Meredith Wins Shenandoah Soccer Tournament

LAUREN STANFIELD

Contributing Writer

The Meredith soccer team played in their first tournament over this Labor Day weekend, and they took first place. Shenandoah University of Winchester, Virginia hosted the tournament. The soccer team left Friday afternoon and arrived at their hotel at 11 p.m. After six hours on the road, the Angels were excited to finally get off the bus, settle in, and get a good night sleep before their first game on Saturday.

At 3 a.m. Saturday, a fire alarm woke the soccer team at the hotel that they were staying in, which also housed the Angels first opponent, Regis College of Boston, Massachusetts. Though it was just a false alarm, the alarm seemed to take a toll on Regis College more so than on Meredith, and it showed on the field.

The Angels took on the Regis Pride at noon on Saturday. Both teams came out a little slow, nervous for their first official tournament this season, but soon the Angels took control and got the first goal. The team continued to score and added on 3 more goals, sealing their victory 4-0. Goals were scored by Nicole Boucher, Lauren Stanfield, Delilah Torres, and Karen Taylor.

After their first win of the season, the Angels were able to reflect and mentally prepare for the winner of the game directly after them, which was between Shenandoah and Trinity College of Washington D.C. The athletes took time after the game to go back to the hotel, rest up for Sunday, and get over their initial nerves.

Meredith Cowart stated, "As a freshman, I was really nervous about it being our first tournament, because I really wanted to win. But



Photo by: Laura Marshall Meredith soccer players: #12 Jackie Maloomian, #19 Mary

after winning the first game, I was more confident that we would win the whole tournament. It also felt really good to finally win our first game of the season."

greace Moon Jr, #10 Jerica Moses

Saturday night, the Angels found out that they would be playing the tournament host, Shenandoah, in the championship game. The Hornets brutally outscored Trinity College 10-0.

Sunday came fast, and soon it was game time. The Angels faced the Hornets at 2 p.m. Both teams started the first-half full force, battling for each 50/50 ball, and they continued to battle as the sun came out and the temperature rose.

The game took a sudden turn when Nicole Boucher dribbled the ball to the corner and crossed it into Shenandoah's surprised defensive line. Luckily for Meredith, Sophomore Jerica Moses was there to receive Nicole's ball and put it past Shenandoah's keeper, into

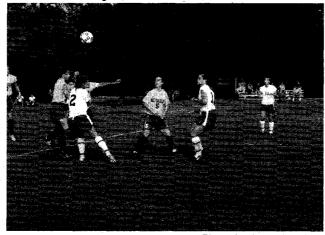
the goal, putting the Angels ahead 1-0.

Adding to Jerica's goal was Margot Childs', who took a direct kick for Meredith near the 40-yard line. Margot's kick was placed just right as it sailed over the keeper's hands and into the net. Meredith went into half-time on top 2-1.

The second half was ultimately an endurance battle. Meredith's main goal was to keep Shenandoah from scoring and of course, if possible, score another goal to keep the lead. Though the Angels did not score another goal, they were able to keep Shenandoah from scoring.

With support from their fans and coaches, the Angels were able to win their game and ultimately win the tournament. Meredith's record now stands at 2-1.

The Angels play their next game at Averett University on Wednesday, September 7 at 4:00 p.m.



Photot by: Laura Marshall

Ready to Run

SUZIE POTTER
Staff Writer

Meredith College is constantly changing to open up new opportunities to its students. One of the latest developments on campus is the newly formed cross country team. Formerly, cross country was offered as an extracurricular club, but this year is the first for it to be a varsity sport.

The team is coached by Amy Olsen, a newcomer to Meredith College. She is married to Hans Olsen, who coaches the women's tennis team at NC State, and has two children, Anders, who is two, and Annika, who is four months old. She previously coached a cross country team at Duke, but came to Meredith this summer. In her short time here, she has already formed a positive opinion of the College.

When asked how she liked to new members, an working at a women's college, she responded, "I love to contact Ms. Olsen.

it! It's different, but a lot of fun."

Cross country is a fall sport, but the members hope to continue running as a team in the spring. The team is open to runners of all skill levels, both beginner and experienced. Olsen says the girls help each other and are good at working as a team.

The runners practice three times a week as a team but are encouraged to run every day. They plan on entering four meets in North Carolina in the coming months and hope to go to the NCAA regionals in Arkansas in November. Teams do not have to qualify for regionals, but Olsen wants to make sure her team is prepared to do well there.

Olsen says running is a great way to relieve stress and get into shape, no matter what your current fitness level. The team is still open to new members, and anyone interested is encouraged to contact Ms. Olsen.

Softball Interest Meeting

September 8th @ 7pm in the classroom located in the Weatherspoon Gym.



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