

Deck the halls... Winners of the decorating contest



2nd Barefoot takes first place for their fun-filled "Santa's Workshop"



Second place goes to 4th Brewer. They remember the true meaning of Christmas, giving the shirts off their backs (and shoes off their feet) to needy families.



Some of third place winner, 2nd Vann, gather in from of the hearth to await Santa's arrival.

Kicking the habit could kick in \$1,000

If you are a smoker and want to begin the new year free of the habit then here is your chance. Join COMMIT TO QUIT and be eligible to win \$1000. Participants must quit smoking no sooner than January 1 and no later than January 14, and must remain smoke free until February 14. COMMIT TO QUIT is for any smoker living or working in Wake County.

Prizes include a \$1000 grand prize, one round trip domestic ticket on US Air(plus a \$50 gift certificate toward another ticket from Custom Travel), one year membership at Spa Health Club, a Nordic rowing machine or a Nordic

exercise bicycle, \$100 gift certificate from Shoe Express, weekend at the Sheraton Crabtree, \$25 coupons toward video rentals from Videorama, plus many other prizes.

Prepare to quit at a free workshop on January 3, from 7:00-8:30pm. Join other smokers and learn new skills at Wake Medical Center, AHEC Auditorium. Then celebrate your success by joining us on Valentines Day at the Raleigh Municipal Building.

Pick your entry form at any Wake County Kerr Drug Stores of public library or Carroll Health Center. For more information call COMMIT at 821-4222.

Employee Drug and Alcohol Seminar Held

by Janie Mullis

November 27 and 28 marked a two day seminar given by Drug Action of Wake County for department and administration heads of Meredith College. The seminar touched on issues of legality and health risks involved in drug and alcohol abuse.

The seminar was a timely one as an employee drug and alcohol policy is being drawn up at Meredith. The policy will include input from department and administrative heads and then will be reviewed by administrative officials before being distributed as official policy.

Use the **Meredith Herald Classifieds** to buy and sell, find a ride/rider, hire a babysitter!

Only \$5.00 for up to 20 words, 10¢ each additional word.

Just fill out the "Easy Ad" form, attach payment and drop it in the *Herald* box at Cate Center.

Classified ads received until Friday noon will appear in next Monday's edition.

"Easy Ad" Classified Ad Order

Name: _____

Address: _____

Phone: _____

Enclose payment (check or money order payable to Meredith Herald). \$5.00 minimum for up to 20 words, 10¢ each additional word.

Today's Date: _____

Date ad is to run: _____

Ad copy: (Please print)

**Special for Meredith
Students - only \$1.00**

Last minute exam rule #3:

There is no proven scientific evidence that exams are lethal. Remember to keep breathing during the test and **YOU WILL NOT DIE.**