



IF YOU'RE SITTING IN THE ROOM WITH NOTHING TO DO, LOOK TO THE CITY OF RALEIGH.

ODDS AND ENDS

By MARILYN LAWRENCE

Have you ever explored Raleigh any further than Cameron Village, North Hills, or Crabtree Valley? Raleigh has a lot to offer some Friday afternoon when that big date doesn't work out, and you can easily take the bus down to the capitol square. Most of the state buildings there are open to visitors until 5:00 p.m. Of particular interest are the N.C. Museum of Art, the N.C. Museum of Natural History, the State Capitol, and the State Legislative Building. The Art Museum (107 E. Morgan), which ranks among the top 17 in the country, has a varied collection that will appeal to all -- from Early Christian and Byzantine art to modern art. Some artists included are Renoir, Rubens, Rembrandt, Raphael, Monet, Picasso, and Van Gogh. The Museum of Natural History (corner of Halifax St.

and Edenton St.) will capture your curiosity with its exhibits on animals of North Carolina. The State Capitol is exciting inside and out. Inside you can walk through the halls and even onto the floor of the former legisla-

tive chambers. Outside you can walk the grounds and feed the pigeons with peanuts from the peanut man on the south side of the square. The State Legislative Building (facing Jones St.) holds the current history of North Carolina. The business of the legislative chambers contrasts with the quiet of the roof gardens and inner courts. If you would like more information, the Raleigh Chamber of Commerce has a map with the description of more than 30 points of interest.

Perhaps some Saturday or Sunday when that big date does work out but with nothing definite to do, a picnic can be the answer. The rose gardens at Raleigh's Little Theatre (off Clark Avenue) are small and beautiful -- perfect for a continental picnic on the ground. Pullen Park (near NCSU) is the place for a more conventional picnic. It offers picnic tables and shelters, tennis courts, and amusement rides. For the beauty types, Umstead Park (off U.S. 70 or Interstate 40) is the ideal place. As well as picnic areas, it has wilderness trails to explore and hike. With Indian summer here, the weather is perfect for picnics!

MRS. GREEN HONORED

Mrs. Green, the librarian at Meredith, was given a small party by the library staff in honor of her birthday (November 29) and her coming trip to Israel. Mrs. Green will spend seven days in Israel and two days in Rome over the Thanksgiving holidays. Mrs. Green will travel with the First Baptist Church of Burlington.

Beyer-Peacock Recital

(Continued from page 1)

Miss Peacock will perform "Sonata in D Minor, Op. 31, No. 2" by Beethoven, "Intermezzo, Op. 4" by Schumann and "El Polo (from Iberia)" by Albeniz.

Mrs. Beyer is married to Fred L. Beyer, Jr., program developer for the Media Division of the N.C. State Department of Public Instruction. They have one son.

Everybody's talking about pollution.



Woody Owl has 104 ways to stop it.

Sure. We all know how awful pollution is. And we all know that we have to start soon if we're going to save America. But where do we start? And how?

Some of the answers are right on this page. Woody, the nation's antipollution owl, came up with 104 things that you and your family and neighbors can do. Today.

Tear out this page. Read it. Remember it. And make sure that everybody gets a good look at it. Even tack it up on a bulletin board. Remember, it's up to all of us to fight for our environment. We only have one earth. Let's make sure it's here for our children, and their children to enjoy.

No. 1 Learn these Woody Owl "Hoots," tell others about Woody Owl, and encourage them to help in our fight against pollution.

No. 2 Collect cans, bottles and papers and take them to the nearest recycling center. If there is no recycling center near you, contact your local city or county offices and encourage the establishment of such centers.

No. 3 Encourage Public Service groups to arrange for the collection of trash in your home town for recycling.

No. 4 Separate your household trash. Smash cans and put in one box; bottles in another; papers in another. This makes recycling easier.

No. 5 Don't throw away old clothes and furniture. Give them to someone who can use them or repair and sell. Every thing that doesn't land in the trash pile means that much less to be burned or disposed of in some way.

