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REINSTATE HEALTH COURSE

There has been some discussion in the Executive Committee of the SGA surrounding the reinstatement of a reworked "Health" course into the required curriculum. According to Carolyn Carter, "absence of this course has created a complete void in drug, sex, alcohol, and general mental and physical health education." In line with the question of providing a counseling service on campus, this request seems indeed quite valid.

In past courses, this type of instruction was incorporated into the curriculum, giving students a chance to become informed on the questions they must face in a college environment, to state their opinions or ask questions, and to develop a sense of being acquainted with these problems and knowing how to tackle them in the very bounds of Meredith College. When this course was dropped from the curriculum and no further situations (whether counseling or in other courses) were provided for this type of discussion, the student automatically was forced to turn to areas not associated with the College. This situation has now created a problem, particularly in the areas of sex and drug counseling, which can no longer be overlooked.

The Committee suggested that this course, taught by specialists in each area, could replace colloquium, which is in need of evaluation. It seems that students on a college campus, if required to take any sort of course designed to acquaint them with the college atmosphere, should be required to take those courses which will have a meaningful effect in their total lives. Meredith needs to re-evaluate its openness to such questions as a health course might deal with and to rework those areas which are supposedly now operating to combat these problems. Until a realization that these problems exist at Meredith occurs, it is questionable whether any solution will be found in the near future.

JFS

Plastic Santa

The other day on the radio I heard an advertisement for a free "plastic, inflatable Santa Claus" available at a nearby location. When I heard those words blaring out over the air, I really began to wonder what has happened to Christmas. I had always thought that Santa Claus is real, not "plastic" and not "inflatable." To me, Santa Claus embodies all of the giving of Christmas, and that aspect is a very real one which cannot be tampered with by stores, sales, rushed shopping days, and fake Santas.

We can easily become "plastic, inflatable Santa Clauses" who focus on the plastic part of Christmas -- the getting part. We can easily become "blown up" to this part of Christmas so that we no longer see the beauty in giving but rather see the ugliness of "not getting what we wanted." When we fall into this rut we do become "plastic." But Christmas is not "plastic"; it is real. Christmas is not "inflatable"; love and giving are not "puffed up." Real givers are the Santa Clauses of the world; they are not fake.

JFS

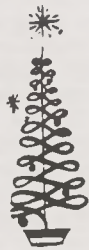
LETTER TO THE EDITOR

To the Editor:

I'd just like to say a word of thanks to all those who made the supper for Bangladesh possible. Hopefully a majority of students and faculty participated and/or contributed. Here was a great opportunity to aid others less fortunate than ourselves. We must realize, however, that our contributions whether great or small were only material. We owe a much greater debt to these displaced persons. It is our obligation to be aware of their condition and their cul-

ture. The Bangladesh Banquet, with its cultural sensitivity to the national diet and delicacies of a people different from ourselves should be a way of paying this debt. We must learn of other cultures through such events. Understanding is the greatest intangible contribution we can make to others. Bangladesh was a beginning; for this beginning I am grateful. Let's not stop here.

Sincerely,
Ruth Anne Stephenson



English News

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ject. This high-rise complex (near MacDonald's) houses nearly 300 elderly people. Club vice-president Donna Hopewell stressed that this living arrangement is not like that of a nursing home; instead, each person has his own apartment, kitchen, and furniture. Downstairs in the Towers is a large recreation room that is kept lively by club members. For example, the girls showed old movies and popped popcorn for the appreciative residents. The members also go individually and assist their friends in the complex with reading, writing letters, shopping, and good company.

STUDY TOUR

Dr. and Mrs. Leishman Peacock will be chaperoning a study-tour to England from July 13- August 19, 1973. Students will study for three weeks at Balliol College in Oxford and travel for the remaining time. Estimated cost is \$1350 total for high school seniors and college freshmen and sophomores.

