

# Volleyball team delivers strong performance

The volleyball team is continuing to live up to Coach Chamblee's expectations. Playing host to Greensboro College, probably the toughest opponent the team will face, the team played extremely well considering the level of Greensboro's ability and experience. Although the team lost 8-15, 15-11, 8-15, 4-15, Chamblee points out that this was by far the best effort Meredith has had against Greensboro in three years.

Coach Chamblee was very pleased with

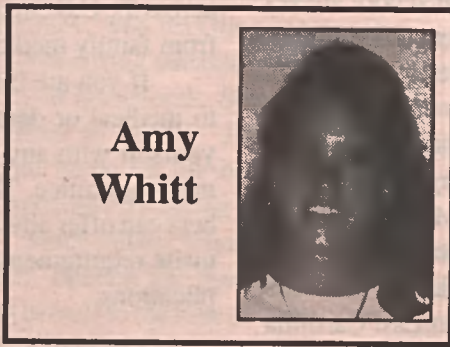
the overall team effort. Kristi Narron, one of the team captains, comments, "Our level of intensity is exciting, and our ability level is already what it was at the end of last season." Jennifer Thompson played one of her best games ever. "She played a very controlled and thoughtful game as setter," Chamblee said. Beckie Hines, the other team captain, also played well and had some strong hits.

This past weekend, the team played in a tournament in Lynchburg

with Sweetbriar, Mary Baldwin, Lynchburg College, and NC Wesleyan. After beating Mary Baldwin handily, they lost to Sweetbriar in very close games. Chamblee said the match consisted of "good rallies and very intense play." The match against Lynchburg was close because the two teams were equally matched. What hurt the team, however, was the lack of experience due to so many new players. Tricia Sparks, Beckie Hines, and Jennifer Thompson all provided excellent play and consistent serves. Sophomore Jamie Richards and freshman Heather Shook continue to show improvement and were key assets to the team's efforts. Defen-

sively, Chamblee was very pleased with the play of freshman Jennifer Millner.

The final game Meredith played versus NC Wesleyan was the most "pressure packed" according to Chamblee. The use of the new rally system was unfamiliar to the team and made the game one of great intensity. Although Meredith lost, scores were extremely close (15-3, 15-17, 12-15). Chamblee is very positive about the remainder of the season because of the depth of the team. Kristi Narron sums up her outlook, "We work well together and are excited about playing, so I think we will have a great year."



Amy Whitt

# Recreation Association offers programs to students

by Sonali Kolhatkar and Angie Laws

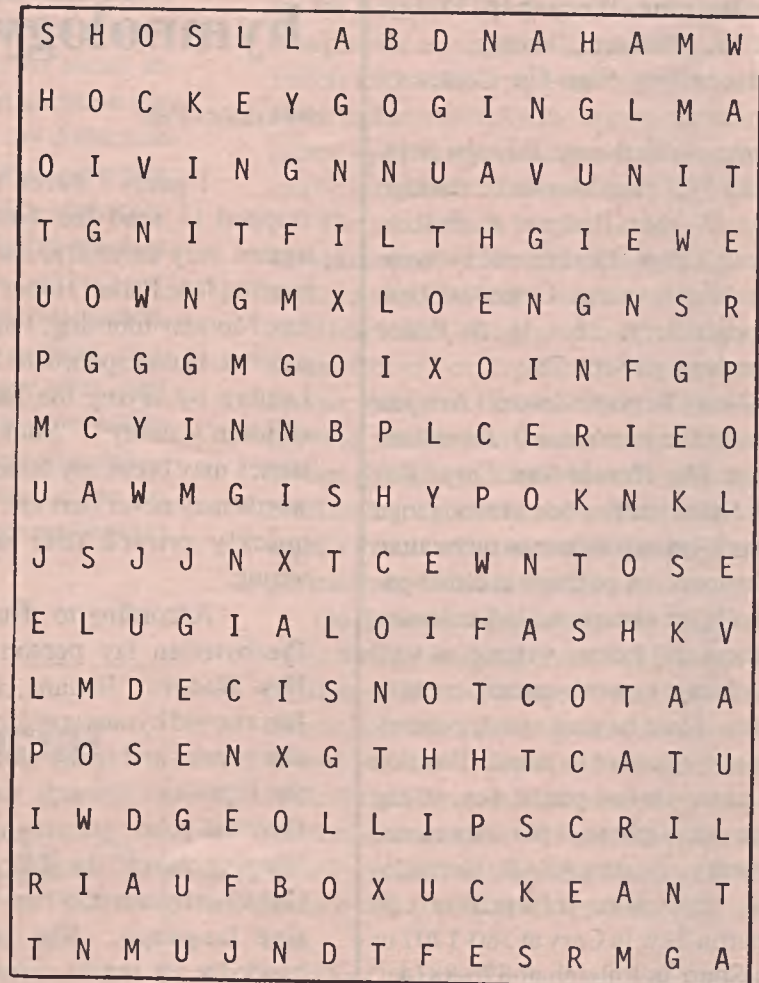
Meredith Recreation Association is sponsoring aerobics on Tuesday and Thursday nights in the gym at 8:00 p.m. The classes have been drawing large crowds of "angels" who love to exercise and have fun. The classes are a great stress reliever and terrific workout. You will feel totally energized!