No. 6 Start an "ecology cupboard" in your home. Store reusable items like string, paper, boxes, cartons, plastic containers, ribbon, yarn. Reuse them before discarding. Be sure storage is neat and safe.

No. 7 Encourage companies to discover ways to reuse or safely dispose of plastic products. Right now, the only way to dispose of plastic is by incineration. This adds to our air pollution problems.

No. 8 Encourage companies to raise the bottle-deposit sum to encourage the return of bottles.

No. 9 When possible, ride your bike or walk to meetings, school, work, etc.; encourage others to do the same.

No. 10 Form car pools and share the ride to work, school, meetings, etc.; encourage others to do the same.

No. 11 Press for action by automobile manufacturers to produce a smog-free engine.

No. 12 Ask for low-lead or no-lead gasoline for your car.

No. 13 Keep your engine properly tuned (approximately every 10,000 miles). Encourage others to do the same. This cuts down on exhaust emissions and helps reduce air pollution.

No. 14 Keep boat engines properly tuned and encourage others to keep their engines tuned also. An improperly tuned boat engine causes more petroleum wastes to go into the water and air.

No. 15 Encourage your fishermen friends to pick up their old fishing line (or someone else's). If left on the ground it can kill or injure birds and small animals.

No. 16 When you take photographs, pick up used film packs. The packs form litter and some chemicals in the packs can poison animals.

No. 17 Encourage everyone to "Take only pictures... Leave only footprints."

No. 18 Put metal tabs from drink cans and plastic carriers for six-packs in trash cans. They are hazardous to animals as well as being a litter problem.

No. 19 Keep your transistor radio volume set moderately. Noise is a form of pollution too.

No. 20 Encourage local officials to reduce noise pollution along freeways and heavily travelled streets by proper tree and shrub plantations.

No. 21 Encourage everyone, including local park officials, to plant just one more tree or shrub. Trees play a major part in purifying air; the oxygen they release dilutes pollution in the air. Trees also help regulate temperatures; tree transpiration cools the air like a gigantic air conditioner.

No. 22 Ask Mom, when she does the family wash, to measure detergents carefully, using only enough to get clothes clean.

No. 23 Place small pieces of leftover soap in a piece of Mom's discarded nylon hose; give it to a child to bubble up their bath. This uses up bits of soap, recycles the piece of nylon hose and cleans the younger generation, all at the same time!

No. 24 Run your dishwasher only once a day, or less, depending on size of your family. This helps to conserve water.

No. 25 Put a brick in your tank! A brick in your toilet tank reduces the amount of water used to flush.

No. 26 Turn water faucets off firmly to stop leaking and conserve water.

No. 27 Don't leave garden hoses and faucets running for long periods of time. Leave lawn sprinklers on just long enough to water grass thoroughly but not long enough for water to run-off down the street.

No. 28 Don't throw trash in streams, lakes, rivers and oceans; it belongs in a trash can, not in our water supplies.

No. 29 Don't hide your trash in the snow. When the snow melts in the spring, you'll be the cause of sight and water pollution.

No. 30 Are there adequate litter containers in your city parks, schools and nearby recreation areas? If not, discuss the matter with public officials, offer to help obtain used oil drums (Service stations will often donate drums); clean, paint and decorate them with Woody's slogan "Give A Hoot... Don't Pollute."

No. 31 Keep beaches, parks and roadsides clean. Urge your friends to do the same.

No. 32 Organize "Hooter Patrol" and, with the aid of the members, look for pollution problems in your area. Then take action to stop these problems.

No. 33 Don't spray paint on rocks, fences or buildings. This causes sight pollution and makes a countryside or city street ugly.

No. 34 Picking plants and wildflowers leaves the land bare, ugly and subject to erosion. Leave them there for all to share!

No. 35 Read instructions and contents carefully before buying any kind of pesticides.

No. 36 Use chemical pesticides sparingly. Follow directions carefully.

