

THE TWIG

NEWSPAPER OF THE STUDENTS OF MEREDITH COLLEGE

Vol. LXII Number 7

MEREDITH COLLEGE

November 7, 1983



Elizabeth B. Hopkins of the Philip Morris Corporation will speak at convocation November 14 at 10 a.m. in Jones Auditorium.

Hopkins to speak at convocation

Elizabeth B. Hopkins will speak at the next Meredith convocation at 10 a.m., on Monday, November 14 in Jones Auditorium.

Hopkins was appointed Manager, Corporate Support Programs and Consumer Affairs, for Philip Morris Incorporated in March 1983. Ms. Hopkins was formerly Administrator for PHIL-PAC, the corporation's political action committee.

In this position, Ms. Hopkins' responsibilities include serving as Secretary of the Corporate Contributions Committee, and directing the Contribution Department's matching gifts, scholarship, and volunteer programs.

Ms. Hopkins joined Philip Morris Incorporated in 1981 as Senior Coordinator, PHIL-PAC, and was appointed Administrator a year later.

Prior to joining the company, Ms. Hopkins was Executive Director of the Everywoman Opportunity Center in Buffalo, N.Y., and before that, President of Wonderwomen Employment, Inc., also in Buffalo. She was previously an English teacher at the Park School of Buffalo.

A native of Minneapolis, Ms. Hopkins received a B.A. degree in English from Wells College in 1954 and an M.S. degree from State University of New York at Buffalo in 1964.

Ms. Hopkins is a member of New York Women in Communications, the Academy of Political Science, and Women and Foundations-Corporate Philanthropy. She is also chairman of the New York State Department of Labor's Displaced Homemaker Program Advisory Committee.

Philip Morris Incorporated

includes Philip Morris U.S.A., whose major brands are Marlboro, Benson & Hedges 100's, Merit, Virginia Slims, Parliament Lights, and Players; Philip Morris International, which manufactures and markets a variety of cigarette brands through affiliates, licensees, and export sales organizations, and manages Seven-Up International's operations; Miller Brewing Company, brewer of Miller High Life, Lite, Lowenbrau, and Magnum brands; The Seven-Up Company, producer of 7UP, Diet 7UP, and LIKE cola in the United States, Canada, and Puerto Rico; Philip Morris Industrial, which makes tissues, specialty papers, and packaging materials; and Mission Viejo Company, a community development company in Southern California and Colorado.

Kappa Nu Sigma inducts

Sixteen new members were inducted into Kappa Nu Sigma Tuesday evening October 4, 1983. The signing of the Kappa Nu Sigma pledge by the new members took place in the Alumnae House at Meredith, following a coffee which was given by present members for the new members and former members of Kappa Nu Sigma.

Kappa Nu Sigma is a scholastic honor society on Meredith's campus. To be eligible for membership, a student must have completed 75 to

90 hours with a grade point average above 3.6 or have over 90 hours with a grade point average above 3.5.

The new members of Kappa Nu Sigma are: Jill Averette, Cynthia Bullock, Susie Callis, Quita Davis, Aimee Eddy, Judith Fridley, Margaret Garriss, Angela Harris, Suzanne Hilton, Debra Johnson, Nicole LaMotte, Deena Lancaster, Patricia Matthews, Kathryn Smith, Debra Spivey, and Anita Waters.

P.E. minor first offered this fall

by Linda Cheek

A physical education minor with a concentration in fitness is being offered by Meredith College starting in the fall semester, 1983.

The Fitness Minor is envisioned as a program designed to train students to be fitness professionals, reports the P.E. department.

The program will prepare students to work as corporate and industrial fitness directors, YWCA-YMCA exercise directors, health and fitness managers, and city recreational exercise directors.

The minor was developed because of a national emphasis on fitness, says Dr. Cindy Bross, Meredith P.E. instructor. The minor requires the following courses:

Physical Fitness (PED 121)	3 hrs.
First Aid (PED 200)	2 hrs.
Contemporary Health Issues (PED 100)	2 hrs.
Practicum	3 hrs.
P.E. Activities (Aerobics, Aquatics, Conditioning, Racket Sports)	3 hrs.
Nutrition (227)	3 hrs.

Prerequisites are Biology 100 and General Psychology 100.

This semester four students are working toward the minor.

As part of the minor the P.E. department has set up an agreement with North Ridge

Health Spa for a nine-week internship. Dr. Bross notes that the internship would involve training in aerobics, and weight machine use. The student would also develop her own exercise program.

Anyone who is interested in the Fitness Minor should contact the Meredith P.E. department.

For those interested but unable to get the Fitness Minor, a course on physical fitness program theory will be offered this spring. It will include information on nutrition, weight machines, and diet. Outside speakers will also be presented. It will meet at 9 a.m., Monday, Wednesday, and Friday. Dr. Bross will be the instructor.

MEREDITH COLLEGE OFFICIAL EXAMINATION SCHEDULE - FALL SEMESTER 1983

I. READING DAY is a day of preparation for examinations. No instructor may schedule an exam on this day nor may any student ask to take an exam on this day.

II. Bells will be set to ring 15 minutes before the hour at which the exam is to begin. Official time for the exam is two hours. A 15 minute late bell will also ring.

III. Examination periods marked with * are for multisections of introductory courses in certain departments. In resolving examination conflicts, these multisection exams take priority.

IV. A student is considered to have an exam conflict if she is scheduled for three exams within a 24 hour period. She may choose to reschedule the third exam of the three at the mutual convenience of the instructor and student unless the third exam is a multi-section exam. In that case, the second exam of the three is the one to reschedule.

V. There are no exams on Sunday, December 11. The last period for exams is at 1:00 p.m. on Saturday, December 17.

	THURSDAY DEC. 8	FRIDAY DEC. 9	SATURDAY DEC. 10	MONDAY DEC. 12	TUESDAY DEC. 13	WEDNESDAY DEC. 14	THURSDAY DEC. 15	FRIDAY DEC. 16	SATURDAY DEC. 17
9:00 a.m.	READING DAY	COURSE MEETS AT: 0800 MWF	1300 MWF	1530 T TH	* * ALL SECTIONS OF RELIGION 100, 101 * *	1600 MWF	0900 MWF	1100 MWF	0930 T TH
1:00 p.m.	NO EXAMS	1400 T TH	1100 T TH	1200 MWF	1500 MWF	* * ALL SECTIONS OF MATH 110, 211 * *	0800 T TH	1400 MWF	1230 T TH
6:00 p.m.	TO BE SCHEDULED	* * ALL SECTIONS OF ENGLISH 111, 112 201, 206 * *	* * ALL SECTION OF BIOLOGY 101 * *	1730 M W	1900 T TH	1900 M W	1730 T TH	* * ALL SECTIONS OF HISTORY 101 * *	