MRA encourages you to come to the gym on Tuesday/Thursday nights for some sweat and fun. If you have any questions, call Angie Laws at x7628.

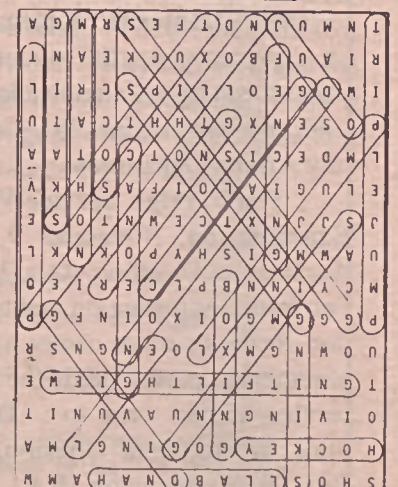
MRA is also sponsoring the Meredith Miler. The deadline has been extended to Friday, Sept. 18. With the miler, you can run, walk or aerobicize. Join the miler and come to aerobics for a double dose of fun! With the aerobics you can earn mileage for Meredith Miler.

So what's stopping you, Meredith? Join the miler and have lots of fun with your friends while walking around campus or aerobicizing to cool music in the gym.

# collegiate camouflage



- BOXING
- CANOEING
- CYCLING
- DECATHLON
- DIVING
- FENCING
- GYMNASTICS
- HANDBALL
- HOCKEY
- JUDO
- LONG JUMP
- LUGE
- MARATHON
- PENTATHLON
- POLE VAULT
- ROWING
- SHOOTING
- SHOT PUT
- SKATING
- SKIING
- SOCCER
- SWIMMING
- TRIPLE JUMP
- WEIGHTLIFTING



M C T V

Channel 5		24 hours/7 days a week		Week of Sept. 21-27	
Meredith Network News/Calendar Events/Job Listings					
M O N D A Y	Channel 10	No Programming Scheduled			
	Channel 13	1:00 pm	Continuity and the Single Camera		
		1:30 pm	Video Class Projects		
T U E S D A Y	Channel 10	2:00 pm	Deutsch Direkt #2		
		4:00 pm	Pregol Chapter 2		
	Channel 13	1:00 pm	Continuity and the Single Camera		
		1:30 pm	Video Class Projects		
		7:00 pm	"Dance... and Mother Earth"		
		8:00 pm	"Dance... and Mother Earth"		
W E D	Channel 10	No Programming Scheduled			
	Channel 13	3:00 pm	Continuity and the Single Camera		
		3:30 pm	Video Class Projects		
		5:30 pm	"Dance... and Mother Earth"		
		6:30 pm	"Dance... and Mother Earth"		
		7:00 pm	Continuity and the Single Camera		
		7:30 pm	Video Class Projects		
		9:00 pm	Low Impact Aerobics		
T H U R S	Channel 10	11:00 am	Pregol Chapter 3		
		5:00 pm	Deutsch Direkt #2		
	Channel 13	No Programming Scheduled			
F R I D A Y	Channel 10	No Programming Scheduled			
		10:00 am	Pregol Chapter 3		
		12:00 pm	Deutsch Direkt #2		
	Channel 13	No Programming Scheduled			