No. 37 Pull your lawn weeds out by hand. This is good, healthful exercise and eliminates the need for applying herbicides.

No. 38 Dispose of excess pesticides and their containers according to instructions on the label or advice of County Agents. Keep 'em out of drains and water.

No. 39 Average air fresheners and deodorizers are a lot stronger, chemically, than their names imply. Open windows and doors to let in fresh air; this will do much to rid your home of offensive odors.

No. 40 Several bowls of vinegar placed in a smoke-laden room will clear the air quickly. Any liquid has smoke-absorbing qualities. A drop of cologne in water will help too.

No. 41 Do you see something ecologically unsound? Write to the company, calling attention to the pollution they are causing... this can help.

No. 42 Filter-tip cigarettes can be harmful to cesspools and even the largest city sewage processing plants. Put them in ashtrays, not drains and toilets.

No. 43 Some dyestuffs do not break down biologically and should be regarded with a wary eye. White tissues and paper do not contain dye.

No. 44 Be an ecologically aware shopper. Don't buy goods whose by-products or residues result in unnecessary trash.

No. 45 Support adequate local anti-litter and pollution laws and their proper enforcement.

No. 46 Public officials can help encourage interstate cooperation to control water, air and land pollution on a regional basis.

No. 47 Accumulated wire coat hangers can be tied in bundles and returned to your cleaner for reuse. If you throw them out they add immensely to the garbage problem.

No. 48 Clean, clear and disinfect sinks and drains with ordinary table salt. Salt is not toxic, and it has antiseptic and disinfectant properties, as well as abrasive, cleansing ones.

No. 49 Help decrease the mountains of garbage we generate each day by using cloth napkins.

No. 50 Protest overpacking of fresh foods to store managers.

No. 51 Make sure your car has the required smog device and have it checked regularly.

No. 52 If you put your garbage on the street for collection, make sure the container is spill-proof. If you live in buildings with incinerators, follow instructions so you don't litter incinerator rooms.

No. 53 Organic materials (like cooking fat) clog plumbing and septic tanks, causing sewage overflow. Put them in your garbage pail...not your sink.

No. 54 Return nutrients to the soil. Start a compost pile with leaves and grass clippings. Never burn leaves and trash.

No. 55 Smokey Bear is so right! Be careful with matches... fires cause air, water and sight pollution.

No. 56 Use a hand mower if your lawn is small. Keep gasoline operated tools in top condition so noise and exhaust fumes are minimized.

No. 57 A littered picnic area is spoiled for everyone. Dispose of your trash properly and pick up discards left by others.

No. 58 Your house should be well insulated and tree-shaded to minimize fuel consumption in winter and air conditioning loads in summer. This helps to keep power loads down and helps stop pollution.

No. 59 Don't use washers and dryers during peak electrical load hours (5-7 pm). The strain at your local generating station may add to air pollution.

No. 60 Use low wattage bulbs in lamps not used for reading and turn out lights not being used to conserve power.

No. 61 Carry a litter bag in your car and boat. Bring it home and dispose of it properly after your trip.

No. 62 Encourage local newspapers and civic club publications to publish facts on progress being made to help stop pollution. Help keep everyone informed.

No. 63 Don't sound your horn unless safety dictates. Keep your muffler and tailpipe repaired. This will help reduce noise pollution.

No. 64 Set up a "cleaner environment corner" in your school or city library. Include books, magazines, reprints and pictures on ecology, as well as Woody Owl materials.

No. 65 Help create community interest in schools. Focus on litter problems and efforts to combat it. Student governments can set up good housekeeping rules for school use and enforce them. Establish a school environment improvement club or committee including faculty and students.

No. 66 Proper engine maintenance to reduce smog and litter prevention instruction can be integrated into driver training. Suggest this to your school.

No. 67 Encourage teachers to write or contact local offices of agencies with active anti-pollution programs for information.

No. 68 Promote a teenage "Cleaner Environment" campaign to help clean up all kinds of pollution.

No. 69 Ask national organizations and corporations for information and assistance. Many have experience in environmental improvement programs and are willing to help.

