



WHAT'S UP IN RALEIGH?

By Caitlin Griffin

Are you a diehard sushi fan looking for cheap and yummy sushi sustenance? If so, try SUSHI BLUES CAFÉ in the Glenwood South District. Fill your stomach and let go of school stresses as your eyes adjust to the pleasantly dim lighting and your ears absorb the sweet sounds of soft blues and jazz wafting through the restaurant. When hunger strikes you especially late on a Tuesday or Thursday night, gather your friends and stroll down to Sushi Blues for half-priced sushi rolls until closing time (this special deal runs Tues, 10 p.m.–12 a.m., and Thurs, 11 p.m.–1 a.m.). It's a busy place, so be prepared to get there early and wait awhile to be seated, but strike up a conversation with your neighbors in line and you'll definitely make many new college-aged friends while you wait.

**301 Glenwood Ave
Raleigh, NC 27603**
Hours: Lunch, Mon–Fri (11:30am–2:00pm)
Dinner, Sun–Mon (5:30pm–9:30pm)
Tues (5:30pm–12:00am)
Wed (5:30pm–11:30pm)
Thurs–Sat (5:30pm–1:00am)
Phone: 919.664.8061
www.sushibluescafe.com

Many vegetarians complain that they have a hard time finding vegetarian food to eat on the go. If this sounds like you, SUNFLOWERS SANDWICH SHOP is a must-see. This small restaurant truly has something for everyone with one mouth-watering vegetarian menu and many tasty non-vegetarian options as well. Best of all, if you are in a hurry, you can always call in your order and pick it up at the drive-thru window. But plan your trip accordingly—Sunflowers only accepts cash or checks, not credit or debit cards.

**8 West Peace St
Raleigh, NC 27603**
Hours: Mon–Sat (11am–3pm)
Phone: 919.833.4676

PANZAU: HAZARDS OF DRUNK DRIVING

By Danielle Beck
Staff Writer

A few weeks ago a young man over at North Carolina State University had a promising future until one night, right after school started, he and some of his buddies went out to celebrate his 21st birthday with a few drinks. The young man was completely smashed after a few drinks, and his buddies drove him back to his apartment where he slept for the night.

When he got up the next morning, he thought he was sober enough to get in his car and drive to class; apparently he was not as sober as he thought because his blood alcohol level was still over the legal limit. He was driving at high speeds and tragically killed a former NC State professor's wife. In a matter of moments, his life was changed forever because he faces criminal charges, and he now has to go around to high schools in the area and tell his story as part of his punishment.

Unfortunately, that young man is not the first and will not be the last not only to ruin his own life but also



Photo courtesy www.fresnostatenews.com

an entire family's life as well. Because of the strict no-alcohol policy on the Meredith Campus and with the new apartments coming in the fall of 2009, the alcohol policy has repeatedly been up for consideration of revising. Due to the new apartments and the growing problem of drinking illegally and legally on campuses all over North Carolina, last week Meredith College's Residence Hall Association sponsored

a young woman, Sarah Panzau, to come and speak to the Meredith College community about her story.

Imagine one minute being a star athlete and having everything going perfectly for you, a free ride to college among many other things, and then throwing it all away. Panzau was an All-American volleyball player and had a really bright future ahead of herself until one night.

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ask gigi

Dear Gigi,
I can't believe it. My life is over. This week, right after he took me out to dinner at P.F. Chang's, my boyfriend felt the need to break up with me. Me! And you wanna know why? He says he's gay! He's not gay, he just wants to date other people, but he can't just tell me that to my face, no, he has to go and make up this whole thing about being gay. What am I supposed to do with him now? Just let him go or go post it all over Facebook that he's "gay"? My revenge! And how am I supposed to go date other men? This is crazy...
-Furious Femme

Dear Furious Femme,
It really stinks that your lame ex-boyfriend broke up with you unexpectedly. If he really is so immature that he has to lie about his sexuality instead of just telling you he's not into you anymore, he's not worthy of your time or your frustration. Now, take a moment to consider that he just might be telling the truth. But, lying sack-o'-hay or truthful gay, your ex made it clear that it's over, so it's time to begin the bitter-sweet process of moving on with your fabulous life. Enjoy the time you now have to yourself and use it to figure out what you want to find in the next guy you date. You should start by making a list of personal qualities in a potential boyfriend that are absolute musts and definite deal-breakers, and keep that list somewhere where you can read it a few times every day—as a result, when you next meet someone you like, you'll immediately know whether he makes the first cut. You need time to heal, so don't try to rush into another relationship during this time, but casually dating can be incredibly refreshing after a hurtful break-up—at the very least, you'll be flattered with attention and you'll (hopefully!) get some free meals. What's better than that?

Yours truly,
Gigi
ask.gigi.herald@gmail.com

CALENDAR OF EVENTS

Wednesday, September 24	Free STD Clinic 12–3pm, Carroll HC	GRE Study Session 6:30–8:30pm	Partly Cloudy 74
Thursday, September 25	SGA Meeting 5:30–7pm, DCR	Campus Dialogue on Diversity 6pm KRS	Showers 64
Friday, September 26	MRA Meeting 10am, HAR 104	RHA Meeting 10am MAR 100	Showers 69
Saturday, September 27	Volleyball vs. Shenandoah @ Greensboro 2pm	Volleyball @ Greensboro 4pm	Showers 73
Sunday, September 28	Tennis-ITA Fredericksburg, VA	Open House 12pm–7pm	Few Showers 72
Monday, September 29	Drop-In Resume Clinic 10am–Noon, Career Ctr	Honor Council 7pm, CCR	Partly Cloudy 78
Tuesday, September 30	Rosh Hashanah	Networking Workshop 4:30–5:15pm, SMB Atrium	Mostly Sunny 79