Athlete of the week



Name: Suwai Sonko

Sport: Volleyball

Year: Senior

Position: Middle Hitter

Hometown: Gambia, West

Africa

Honors: Coach's award 2000, MVP 2001 and 2002, President's service award, Foreign language study abroad travel award

Major: Interior Design

Favorite Professor: Dr. Harper

Favorite Subject: Bio-**Medical Ethics**

Favorite Movie: Rush Hour

Favorite Food: Pepper chicken

Current Music: Youssou N'dour, African King of Mbalax

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She added, "It taught me so much about myself. I gained so much knowledge about how I can impact our community with my style of leading. [LeaderShape] allowed me to make connections with people I may not have otherwise met. I was able to find people who had the same passions or visions as me. LeaderShape has helped to

make me a more effective person in my community."

Senior Blair Briggs also attended LeaderShape this summer. Her vision is for all women to be educated on breast cancer and preventative techniques.

To achieve her vision, Briggs passed out shower cards to all resident assistants in August for each shower on the residence halls

"I am also providing information for RA's to do bulletin boards in October if they choose to do so," she said.

Briggs is also planning a breast cancer fundraiser in October. She applied for

the LeaderShape vision funding but she has not heard back from the Institute regarding its decision on funding.

Senior Laura Bates attended as well.

"My LeaderShape vision was for all individuals in society to be self-assured and confident. The goals I had originally set for myself to accomplish my vision are a little challenging currently because of school and other things, but I feel as though I am helping in a small way," said Bates.

Bates is incorporating her duties as resident assistant into her vision. Since the residents on her hall were such a diverse group of people with a diverse group of issues, she said positive self esteem and confidence is something she was striving for them to gain this year.

McKinnon, who attended last year said, "My LeaderShape vision is to make the Association of Cultural Awareness a more inclusive organization by reaching out to the community and recruiting new members. LeaderShape helped to enhance my leadership skills. After LeaderShape I was encouraged and knew that I could do anything my heart desired if I had a clear vision and dedication."

On January 30- February 1 2004 part of McKinnon's vision will become reality on the Meredith Campus. Meredith College and the Association of Cultural Awareness (ACA) will host the 11th Annual Southeastern African American Leadership Conference (SEAALC).

The SEAALC is a conference aimed at developing and strengthening the leadership abilities and skills of African American students across the southeastern United States. In the past few years the conference has expanded to incorporate all students.

This will be the first time in 11 years that this historic conference will be held at a women's institution. By hosting this conference, Meredith will give students the opportunity to learn more about other cultures while enhancing African American students' leadership skills.

Meredith Memories: From the College Archives



A typical dorm room at Meredith during the 1930s

photo courtesy of Meredith Archives.