

Give blood, save a life

We've all heard the slogan that the Red Cross has drilled into our heads: "Give blood. The life you save may be your own."

And some people take this to heart, giving as much blood as they can in a year, giving every 58 days.

From the Editor

But other people say that they are too scared of the needle or that they simply don't have time.

However, I don't think anyone would be scared of the needle if it was saving her life. And time would certainly not be a factor if her life was in danger.

Giving a pint of blood is not something to do because you have nothing better to do or because you'll get a T-shirt. Rather, it is something to do because you understand why you are doing it.

One hour of your time and one pint of your blood can save the life of a premature baby. It can stabilize a person who was seriously injured in a car accident. It can prolong the life of a terminally ill person.

And, as the Red Cross says, you could save your own life.

You have the chance to save your own life today at the MCA Blood Drive. Their drive goes through 8 p.m. tonight.

A simple procedure to you could mean another day, week or month to someone else.

With the human-caused disasters and natural occurrences happening in the world today, blood is a much-needed commodity to save lives and prevent further deaths.

If you have missed your chance to give at school, call the local Red Cross. They will welcome your willingness to give, and they are open seven days a week. You can always find a time to fit your schedule.

Sometimes, blood drives offer incentives to donate blood. I'm all for that if it draws more people in to donate.

But I do hope that a time will come that every able person will give blood because they know it's important.

It doesn't take as long as you might think to save someone's life.

Opinion: Meredith feels like home

ALEXIA ANDREWS
Staff Writer

Since arriving on Meredith's campus Saturday, Aug. 14, everyone has been exceptionally nice. From helping me move in to leaving me gifts, the Angels here have made me feel welcome. In four weeks, I am already calling Meredith home and raving about it to all my senior friends back in Summerville, SC, my hometown. There are some things I was unsure about when I first got here: the food, some of the other girls, hall meetings, boys, parking and being away from my friends. But with a little help from my RA, SA, and big sis, I am learning the ropes. My roommate has helped a lot too.

From her need to get involved to her incredible standing on Christianity, she has already taught me so much.

I am already involved in the German Club and I ran for freshmen class historian. There are always people coming to our room to visit, and my suitemate says I am friends with everyone on campus. I think she mistakes my outgoing personality with my popularity, but I can't complain either way.

I love Raleigh. Every night, there is something to do. Whether we go to I Love NY Pizza or a coffee place, I am enjoying the food, boys, and going out. My suitemate and I especially enjoy the late night runs for pizza or doughnuts,

but I think she likes the pizza guys a little too much to be healthy.

I went to Clemson University in Clemson, SC over Labor Day. I became homesick for Meredith. I can't tell you how much I missed all the friends I have made here. I couldn't find a parking pass, boys hooted and hollered at me, I felt claustrophobic in the small rooms and it was miserably hot in the dorms.

Now, my opinion of Meredith lies somewhere with the roommate I love and the realization that I have found my place. I now know what my mom, who graduated from Meredith in 1973, loved about this school.

In praise of Belk Dining Hall

SARA PARSONS
Copy Editor

A few weeks ago, Meredith students could all agree that the Dining Hall had been long overdue for some changes. The problem was not just the food. Belk lacked variety and order.

On days when choices were especially limited, all kinds of strange food group combinations would emerge from the serving lines. A bagel and a bowl of corn or pizza and some dry cereal were just a few of the combos that were contributing to some very unbalanced diets around campus.

The lines were not convenient either. As we waited to get CamCards swiped, precious lunch time minutes ticked away. It became easier and sometimes even more appetizing to nibble on whatever was lurking in the back of the storage crates or tiny refrigerators in our rooms.

Now all that has come to an end. Meal time can now be a satisfying and relaxing experience. On any given day, during any meal, even the pickiest eater can leave Belk with a full

stomach and a smile on her face. No matter what limitation she might have in diet or taste, she has choices!

For example, the "Home" station features the old favorites like fried chicken and mashed potatoes, or some other hearty combination.

Then there is the "Sizzle" side, which always seems to be popular, offering pizza almost daily. In this section, you may also see your lunch, be it anything from hamburgers to pancakes, grilled before your eyes.

Pasta has also been a favorite among students. Now you can even order this "your way" by having it mixed with delicious veggies and a tasty sauce when this delicious dish is featured.

For all you herbivores out there, "Pan Geos" is the answer to your prayers. Chefs whip up the flavorful and colorful grain-based dishes that will satisfy a vegetarian's strongest hunger.

Of course, lighter favorites like the deli-style sandwiches and salad bar still remain popular. In fact, a bowl of ready-made salad is now offered for

those of us who like to enjoy our greens without all the work. There is also a section featuring a variety of new, spiced-up, warm veggie dishes and mouth-watering fruit cobblers heated to perfection.

"Finale" offers a final sweet complement to any meal. Also, many students are glad to see the return of the ice cream machine after rumors that it was broken beyond repair.

Finally, if all else fails, and I doubt it will, the bagels and cereal remain, with milk just a handle-pull away.

Lines have also been reduced, with the only wait being for a new batch of chicken fingers to come out of the kitchen. The only real confusion I have witnessed is students wandering around, wondering what to put on their tray next.

Thad O'Briant, director of Dining Services, and anyone else involved in this wonderful makeover of the Dining Hall deserve a huge thank you and congratulations for a job very well done. They have proven that it is possible to make everyone happy all of the time.

Meredith Herald

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