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**Dance Group** 

### Wolpe to speak at **Psyche Conference**

Nationally known psychiatrist Joseph Wolpe, who has helped thousands of people relieve their stress and anxiety through mental and physical tricks and physical tricks and mechanisms, will be the keynote speaker at the 1980 Carolinas' Psychology Conference scheduled at Meredith College for Friday and Saturday, April 18-19.

"Neurotic Anxiety and Depression: Their Experimental Basis and Treatment," will be the topic of Dr. Wolpe's address to be given Saturday, 9:00 a.m. in Kresge Auditorium at the Cate Center at Meredith.

The regional dergraduate psychology conference is co-sponsored by psychology clubs and Psi Chi chapters (Psi Chi is the national honor society in psychology) at Meredith College and North Carolina State University.

Registration for the conference, which, in terms of papers presented, is one of the largest in the U.S., is \$2.00. The public is invited to attend. Undergraduates will present

papers on original research Saturday 8:00 a.m. - 9:00 a.m. and 10:30 a.m. - 3:00 p.m.

Other conference events will include a festival of new films, a Friday night social, and panel discussion Satur-3:00-6:00 p.m., on behavioral toxicology, getting a job with a B.A. degree in psychology, and entering and

staying in graduate school.
Dr. Wolpe received the
Distinguished Scientific
Award for the Applications of Psychology in 1979.

Because of Wolpe's work in developing systematic desensitization therapy, thousands of patients attest a reduction in fear and distress.

Wolpe was born in 1915 in Johannesburg, South Africa, where he was educated. He received the M.D. from Witwatersrand University. He conducted research at Stanford, California, was a professor in the psychiatry department at the University of Virginia School of Medicine, and is presently professor of psychiatry and director of the Behavior Therapy Unit at Temple University.

## Dance Group to perform

The Meredith Dance Performing Group will present its spring recital Thursday and Friday nights at 8 p.m. The group will present three solo dances and

three group pieces.

The group will perform segments from Continuum, an original composition by local artist Rosemary Harms. Harms, originally from Ithaca, New York, works with performing arts in the Raleigh school system. Nine dancers, including Charlie Krebs, Meredith's lighting director, will perform Orbital.
"Triumvirate," a dance for
three, and a duet will also be
presented. The Thursday night performance will be viewed by members of the National Endowment for the Arts, from whom Harms is seeking a grant for further work on Continuum.
"Pretty Bird," a duet

from the dance Grits, will be performed by junior Susie Beggs and sophomore Ellen Flippin. The piece was choreographed by Cynthia Schraf-Fletcher, of Raleigh's Easy Moving Dance Company. Schraf-Fletcher is originally from Washington,

April 11-17. Carol Sue Ipock, Senior art exhibition, Wain-

wright Lobby.
April 13-23. Kathy Parker, Senior art exhibition, Bryan Rotunda of Johnson Hall. April 13, 2:00-5:00 p.m., Reception, Johnson Hall.

April 18, 8:00 p.m Betty Leigh Osborne, Graduation voice recital, Carswell.

April 19, 5:00 p.m. Patricia Bost, Junior piano recital, Carswell.

April 20, 3:00 p.m. Beverly Taylor, Graduaation voice recital. Melanie Morgan, Graduation piano recital, Carswell.

April 21, 8:00 p.m. Melody Frazier, Junior voice recital, Carswell.

April 23, 8:00 p.m. Brenda Stallings, Graduation piano recital, Carswell.

A work choreographed by Meredith dance instructor Deborah Whelan, "Bits and Pieces," will also be performed. The work, based on music by Bonnie Raitt, was performed at the group's recital last fall. Seven dancers will perform in this piece.

Solo performances will be given by Ellen Flippin, sophomore Lee Anne Herndon, and freshman Betty Lyn Walters. All will perform original compositions. Flippin will perform "Ipomea" and Walters will perform "Inspirations by Jo." Herndon's dance, entitled "By My Side," uses music from Godspeli and is based on sign language. She will perform it on Wednesday, April 16, at worship as well.

Other dancers in the group are Leslie Best, Sandra Golding, Mary Haskett, Karen McAden, Ella Plyler, and Kathy Tourtellot.

The dance concert will be given in Jones Auditorium. A reception with refreshments will follow the performance on Friday night in the lobby of

# Come to Playday!

On April 17 students and faculty will once again toss aside papers and books to compete in the annual activities. The Playday tradition, which celebrates its fortieth year this year, has provided a unique setting for faculty and students to get to know each other outside of the classroom.

