



MOONSHINE

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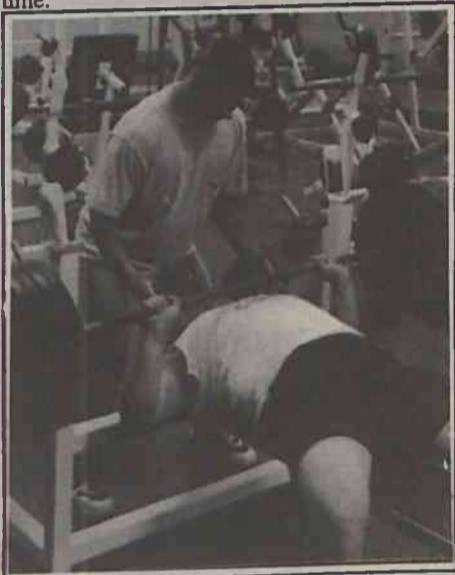


Get That Beach Bod!

by Dustin Poplin

It's beach time! This is possibly the most enjoyable time of the year. There may be a problem though because not everyone has a "beach-bod" to show off. There's no reason to panic. You still have plenty of time to shape up your body before beach graduation. Many people have already started shaping themselves for the better. Several students are running track to help their physique. This certainly helps to trim the body so you will not look fat when you bust out on da beach. Another good way to form that beach bod is to lift weights. Several students at AHS are taking weight-lifting as a class to get big and buff. If you aren't taking weight-lifting, you may be a weenie. There's still hope. The weight room is open after school from 3:00 to 3:30 PM on Monday, Wednesday, and Friday. This is a wonderful opportunity for one to improve himself after school. The last and probably the most important method of improving your physique is to watch your diet. This means you must cut back or out all the greasy, fatty foods you love so much. You can run and lift all you want, but if you eat Crisco all day, you'll be fat and have a

beach belly. That ain't cool. So if you watch your diet, run, and lift weights, you should have no problem in busting out with a beach bod in no time.



Matt Bowers and Zach Harrison shape their beach bods.

Personal Patty Tells All

by Mandy Poston

The year has come to an end, and I have solved as many problems as I have been able to. I know I didn't have an answer for everything, but hey, I tried. Give me a little credit; it is not easy being the solver of all problems! Thanks for all the letters I received, and I hope you all find some way of getting through the year without me. Remember all things I have said and maybe they will come in handy.

Dear Personal Patty,

My best friend and her boyfriend broke up two weeks ago, and it has been kind of hard for her. She obviously cared about him more than I thought, because I didn't think it would take her too long to get over it. She calls me a lot wanting to talk about the situation and asking for advice. He calls a lot to just talk, not necessarily about my friend, but about things. I haven't told her he calls because I don't want to upset her. I'm afraid if she finds out, she'll get mad and think I am going behind her back. It's strictly a platonic relationship; all we do is talk. Just recently, I have found that I think I am falling for him. He's so easy to talk to, and we have fun together. I don't know what to do because she still cares for him. He says it is okay if we go out, but I'm skeptical. I feel that they still have some kind of connection which I would come between. What should I do?

In the Middle

Dear In the Middle,

First of all, you've got to confront your friend and easily tell her what is going on. Right now, as you said, it is strictly platonic, so that shouldn't upset her. She may feel threatened that you have moved in on her ex with plans to latch on, but explain what is up. I'm sure she won't take it very lightly, but make sure you let her know if she

doesn't like it, you'll ease off. Remember she probably still has feelings for this guy, and I'm sure she won't be thrilled to know he's interested in another already, especially her friend. Even though they aren't together, I think you still need to get her permission. Like you said, they have some sort of connection that you'll probably come between. If you and this guy do hook up, think of how your relationship with your friend will change. Remember a friend is more likely to hang around than a boyfriend!

Dear Personal Patty,

I am a senior in high school, and my boyfriend will not let me go to the beach for graduation. We have been together for a while, but he is still afraid that I will cheat on him. I really want to go because it will be the last time I probably will get to do anything with my senior friends. I don't understand why he is acting this way, and it is getting on my nerves. I don't want him to be mad, but I need to make him understand why I want to go. What can I do to show him that I won't cheat on him? How can I convince him to let me go?

Troubled

Dear Troubled,

It sounds like your boyfriend has got you whooped. You are putty in his hands and will do anything to make him happy. That is pretty lame! It is your life, and if you want to do something, then do it. You do not have to have permission from anyone, except maybe your parents. Is there a wedding ring on your finger? I think that you should not let him run your life for you. As long as you reassure him that you will not cheat on him, then you should be free to go. Do not let him mess with your time for hanging with your friends and having fun. Remember that your friends probably do not like the idea of your boyfriend having complete control over you either.

Top Ten Things To Do For Graduation

As graduation time comes very near, seniors here at Albemarle start to get ready to go off to college or to work. Many students are receiving their housing information and are preparing for freshman orientation. Those graduation announcements have to be sent out and scholarship application deadlines are quite close. With all of this going on, students are still thinking about their celebration plans for graduation. Here are the top ten things to do for graduation:

10. Hang out in Albemarle
9. Get a job.
8. Have a good-bye party with friends and family.
7. Laugh at all the underclassmen
6. Go shopping.
5. Collect cash from relatives.
4. Cruise the strip.
3. Lie in the sun.
2. Party hop.

1. GO TO 'DA BEACH!



These seniors are ready for graduation.

The Perfect Gift

by Mandy Poston

Well, the year is coming to a close, only a short time to go. After ten months of school with a few breaks here and there, I'm sure most everyone will be ready for summertime. But, for one class, it's their last year, and they have got to make something out of it. The graduation day is getting closer and closer and whether seniors are ready or not is beside the point. I'm sure at some time, all seniors have wondered about the gifts they will receive for graduation. It is their big step into the real world, time to grow up, so the gift must be something useful and special. I decided to venture down the hallways of our

small school and ask an opinion of the perfect gift for graduation. These are the ideas some of your senior peers gave:

- Grant Hopkins- A few pictures of the newly revised Ben Franklin Bill with a bowl of nachos on the side.
- Cheri Annette Boysworth- A million dollars, 1997 Jeep Wrangler, and the perfect guy.
- Sasha Eury- A week long trip to the beach with Robert.
- Adam Tobias- Someone to pay my truck off and give me a few new Ben Franklin bills.
- Jonathan Jones- The perfect gift would be to get a good job making a lot of money.
- Alison Burbeau- The man of my dreams.
- Jennifer Lowder- A round trip to Europe.
- Laura Beth Whitley- A new Jeep.
- Matthew Bowers- Money for the beach.
- Becky Steele- A book.
- Khristina Butler- A new Dodge Stealth and money for the Bahamas.
- Josh Lawson- Happiness.
- Kristina Scott- Money, a new car that I haven't wrecked, and Max covered with a big red bow.
- Eloise Odom- A new car.
- April Bailey- A cruise.
- Mary K. Sharpe- A gallon of my choice beverage.
- Marc Tuzenew- A plastic diploma from Big Lots.
- Kelley Morehead- To go to the beach with my friends.
- Stephen Anderson- Gunpowder, plastic explosives, fuses, envelopes, and small boxes. I am fresh out. They confiscated the rest.



Allison Burbeau is hoping to get the perfect guy for her graduation gift.

