

Meredith Briefs

Motorcycle accident on front drive

At 7:45 p.m. on February 7, John McCarty of Wilmington, NC, lost control of the Kawasaki motorcycle he was driving as he entered the Meredith College traffic circle while traveling south. McCarty set the motorcycle down, and he and his passenger, Eddie Jones of Raleigh, were thrown to the asphalt. Jones reported that he had sustained abrasions to his lower left leg. McCarty reported that he was unhurt. Responding campus police did not call for EMS.

No charges were filed, although it was noted that McCarty did not have a motorcycle endorsement on his North Carolina operator's license. Estimated damages to the vehicle reached \$1500 to \$3500.

McCarty stated that he and Jones were leaving campus after visiting with a Meredith student.

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New addition to parking tickets

The all-new and improved campus parking violation tickets have added "Decal Not Permanently Affixed" to the list of violations for which there is a \$10 charge.

Students must place the decal onto their vehicles using the adhesive on the decal. Students who feel that the adhesive may mar their vehicle finish may affix the decal to their rear window.

For details or questions, call x8524.

- From Campus Security reports

Honor Council proposes new conduct board for next fall

By Dina Di Maio

Honor Council is proposing a new committee to deal with appeals for fines and minor violations in residence halls, according to Honor Council Chair Amanda White.

If installed, the Residence Hall Hearings Committee would hear the cases that are now heard by the Honor Council. The need for the committee has arisen because of the increasing number of fines within the residence halls.

White explains that, since fines are being issued instead of the previous system of call-downs, there are a higher number of fines than time to deal with them. The proposed conduct board would deal with these fines.

The two major areas of violations are fire code, including students having candles, irons, or halogen lamps in their rooms, and open house, including students signing guests in and out improperly and not observing the designated hours.

The proposed committee would be part of the Honor Council Constitution, but it would

be run by the Residence Hall Board (RHB). The officers would consist of the residence hall presidents, the vice-chair of RHB, serving as presiding officer, a clerk, and a residence director as adviser. The only new position created would be the clerk, serving in a secretarial capacity to the committee.

Dee Dee Porter, RHB Chair, is in favor of the committee. "It's a good thing," she says. "It's going to save people a lot of time."

White, a long supporter of the idea, also stands behind it. She says, "This is one of the things I set out to do for this year."

The committee proposal has not yet been brought before the Student Government Association (SGA). If approved by SGA, the proposal would then go to the Senate which is the governing body that oversees constitution changes.

Once approved by the Senate, the vice president for student development must approve it for it to become part of the SGA constitution.

If created, the committee would go into effect next fall.

Attention Meredith Students: Have you heard about the network services (E-mail and Internet) available on campus? If you are registered for 3 or more credits please call 829-2363 and register for your network training class. Classes offered by the office of Technology Services.

Body Image: As influenced by the culture

The third of a four-part series.

By Tory Hoke

There was a time when food was for eating. In *The Naked Ape*, Desmond Morris puts early humans in trees, leisurely picking what fruit and bugs they needed to eat to live. Such a lifestyle had its advantages—binocular vision, opposable thumbs—but soon global climate changes pared down forest regions and left us on the plains. Here we developed organized agriculture, which depended on yearly cycles for planting and harvest. A successful harvest was cause to party, and food took on another role: celebration.

This kind of celebratory eating regulated itself—we had to stuff ourselves to make it through the winter. Today, advancements in food storage technology mean we can eat whenever we want to. But the idea of food as fun has stuck.

We all know the horrors of holiday-specific eating. Women's journals feature articles on how to fight winter holiday weight-gain, which *Shape* magazine calls an average of seven to ten pounds from Thanksgiving to New Year's Day. This Friday brings the parting shot of winter holiday food—Valentine's Day—where our loved ones show their affection with flowers, jewelry, and enough candy to make all your hallmates sick.

The Industry

What happened to our attitudes about food? When women -- traditionally the sources of family food -- started taking work outside the house, they failed to get their husbands to make up the difference in meal preparation. The result was an increased emphasis on processed, easy-to-prepare foods targeted at young people buying their own, or parents choosing foods to keep their kids happy. (Witness the birth of toaster pastries, microwave dinners, and more than 80 national breakfast cereals.)

The post-Vietnam era increase in disposable income created a niche for the ultimate in planned obsolescence -- toys we had to destroy to enjoy. Enter fun foods: Pop Rocks™, candy snot, candy that glows, and mechanical suckers that twist on their own. Food became a source of entertainment.

Hunger has become more difficult to determine from appetite. We eat when we're stressed, bored, or in a social eating situation -- three conditions college-age females experience more often than not. The TV show *Friends*, the movie *Parenthood*, and the comic strip "Cathy" all find humor in females' eating junk to ease stress.

Lowered preparation times for the foods we choose also make it easier to eat than not eat. According to *Consumer Reports* magazine, the individual dinner prepared today takes an aver-

age of six minutes, whereas the individual dinner prepared in 1975 took 20.

The Social Experiment

The best thing you can do for yourself this Valentine's Day is distance yourself from the eating ritual. Plan an outing that emphasizes activity over food.

1) Go skating. Most local skating rinks have special events for Valentine's Day.

2) See *West Side Story* in Raleigh Memorial Auditorium.

3) See the special edition *Star Wars* re-release. Now is just long enough after the premiere that you may be able to get a ticket. Try calling ahead and charging the tickets to your credit card.

4) See Clint Eastwood's *Absolute Power*. This may give you clout to see *Fools Rush In*, with Salma Hayek and Matthew Perry—a chance to see if Chandler is a character or Perry as himself.

5) Go running. The MCI 10K in Cary is March 1, and the early application deadline is February 22. See you there!

NEXT WEEK: Eating Disorders, and How To Hold On When It's Getting Out Of Hand.

Where else can you find a true VALENTINE in February? Your hearts desire is our pleasure. Get your special things for your sweetheart. All customers our welcome. Located in North Raleigh at Gray Stone Village.

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