In her History of Meredith College, Dr. Mary Lynch Johnson described the early years of Playday. "Playday, which owes its place on the Meredith campus to Dr. Campbell, was first celebrated in 1941. In April or May, classes are suspended for an afternoon, and a duke and a duchess are chosen to reign over sports. Tennis, archery, horseback riding, swimming, shuffle board, badminton, and hopscotch attract the more energetic. Students even humor the partly middle-aged or the daintily Victorian members of the faculty by challenges to croquet. In the shade, jackrocks, chess, checkers, and canasta are among the games which draw spectators as well as contestants. The nonchalance with which Dr.

Canaday plays - and wins - two games of checkers at the same time, one with his right and one with his left hand, keeps an amazed circle around him and his two challengers.

"Everything gives way to the softball game later in the afternoon, which with standbys - Campbell, Peacock, Canaday, Cunningham, Williams - and with others less

skilled, the faculty frequently wins. Thus they belie the 1953 faculty contribution to the song contest, The Old Gray Mare She Ain't What She Used To Be. Occasionally they win in the total number of points scored for the day. It is significant of the espirit de corps of the day students that, as a group competing for the first time in 1954 with the four dormitories and with the faculty, they won the coveted award - a tin cup.

"The picnic supper in the court is the climax of the day, especially for faculty children. There are usually between twenty and thirty of them - babies sleeping placidly through the ooh's of admiration they excite; toddlers who have to be lifted to see Daddy run in the sack race; small childrn who are allowed to win at hopscotch; and long legged boys who easily win from students playing their best."

This year may be the last one for Playday, if student participation is as low as it has been in recent years. Because of the lack of interest among students, faculty has decided not to cancel classes this year. It is a crucial year for Playday, and student participation will determine whether the tradition will continue

Playday activities will take place between 3:00 p.m. and 7:00 p.m. on April 17 in the courtyard. Competition will be among departments, rather than dorms this year. There will be a picnic beginning at 5:00 p.m.

#### Johanna Dunn at Meredith

| DATE<br>April 22<br>Tuesday | HOUR<br>2 - 3:30               | PLACE<br>Joyner 126  | ACTIVITY American Foreign Policy class                            |
|-----------------------------|--------------------------------|--|---|
|                             | 3:30 - 5:30<br>5:30 - 7:30     | Front of Cate Auditorium<br>Take Trays to PDR                | Workshop with publications staff<br>Dinner with honor societies   |
| April 23<br>Wednesda        | 11 - 12<br>y                   | Hunter 218   | Class in Fundamentals of<br>Business                              |
|                             | 12 - 1<br>2 - 4<br>5:30 - 7:30 | Belk Dining Hall Office of Career Services Pres. Dining Room | Lunch with art Individual appointments Dinner w-ASPA              |
| April 24<br>Thursday        | 8 - 9:30                       | Joyner 215   | French Conversation Class   |
|                             | 9:30 - 12:30                   | Jones 233  | Visit with art history classes;<br>lunch too                      |
|                             | 12:30 - 2<br>3:00              | Hunter 211 President's Suite, 2nd Johnson                    | Class in Personnel Mgmt. Appointment with President John E. Weems |
|                             | 3:30 - 5<br>5 - 7              | Career Services Office<br>President's Dining Room            | Individual appointments Dinner with Colton English Club           |
| April 25<br>Friday          | 8 - 9                          | Joyner 126   | Political Science 100-1   |
|                             | 10 - 11<br>12 - 1              | Hunter Hall<br>Joyner 126                                    | Faculty Coffee Hour<br>Class in U.S. History since<br>1865        |
|                             | 1 - 2                          | Belk Dining Hall   | Lunch with Steering Committee                                     |

- TOPIC
  "The extent of American
  multi-national investments
  and operations in Western
- "Academic Excellence"
- "Italian Mannerism" Career Information
- Informal French educational system and other cultural Art history as a background for career and life styles.
- Career information

Evaluation of visit

- Ways in which government policies affect business Social 'How the S.E.C. Regulates the American Investment
- Ms. Bluma Greenberg and Ms. Rachel Brown Ms. Donna Mosier Mrs. Dillard
  - Mrs. Marie Capel

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Ms. Burgunde Winz

L. White

Mrs. Jacqueline Chamblee

- Dr. Charles Stewart
- Dr. F. Grubbs
- Dr. Sarah Lemmon
- PLEASE FEEL FREE TO ATTEND ANY OF THE MEETINGS WITH APPROVAL FROM THE CONTACT PERSON.