

Students go out on a limb with Outward Bound

by Kimberly Zucker

This summer several Meredith students journeyed where few have gone before.

Julia Rathbone, Janie Love, Angela Denney, and Beth Flye, the new assistant director for the Teaching Fellows program, joined Outward Bound with other Teaching Fellows from across the state.

The four women braved the wilderness for nine days at Linville Gorge in Morganton.

Over these nine days, they experienced intense backpacking, bouldering, and rock climbing. One climb was 90 feet up table rock.

They crossed a river and participated in a ropes course.

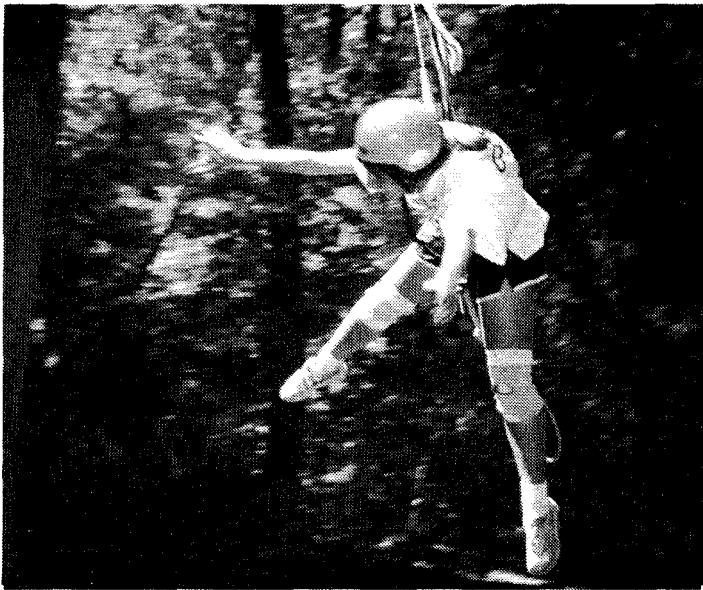
During these few days, these students had to navigate for themselves. The guides told them their destination, but getting there was up to them.

Equipped with a compass, backpack, and lots of energy, these women tackled things that they never dreamed possible.

Julia Rathbone said, "I learned that I could do it no matter what. There is a limit beyond what I have always

thought I could do, and now I can reach that limit."

Aside from navigating the wilderness, they had to deal with other



Angela Denney defies gravity during an Outward Bound activity.

matters, like carrying a 50-pound backpack every day.

In this backpack they had one bowl, spoon, and cup. There was no where for them to wash their dishes so they had to lick their bowls clean.

Since there was no water, the girls had to wait six days to take a shower.

However, even with all these hardships the girls felt that this trip changed them for the better.

Janie Lee Love said, "I learned how to rely on myself and others, something I had previously had a hard time doing."

Angela Denney said that the most

memorable moment of her trip was when she was dropped off at the base of the mountain and had to climb three miles to the top. The only thing Denney could say about this experience was "I didn't die."

"I never would have made it without the others in my group," said Denney. "Through working together, we became very close and formed a common bond."

Beth Flye said she could never finish the rock climb or the ropes course, but she did.

"I made it because of the verbal support that I received from other crew members," said Flye. "I highly recommend this experience to everyone."

All of these women emphatically agree that this was the best part of their summer.

The Teaching Fellows were not the only ones to go on outward bound this summer. Tina Sylvester participated in an eight-day trip on Hurricane Island in Maine.

She feels the same way the other girls did. She had trouble putting it into words because she said the experience was unbelievable.

For her trip she was only allowed two t-shirts, but her bag weighed 70 pounds because her group had to carry all the food in their packs.

She was also one of the few college students on the trip. Most people were in their 20's or early 30's, and had been training for about a year.

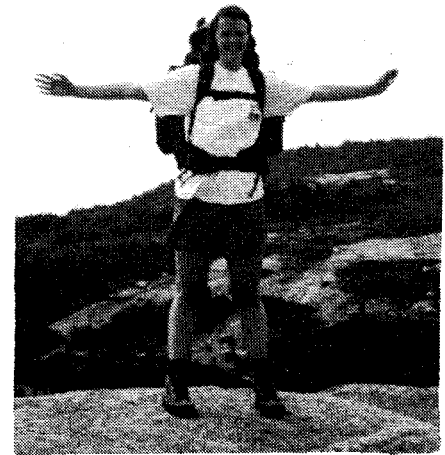
Tina was coated in bug spray every day, but she didn't get to take a shower until near the end of the trip.

Through rock climbing, repelling,

and backpacking, Tina said she became a stronger person. She said the thing she has carried with her from this trip is more self confidence.

She said, "I learned that I could accomplish anything I set my mind to do."

All these Meredith students tried something new to learn about themselves and others. They strongly rec-



Tina Sylvester thrusts out her arms in victory.

ommend Outward Bound to everyone. These women's experiences will help them to be leaders at Meredith, and later on in their lives.

Culture Notes...

October Events

Learn about different types of collections and how to preserve and display items in a collection on Saturday, October 29 1p.m. to 3 p.m. Admission \$2 per person at the North Carolina Museum of History.

International Festival of Raleigh at Raleigh Civic Center Friday, October 7, 6-11p.m.; Saturday, October 8, 10 a.m.-11p.m.; and Sunday, October 9, Noon-6p.m. Tickets for adults \$5.50, senior citizens \$4.50, 4-15 years \$3.50 and 3 and under free.

Exhibition "New York, New York: Recent Cityscapes" at the North Carolina Museum of Art on October 15 1994-February 12, 1995. Interpretations of Manhattan by four American Artists. Admission is Free.

Explore North Carolina's rich aviation history at the Museum of History on Friday, October 21, 6 p.m.-8 p.m. Admission is \$2.00 per person.