

Parker Makes Politics A Part of Her Life



Bridgette Parker
SGA President

by Kim Allen
Contributing Writer

Many people have heard the name, but few know who Bridgette Parker really is. She, like most seniors, enjoys going out with friends or relaxing with a good book or walking. She also enjoys playing the piano and singing.

Parker has always had an interest in government. Before being elected as president of the Student Government Association, Bridgette served as both secretary and treasurer on the executive committee. She was also active in student government in high school.

Upon her election as president of the Student Government Association (SGA) in the spring of 1985, Parker took on

many responsibilities. She not only serves as a mediator for the faculty and the students at meetings with the Board of Trustees and the President and Vice-President of Student Development; she must also represent the students with such organizations as the Honor Council and Student Life. It is her responsibility to be sure that both the faculty and the students have an understanding of each other.

Aside from her SGA responsibilities, she is also a member of the Student Foundation, Silver Shield and the Meredith Chorale.

Being such an involved student and holding such a time-consuming position can put one under a great amount of pressure. Parker deals with such

pressure by spending time alone every day and by keeping a level head. She also added that she has a real good executive committee and that she receives much support from her friends.

Because of her interest in government and her love for music, Bridgette is majoring in Political Science with a double minor in Business and Music. Following graduation she plans to either work in government or to get her masters in public communication.

When asked how it felt to serve her fellow classmates, she replied, "I enjoy what I am doing and I am happy that the student body chose me to serve as President of the Student Government Association."

Fr./Jr. Ice Cream Party Social Sparks Enthusiasm

by Mary Ellen McKown
Contributing Writer

Hi there Juniors and Freshmen!! I hope all is going well so far this year. First, I'd like to thank everyone for attending the Ice Cream Party. Our enthusiasm was overwhelming during the party featuring the Big-Lil Sister

dance. (Be sure to practice!) We were absolutely awesome. Due to all the fun, we hope to have more parties for us to share in. If you have any ideas, please contact Carmel Swanson, 7962.

Secondly, I thank the Juniors who attended the class meeting. I am very glad to know people are interested in the Junior class. A class meeting is not

one in which people sit and listen all the time to what happened with the S class (hopefully everyone already knows); but it is a time for planning events, sharing ideas, explanations from committee chairs why events had outcomes that they did. Everyone can be involved because everyone has something to offer. If the same people

are always involved in class events, there is no creativity. The Junior class strives for excellence which can be obtained by full participation and cooperation; two things that make it easier. They next class meeting is Monday, September 23 at 10 a.m. in 1st Potent Parlor. I hope to see everyone there. Thanks again and God Bless You!

RHA Tidbits

by Vanessa Goodman
Contributing Writer

School has just begun and already the Residence Hall Association has made plans for the upcoming year to make this year's residence life at Meredith a more pleasant experience.

The RHA held its first meeting on August 22, 1985. Meeting times were set for the second and fourth Mondays

of each month at 10:00 a.m. in the Blue Parlor of Johnson Hall. The treasury was also discussed. The group decided to allocate money and any surplus funds to their yearly project which is Daniel McGenley.

In addition to MEA showing a movie once a month, the RHA will be showing one, too. A different dorm will be in charge of the movie each month. Karen Swain, dorm president for Stringfield,

volunteered to be the chairperson of the movie committee.

This year each dorm is required to have one educational and one social program. Connie Compton is working on an educational program on car maintenance. Karen Swain has already had an educational program for Stringfield, Carroll, and Carroll Annex. It was entitled, "It's Time to Learn our ABC's!" Mr. A.W. Turner from the N.C. Alcohol

Beverage Commission spoke on alcohol rules and regulations mainly regarding the freshman class.

Later on this month, Heilman Dorm will be sponsoring the movie version of the *Sound of Music*. It will be shown on September 22, 1985 at 8:00 p.m. in Cate Center for \$.99.

If you have any questions or problems with residence life, please contact any RHA member.

Eating Disorders Plague Women in Colleges

It is estimated that as many as 10 percent of the young women in this country have some type of eating-related illness.

Eating-related disorders are serious, progressive, dangerous illnesses — often resulting in such physical effects as malnutrition, kidney failure, gastrointestinal damage, heart attack, or even death.

Eating disorders are frightening, complex illnesses. The symptoms, as well as the related behavioral patterns are difficult to deal with and seem almost impossible to understand. Compounding this difficulty is the fact that a major component of all eating disorders is the denial syndrome.

While we shall deal primarily with only two eating disorders in this article, the broad topic of eating disorders can be divided into 4 basic categories:

1. Anorexia Nervosa — A compulsive, obsessive disease that can lead to malnutrition, starvation, permanent organ

damage and death if not treated and arrested.

2. Bulimia — A sub-category of anorexia, characterized by the binge-purge syndrome (intentional vomiting or laxatives used to expel just-consumed food). Since bulimics are ashamed of their behavior and attempt to hide it from others (also since near-normal weight is retained) bulimia is often difficult to detect and diagnose.

Severe digestive tract problems, damage to the esophagus and depletion of potassium are among the dangerous, sometimes even fatal, results.

3. Bulimarexia — Combination of self-induced starvation and the binge-purge syndrome. Extremely life-threatening.

4. Obesity — An eating disorder characterized by overconsumption of food. Considered by most authorities to have similar underlying causes as the other eating disorders. Obesity is



Funny Name

Great Pizza

**Itza Here! Itza Good. Itza
Delivered to Your Room.
Itza Noz Ara! Itza Pizza!**