

# Valentine's Day doesn't have to mean depression for singles

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Staff Reporter

Every year millions of couples show their love and affection for each other on Valentine's Day even more than usual. Yet, just as many singletons would rather crawl under a rock than watch another cute couple walk by.

Granted, Valentine's Day is a wonderful day for most people, and I am happy for every person who actually gets to participate in the lovey-dovey activities. However, I am here to offer several ways that single people can actually crawl

out from under their rocks and have fun on Valentine's Day.

1. **Don't spend the day alone.** OK, you're single and facing the dreaded Valentine's Day. What are you going to do? First, don't spend it alone. This is a mistake people often make. Spend time with family, take your widowed grandmother out to dinner or throw a party for you and your single friends. Celebrate the fact that you don't need someone else to make you happy.

2. **Be your own Valentine.** Who says you have to have

a significant other to receive a Valentine's gift like flowers and candy? Spend the money you would have spent on him on yourself instead. Buy yourself roses and chocolates. Or to be more original, go to a spa and get a massage.

3. **Make a V-day Survival Kit.** If you insist on being alone while almost everyone else is going out, make a "survival kit" ahead of time. Fill a box with the candy of your choice, rock music to blare on your stereo, plenty of popcorn and a couple of your favorite movies to watch. But avoid those of the sappy, romantic genre at all cost!

So now that you have a few ideas about how to spend your Valentine's Day, don't mope around, and put that rock you were hiding under in a Zen garden.

Oh yeah, Happy Valentine's Day!

into the economy in the next year and a half. The economy needs a jump-start, and this is just the shot in the arm that could get it going again.

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said in last week's State of the Union address, "If this tax relief is good for Americans three, or five, or seven years from now, it is even better for Americans today."

These cuts will be able to put almost \$70 billion back

tied to federal income taxes and they cannot afford to lose that money.

The financial crisis in some states has gotten so extreme that many vital programs, such as education, are suffering. Education is the last thing that should suffer from tax cuts, especially when all the tax money is going back to the rich kids who will continue their education at ritzy private schools.

Everyone likes tax cuts, but the president's tax plan will do nothing to help the current recession. It is entirely too risky for such an unstable, uncertain economy.

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They need a tax plan that is a balance between short-term and long-term relief.

The six percent of our population that is unemployed needs jobs immediately before they squander their savings and go back on welfare. Bush's plan does include unemployment benefits, but will these last long enough for the billionaire corporations to turn their profits into local jobs?

Several states are currently bordering on bankruptcy, including North Carolina, and their fiscal status will worsen because of the effects of the president's national tax plan. Many of these states' revenues are

## Campus Events

The Meredith Entertainment Association will be taking orders for Valentine's Day balloons through today. To order, look for a form in your mailbox, or pick one up in Student Activities. Balloons can be picked up in the Balloon Gallery on Feb. 14.

The Sociology Club will meet Friday at 10 a.m. in Ledford 301.

There will be a resume writing workshop today at 5:30 p.m. in the Career Center. Counselors will also be available in the Career Center through Friday for one-on-one resume assistance from 10 a.m. - noon.

The Psychology Club will meet to make valentines for nursing homes and hospitals on Feb. 10 at 7 p.m. in Ledford 101.

The History/Politics Club will meet Feb. 11 at 6 p.m. in 105 Joyner. Dues of \$5 will be collected.

There will be an informational meeting for students interested in traveling to Bolivia this afternoon from 3-4 p.m. in 207 Joyner. Contact Dr. Fredenburgh (x8577) or Dr. Graden (x8077) for more information.