No. 70 Examine your place of work; if you find pollution problems caused by your production, take steps to reduce or eliminate them. Make sure there are adequate trash receptacles on the premises.

No. 71 Encourage installation of scrubber systems on stacks to eliminate noxious emissions into the air.

No. 72 Encourage installation of modern, adequate waste disposal equipment on local industry operations.

No. 73 Be sure contaminated water and sewage is not discharged into local rivers, lakes and streams. Seek the installation of adequate water treatment plants.

No. 74 Talk to religious groups. Stress the spiritual value of nature and man's dependence on it for his very existence.

No. 75 Encourage the production of ecology films for school distribution.

No. 76 Encourage companies to locate new facilities so that employees can use mass transit systems or help their employees form car pools.

No. 77 Help restore natural beauty to areas where raw materials have been stripped.

No. 78 Seek adoption of safeguards to prevent oil spillage from tankers and offshore drilling. Help in the clean-up effort whenever possible.

No. 79 Discourage the erection of signs that contribute to sight pollution.

No. 80 Seek elimination or control of horn blasts, factory whistles or other loud sounds that add to noise pollution.

No. 81 Contact airline companies and encourage the installation of smog-free engines for their planes.

No. 82 Encourage development of packages that are reusable, recyclable or otherwise easily disposable.

No. 83 Encourage beautification of office and plant facilities where you work.

No. 84 Seek cooperation of public officials to make sure public facilities don't pollute in violation of codes already in effect.

No. 85 Encourage public officials to develop fair standards for all so that companies without pollution device controls do not gain unfair competitive advantage over companies that have these devices.

No. 86 Ask public officials to support basic research programs required to control pollution and promote recycling.

No. 87 Suggest incentives for companies to install pollution abatement devices.

No. 88 Attend local government meetings (city councils, boards, etc.) and ask about their plans to control pollution; offer your assistance.

No. 89 Support measures to improve our environment and reduce pollution...even if it costs money...and it will!

No. 90 Work with official city beautification committees. If none exist, help create a citizens' committee thru support of Chamber of Commerce, women's and service groups, PTA and youth organizations.

No. 91 Organize a community conference and discuss positive approaches to pollution control. Invite public officials, representatives of labor and industry as well as other interested groups and individuals. Get all the facts and initiate action programs.

No. 92 Survey community opinion to determine how much support there is for cleaner environment programs. If there isn't enough, educate the people for their support.

No. 93 Be sure your community takes advantage of grants provided by (HUD) U.S. Dept. of Housing and Urban Development for urban area beautification programs.

No. 94 To decrease sight pollution, urge city officials to provide and maintain better, benches, bus shelters, lamp posts, street signs and trash containers.

No. 95 Urge public officials to adopt a sensible ordinance to govern installation of commercial and industrial signs (including billboards).

No. 96 Encourage local home builders to develop a program of leaving as many trees as possible when they develop a subdivision.

No. 97 Encourage aesthetic plantings around freeways and public buildings to include plants and trees that have a higher resistance to air pollution.

No. 98 Enlist the help of local news media to help in pollution control efforts. State purpose clearly to elicit strong editorial support. Present all facts and avoid one-sided statements.

No. 99 Teach your children a reverence for life; inspire them with a knowledge of Nature. This will motivate them to work for and demand a cleaner environment throughout their lives.

No. 100 There is no season for pollution; it occurs every day, all year. Do something each day to fight pollution. Encourage others to do the same!

No. 101 If you own a trail bike, learn where the proper trails are located--and, use them! Tires that go off the trail cause erosion. Erosion pollutes, killing fish and plants.

No. 102 Encourage your local trash collection company to collect cans, bottles and papers in separate containers for recycling. This will also help reduce the solid waste problem.

No. 103 Encourage your telephone and power companies to place their utility lines underground.

No. 104 Work with department stores and telephone companies to help collect old directories and catalogs for recycling.

Give a hoot! Don't pollute.



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