merged school system, the Committee to Consider Merger voted on Tuesday, September 9, against the proposal to merge the Rocky Mount and Nash County school systems.

A vote of 5-3 marked the decision. Those in favor of merger were city school board members Dr. Gaylord Lehman and Mr. J. Brian Scott, and Mr. Roy Barnes, a Nash County Board appointee from Battleboro. The victorious opponents of the plan were Mrs. Faye Gardner and Mr. Ed Brady of the Nash County school board, Nash appointees Mrs. Geraldine McGlohon and Mr. Frank Wright, and also Mrs. Ruth Brewer, a Rocky Mount appointee. Mr. William Morgan Jr. of Nash County abstained.

Mr. R. D. Armstrong, Rocky Mount school board member, was not present to vote at the meeting because of illness. Mr. Scott remarked at the Rocky Mount school board meeting, Monday, September 15, that he believed Mr. Armstrong's presence could have made the difference.

The merger question actively arose in April of 1979. The main factor was boundary disputes on the Nash County-Rocky Mount school line which has caused overcrowded and underfunded Nash County

schools and a decrease in the Rocky Mount school district population. Other pertinent factors were the problems of Rocky Mount's being unable to add students or tax base from the new sections stemming from the city plus the growing racial imbalance. North Carolina law states that students out of the district can change schools if both boards (Nash and Edgecombe) agree; however, this policy has not been enacted since 1974.

School board officials say that voting down the merger proposal does not solve the problems of the school systems. Mr. Scott believes merger is still the answer; however, he has said that it is now up to Nash County. Mrs. Gardner has proposed a further study of "other options" using the already obtained information from the 17-month study. She believes merger cannot solve the problems and that it would increase the possibility of boundary disputes at the Edgecombe line.

The Rocky Mount school board made no immediate plans at their last meeting as to any further action to be taken. Mr. Scott said that he felt the Nash and Rocky Mount school boards were closer than ever and that this would be an asset in further actions.

'Gryphons Do It'

Hi-Noc-Ar reveals theme

By MIKE BARNHILL

"We were just sitting in class thinking of what we could use for a theme, and we just came up with the idea, 'GRYPHONS DO IT,' so that's what we're using," said Roger Winstead, Hi-Noc-Ar staff member, concerning the theme for the 1980-81 Hi-Noc-Ar, "GRYPHONS DO IT."

"It covers a wide variety of subjects and that's what a theme needs to do."

The yearbook staff plans to have posters, contests, and other projects to get the student body involved in the yearbook and its theme. "We're go-

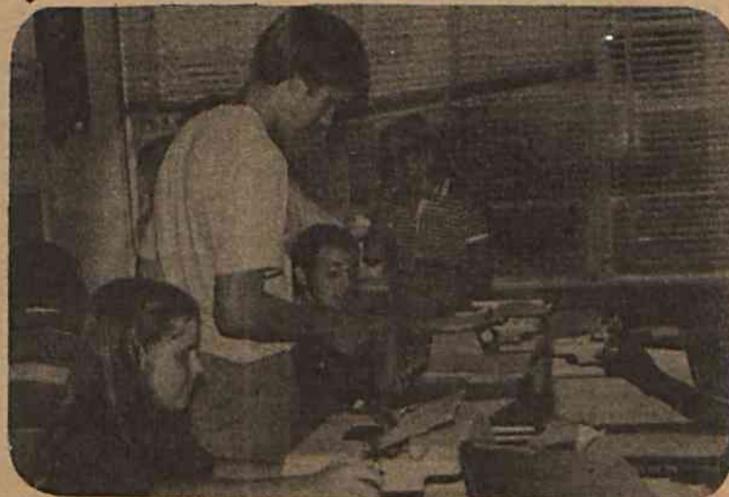
ing to get the students familiarized with the theme because in years past the theme was not known publicly until the yearbook came out," said Roger.

"There will be some changes made in the yearbook, but there won't be anything drastic," said Becky Bullock, senior member of the staff. "We'll have our problems but basically we get along together very well."

"We're trying to capture people 'doing things,' so if you see a photographer, act natural and continue what you're doing, 'cause that's how we want the pictures to look . . .

natural," said Price Cherry, Editor of the Hi-Noc-Ar. Price also added, "Things are running pretty smoothly, but we have fewer people than last year and that makes it harder. We have a manpower shortage, which adds to the difficulty, but we haven't had any major problems yet, although we haven't had our first deadline, either. One nice advantage, though, is that we have four photographers instead of two."

The selling dates for the Hi-Noc-Ar will be October 6-10, and the cost of the yearbook is \$12.00.



Hi-Noc-Ar staffers work on the 1980-1981 yearbook. Photo by Jones