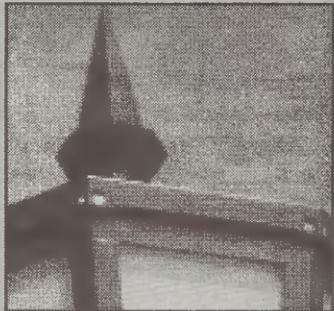


# the MEREDITH Herald



KAPPA NU  
SIGMA INDUCTION  
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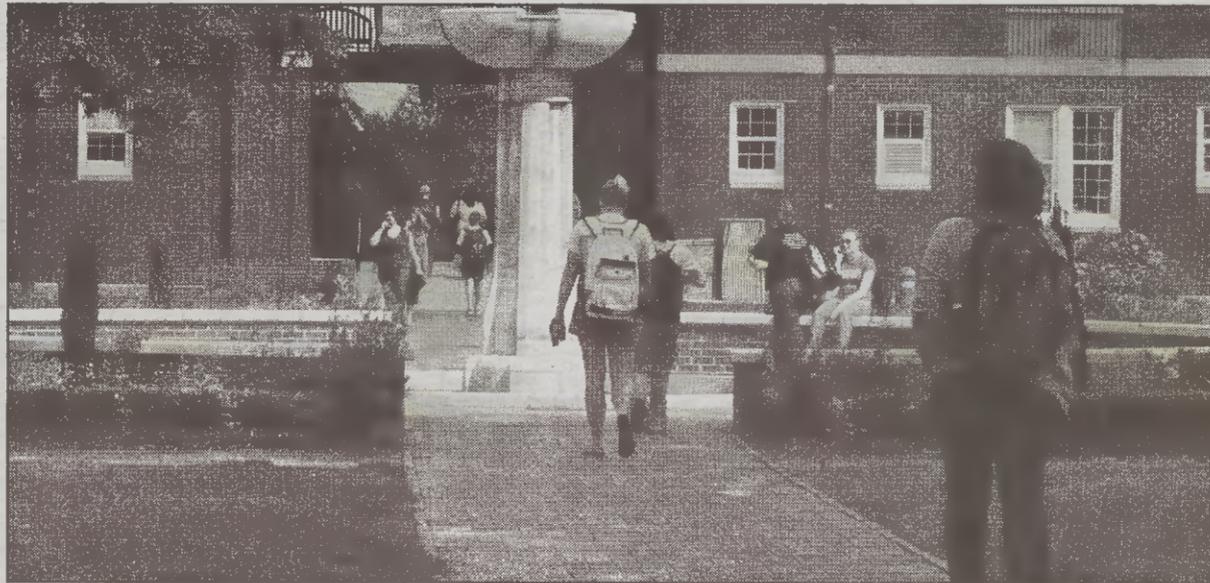


Photo Courtesy Kyra Young

## LEADERSHIP AT MEREDITH

Nataleigh Timberlake  
Contributing Writer

If you haven't yet noticed, spring is in the air, as well as Experience Meredith. This time of the year gives me the opportunity to think back on how thankful I am to be involved in the Meredith community. We see it from day one: Meredith has a foundation based on strengthening women to be strong and effective leaders. This statement doesn't mean too much written in a pamphlet that's handed out in one of the dozen or so seminars that accepted students attend on preview weekend; however, the longer I am a student here at Meredith, the more important this statement is to me. Meredith College has helped me to be more confident and to gain group work skills that will prepare me for my future. Overall, being a leader at Meredith College is vital to enjoying your time here while also making current students wonderful future leaders.

Being a leader in the Meredith community is an honor and a privilege that I view with great respect. Being the class of 2011 president is a position that I never saw myself filling a short while ago, but now, I wouldn't trade it for the world. Just a few friendly faces and a few, simple, encouraging words led me to run for class office and get involved on campus. Now, I am so grateful for the people who encouraged involvement and being active in the Meredith community. Incoming students hear from the very beginning that getting involved on campus is the secret to getting the most out of your Meredith experience. This one statement couldn't be any truer.

Getting involved in Meredith's various clubs and organizations is not as hard as it may seem. Meredith College offers over 100 different clubs and organizations to get involved in, ranging from class activities to religious organizations. The best way to become an active part of the Meredith community is to jump right in and attend a meeting, e-mail the club president with ques-

tions you may have or even visit the Office of Student Activities and Leadership Development and find what you're most interested in. Cheryl Jenkins, Director of Student Activities, states, "Being involved on campus in leadership roles or being members of organizations is important because it gives students opportunities to learn valuable skills that will be relevant in their future careers and personal lives. A Meredith student needs to be aware of her personal leadership style, learn how to work in groups, and understand her connection to the overall community."

I can speak from personal experience that our class loves to have new people join in on class meetings or event committees; we always appreciate a fresh face to offer up some new ideas. For example, this past year has been packed with class events such as Cornhuskin', Guardian Angel, Tea for Two, Charming Evening and Class Day; each of these events has different co-chairs and different people working to make them the best they can be. I feel like Meredith offers a variety of activities to choose from to get involved so that there is virtually no way that a student couldn't be involved with something that goes on here.

There are various ways to become involved at Meredith College including, but not limited to, being a resident assistant, a student advisor, a club officer, a student assistant or a co-chair for an event. The best way to figure out what interests you the most is by trial and error and by investigating the various opportunities offered here at Meredith. All in all, Meredith College has made me a better, more effective leader, and I would encourage all current students and future students to become active in their education and be involved in the Meredith College community; it's a decision they will not regret. ■

## Green Tip for the Week of April 1st

A car wash uses unnecessary amounts of water, so conserve by washing your car at home.

During the 2008-09 academic year, Meredith College's campus theme is "Sustaining our Environment: Developing our Greenprint." To help the Meredith community make daily choices that are beneficial to the environment, Angels for the Environment have compiled a year's worth of tips for greener living. To view green tips from previous weeks, visit [www.meredith.edu/campus-theme/environmental-tips.htm](http://www.meredith.edu/campus-theme/environmental-tips.htm).

