

## COLLEGE NEWS

Rev. J. M. Arnette of Wagram, N. C. visited his daughter Juanita last Tuesday.

We are sorry Miss Edith Maynard had to return to her home last Thursday on account of ill health.

Several of the Meredith girls enjoyed the play "Lulu Bett" given last Saturday at the Academy of Music.

Misses Cornelia Ayres and Alvah Lawrence, '21, visited friends at the college last week end.

Misses Lillian Evans, Iona Daniels, Virginia Barnes, Beulah Rowland, and Gladys Currain spent the week end in Henderson.

Misses Blanche Martin and Gladys Strickland were out in town for the week end.

Misses Gladys O'Briant, Esther Boyd, Evelyn Barber, Nannie and Susie Reams were at home for the week end.

We are glad to report both Miss Campbell and Dr. Brewer improving after a slight illness.

Misses Lila Earl Dewell and Ruth Couch spent the week end out in town.

### INTERNATIONAL RELATIONS CLUB

We have all heard of the International Relations Club, but few have a definite idea of what it is. The club was formed last year, and its purpose is to bring up and informally discuss present day subjects of both national and international importance. It is connected with similar clubs in other Colleges all over the United States. Those in it last year not only enjoyed it, but learned many things of definite interest and importance—things which every true citizen ought to know. Better work can always be done with more ease after the beginning year, so we are starting out this year with bright prospects. But before we can be fully organized, new members have to be elected to take the place of those who did not return this year. All nominations must be handed to the Secretary, Fannie Paul, and voted on by the club. Girls, this is something really worth while, and well worth the same amount of time and effort you may have to exert occasionally. Hand in your name without delay, if you are interested.

Lost—a notebook, by a Freshman with a black back.

## Y. W. C. A. NOTES

Those who attended the Y. W. C. A. service last Sunday evening enjoyed an unusually interesting program.

After the opening hymn and the Bible reading the president announced the subject of the evening—The Four-fold Life of the College Girl.

The first division—the Physical Life—was presented by Sarah Nooe. In a few well-chosen words she touched upon the importance to our Physical development of, first, Diet; second Sleep; third, Systematic exercise; and fourth, the proper kind of clothes for different kinds of weather.

The next speaker was Elizabeth Kinsey who spoke of our Intellectual Life. Among the things she told us was that too much studying is bad but too little is much worse because the Intellectual Development is one of the most, if not the most, important things we expect to gain when we go to college.

The third part of our College Life to be discussed was our Social Life. In speaking of this Samie Bowder told the importance of our daily social life, and she gave us several good suggestions for our daily life at Meredith. First, you are known by the company you keep. Second, Be happy, because that affects your studies as well as yourself and the people around you. Third, Be democratic. Fourth, Be friendly. Fifth, If you don't have a fun-loving spirit, develop one.

The last topic was that all important one known as the Spiritual Life, and was given by Beatrice Nye. She spoke of the importance of our Spiritual Development while in College and told us to take Christ as our daily example. She also spoke of the importance of not being satisfied with the merely good, but striving always for the best.

When such interesting programs are given it is an inducement to the most disinterested girls to go to Y. W. C. A., if there are any girls in school who are disinterested, which we hope and feel sure there are not.

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## COLLEGIATE PRESS

### N. C. COLLEGIATE PRESS ASSOCIATION

From *Carolinian*—N. C. C. W.  
Greensboro, N. C.

Greensboro, N. C., Oct. 5th.—The October 8th issue of the *Carolinian* will feature athletics at the college. The fall term sport will be hockey and will begin in a few days. Records made by the freshmen in physical education will be published with a summary of last year's freshman work.

Greensboro, N. C., Oct. 5th.—Dr. Chas. E. Maddrey, Corresponding Secretary of the Board of Missions, State Baptist Convention, made the Founders Day address at the North Carolina College for Women, Wednesday October 5th, speaking on "The Place of the College Woman in Rural Uplift."

Dressed in white, as is the custom, the thousand students formed a double column leading into the auditorium, through which the faculty and guests passed, each class following by falling in behind.

As part of the morning exercises, telegrams from alumnae all over the world were read.

In the afternoon the regular meeting of the Alumnae Association was held in The Hut, and in the evening the faculty-students' reception was given in the society halls.

Alice Love—Has he proposed to you yet?  
Louise Mays—No, but he has the engagement ring in his voice.

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