

Storaska Teaches and Amuses In Weekly Defense Classes



Fred Storaska demonstrates a hold which may be handy one day.

With his characteristic comical approach to a serious problem Fred Storaska initiated his instructions in self-defense. He was introduced in chapel several weeks ago, and our students became aware of his credentials. He has taught in twenty schools and colleges, worked with fifteen police forces, and trained agents of the State Bureau of Investigation. As a result of the impression he made, Meredith girls — dressed in blue jeans and sweat-shirts — assembled in Society Hall for their first lesson in how to handle a potential attacker.

If the girls were timid at first, Mr. Storaska put them at ease with his opening remark: "Well, has anybody been attacked since I saw you last?" After the laughter subsided, he proceeded to cite cases from criminal records illustrating how other assaulted girls had reacted. Some had shown quick-thinking; others had panicked and weren't alive to tell what happened. Some of his suggestions involved forceful

SGA SALUTES KAE FREEMAN

A blush and a smile cover Kae Freeman's face when mention is made of her recent honor — that of being the first student chosen to be saluted by the SGA. The SGA salutes Kae . . . for her outstanding work during Religious Emphasis Week . . . for providing the opportunity for stimulating and thought provoking discussion." Kae is "honored" to have been selected, but hastens to add that she was "pleased that there was so much participation, without which no REW or recognition — would have been possible." "I wish," Kae continued, "there could be a salute to all of my committee chairmen." These chairmen were: Charlene Sanford, Chapel Committee Chairman; Marie Howell, Hospitality; Judy Waicaster, Morning Perspective; Susan Ray, Vespers; Ellen Kirby and Ann Rollins, Book display; Brenda Vaughn and Diana Harmon, Art display; John Thompson and the Playhouse, Dramatic Presentation; Dee Ann Dozier, Symposium; Art Department, Folders and publicity. Because of the work of Kae, her committees, and the participation of the student body, Kyle Haselden — in his own words — "had his faith in such religious weeks, fully restored." Thus, another salute goes to Kae Freeman, REW chairman of 1966!

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action, others persuasive tactfulness. First he pointed out the defenseless pressure points on the body including the Achilles tendon and the Adam's apple. If a girl presses on the Achilles tendon in the ankle, the attacker becomes motionless; and she is then free to run. A hard kick in the knee will serve the same purpose. Another means of escape is to apply sufficient pressure on the eyes resulting in blindness. One effective but unconventional method is to regurgitate on the attacker!

But the best way to ward off an assailant is non-violence; remain calm and reason with him. This is not impossible if you follow the suggestions of Mr. Storaska. First, size up the limitations and capabilities of you and your attacker. As a result you will gain a degree of self-confidence. This in turn makes you more emotionally stable and more relaxed physically and mentally. The over-all effect is a more rational human being capable of perhaps rehabilitating her assailant. On this note of non-violence Mr. Storaska dismissed the class with his famous ape-yell. It may scare off an attacker, but Meredith girls will be back next week for more instruction!

SGA AND MCA

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inform the students of the procedure a woman follows in planning her wedding. Also present will be a minister to discuss his part in the wedding. Miss Hasseler will explain the types of wedding music that can be used in the ceremony.

A very enlightening seminar should furnish the students with information on the many aspects of marriage and marriage preparation.

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SPIRITNS RUN HIGH DURING RUSH WEEK

February 18 was Decision Day for all freshmen and transfers at Meredith — the day they decided which of the societies they would join, the Astrotekton or Philaretian Society. The preceding week had been a busy one with Astro Day, Phi Day, Cooperation Day and was drawing to a close with Decision Day. At 7 o'clock on that Friday morning, the Phis, grouped along the side of Stringfield, and the Astros, lined up beside Faircloth, watched as the Freshmen, by halls, filed down the sidewalk between the two dorms. Each hall performed a skit and then threw off coats, blankets, sheets, or opened umbrellas to reveal the color blue or yellow which indicated their choice of society.

At 10:30 the freshmen and transfers became official members of their chosen society when they signed the respective lists in the lobby of Jones Auditorium. After the lists were totaled, it was announced that the Astros were victors in number; but everyone was a winner that day. The individual society days gave added impetus

KIRBY, FREEMAN

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Laura Page, Phi, were also chosen.

In addition to the preceding officers, hall proctors, dorm presidents, and a number of other officers were elected.

Innovations

In an effort to make elections more competitive, several innovations were added to election procedures this year. Candidates for major offices made platform speeches, teas were held so that the student body might have a chance to discuss campaign issues with office-seekers, and straw ballots were utilized more effectively by the Nominating Committee in selecting candidates.

to team spirit and added meaning to that "Meredith Spirit." The climax came on Decision Day. Freshmen and transfers felt that they had become more a part of the life of the college; during the week upper classmen and new students had the opportunity to become better acquainted. Astros were the winners this year, but there were no losers — everyone gained something from rush week.

The Tertilia Club Hears Mrs. Long

Mrs. Robert Long, mother of Betsy Rose Long, 1964 alumna of Meredith, spoke recently to the Spanish Club concerning Peace Corps work in Colombia, South America.

Mrs. Long had just returned from a three week tour of Colombia where she visited her daughter. She traveled in the three different geographic areas of Colombia: the coastland of Cartagena, the interior of Pereira and Manizales, Medellin and the 9,000 ft. high capital of Bogotá. Mrs. Long's talk concerned Peace Corps work as she saw it, as well as her general impressions of this Spanish land.

Her talk was illustrated with slides depicting life of the rural Colombian in contrast with the elegance of city life in Medellin and Bogotá.

Mrs. Long displayed personal moments of her two visits to Colombia.

The March meeting of the "Tertulia" hosted Mexican exchange students from the Escuela Normal Superior on March 10.

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