HOWARD LEE WILL SPEAK AT SHAW

Mayor Howard Lee of Chapel Hill will speak at the Division of Administrative Sciences Forum /Lecture Series at Shaw University, Raleigh, North Carolina on Wednesday December 13, 1972 at 2:30 in the Student Union Ballroom.

Mayor Lee will be speaking to an audience made of mostly black students at Shaw University on the topic: "The Role of the Black Public Administrator." As the second term black mayor of Chapel Hill, Lee was reelected in 1971 by a landslide vote in which he carried every precinct.

Born of a share cropper family in Lithonia, Georgia in 1934 Lee is the oldest of seven children. Lee, a high school drop out at one time, graduated third in his class at Bruce Street High School. Attending Clark College for three years, he after having academic difficulty transferred to Fort Valley State College in Georgia where he majored in sociology. He graduated with honors in 1939 when he was drafted into the U.S. Army.

After serving more than a year in Korea of his two year hitch, Lee returned to Georgia to work as a juvenile probation officer in Savannah's Juvenile Domestic Relations Court.

Lee received a Masters Degree in social work in 1966 at The University of North Carolina in Chapel Hill. From 1966-1968 he was the director of Youth Services with Duke University. Later he became Director of Employee Relations at Duke. As an assistant professor, he taught sociology at North Carolina Central University in Durham.

As mayor of Chapel Hill, Lee has devoted his administration to: (1) the development of a sound relationship between the town and the University of North Carolina; (2) the establishment of a public transportation system; (3) the raising of police and fire department salaries; (4) seeking additional recreation facilities and (5) generally providing Chapel Hill with a full-time concerned, and efficient government.

Regarding leadership Lee has stated "We need to elect new leaders - from capitol hill to city hall-- leaders who will respond to human needs and not political pressures.

-- Leaders who believe that issues that unite us are more important than the prejudices that divide us.

-- Leaders who believe that the only race that must count

in America is the human race.

-- Leaders who will use their influence for the work of life here at home instead of the business of death abroad.

-- Leaders who believe that the Greatness of America lies not only in what we are, but in what we can become."

On the need for change he has been quoted saying:

"As long as human beings continue to die in a war that had no honor in its beginning and even less honor in its continuance, there is a need for a change."

"As long as 25 to 30 million of our own citizens continue to live lives of quiet desperation in hunger, alienation and poverty, there is a need for change."

"As long as programs of health services and child development are vetoed, while billions are spent for guns, that cannot heal bombs that cannot teach, there is a need for change."

Following Mayor Lee's presentation will be a forum session involving audience questions, comments, and queries. This program promises to be one of the most provocative in this series. The public is invited.

Raleigh, Durham, and Chapel Hill residents are cordially invited to attend.

30 Colleges

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than anticipated because participating schools have agreed to absorb a higher percentage of administrative costs. In addition, some costs will be borne by local governments, such as the cities of New York and Fresno, Calif.

Blatchford estimated that in accordance with existing programs, approximately 40% of the UYA volunteers would be members of minority groups, more than half would have previous volunteer experience and that the average age would be above 23.

"The number of universities applying to participate and the success of the program in the first year leads us to believe that the idealism among students and their universities -- a real concern for their communities -- is very much alive," Blatchford said.

Original Peter Max dot, copyright 1972, inspired by his book, Meditations (McGraw-Hill).

PETER MAX DOT INDUCES MEDITATION

(Statement by Peter Max on the Meaning of Meditation)

"What is meditation? Meditation is nothing in particular. It is not something one can do but is rather something that occurs. One can sit in a seat and meditation can occur. It is actually experiencing nothingness. In order to experience this nothingness, one has to purify the mind from the many somethingnesses. As long as there is something, there will not be nothing."

"Therefore, meditation cannot be explained with many ideas -- only the preparation for meditation can be explained, and that again is purifying the mind, emptying it out, becoming very relaxed and peaceful, being very still, so nothing may occur."

"The book, MEDITATION, is filled with many ideas of purification -- how to look upon the world, how to look upon life and the self. It is statements and quotes like these that can guide one towards a pure life style where meditation can occur."

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