

SPORTS

PLAYER OF THE WEEK

Name: Alex Calvert
 Major: Business Administration Major
 Minor: Marketing
 Year: 2011
 Position: Midfield



Photo courtesy www.meredith.edu/athletics/soccer

Junior midfielder Alex Calvert has proved herself to be an invaluable asset to the 2009 Meredith College soccer team. Calvert's skill and persistence were enough to help Meredith come out with a victory against both Shenandoah and Mary Baldwin in the first week of October. In the match against Shenandoah, Calvert scored 3 goals and had an assist. Her offensive tenacity helped lead her to team to victory.

Calvert has been playing soccer since she was four years old. Although it is challenging to be a college athlete, Calvert has immensely enjoyed her time on the Meredith College soccer squad. Her most treasured memory at Meredith is winning the conference tournament last year.

In addition to playing soccer, Calvert is also a focused student. She is a business administration major with a marketing minor, and school work is a very big part of her life.

Because of Calvert's contributions to the team, Meredith is well on their way to having a successful season. They have an overall record of 7-2-1 and plan on defending their title as conference tournament champs.

"I think Meredith soccer will finish as one of the top teams in our conference, and hopefully we will make it back to the NCAA's," stated Calvert.

UPCOMING EVENTS

Wednesday Oct. 14:
 Volleyball vs NC Wesleyan 7pm (WSP)

Saturday Oct. 17:
 Soccer vs Christopher Newport 4pm (AFT)

Volleyball @ Lynchburg, VA

Sunday Oct. 18:
 Soccer vs NC Wesleyan 2pm (AFT)

Tuesday Oct. 20:
 Soccer vs Ripon College (Wis.) 7pm (AFT)

Volleyball vs Methodist 7pm (WSP)

MEREDITH CROSS COUNTRY AT FESTIVAL

Aleighta Page
 Staff Writer

The Meredith Avenging Angels Cross Country team competed in the Great American Cross Country Festival held in Wake Med Soccer Complex on Friday, October 2. The weather was a perfect, autumnal day for a race. There was a slight breeze in the air and the temperature was in the mid '70s with partly cloudy skies. The ground was dry—a stage for opti-

mal running performance.

Arch rival Peace College participated in the meet as well, being the only other Division III school present. Other local teams were the NC State Club Cross Country team and the official Wolfpack Cross Country team. Other nearby schools participating included Campbell University, UNC Pembroke, and East Carolina. Some

teams came from out of state for the race; including the University of Miami, the University of Maryland, and Georgia Tech.

Cross country team winners are determined by individual placings: the lower the score, the higher the ranking. Dominating the top 5 places, the University of Maryland won the race. The overall winner of the women's race was Kristin Reed of the University of Maryland, with a time of 17:47. Georgia Tech took second place, the University of Maryland third and fourth; and East Carolina took fifth place with a time of 18:15.

Meredith ran very well, coming in a lucky 13th place, beating Guilford College! The top runner for Meredith College was Meghan Beebe, with a time of 22:01. Coming in close, but not far behind Beebe was Katelyn Thacker with a time of 23:05. Joyce McLeod pulled in right behind Thacker, bringing home a 23:13. Karen Chung was on the coattails of McLeod with a time of 23:37.

Closely following Chung were several Avenging Angels: coming in at 24:12 was Maggie Crifasi, Katie Helms brought it home with a time of 24:21, Lauren Habermehl was right behind them with a time of 24:22. Exactly ten seconds later came Lauren McDonald. After nearly a minute, Chelsea Best climbed made it through the finish line at 25:26. Sam Ramsdall brought her game to an end at 26:22. Aleighta Page held up the rear with a time of 27:19. Well done MCXC!

The Running Angels will be racing Saturday October 17 at Guilford College for the Quaker Invitational. After a two week race break, the Angels should be well rested enough to dominate this race. If you can make it, come down to Greensboro and cheer on the cross country team. There are only two regular races in the season left, and then regionals will be held on the 14th of November.

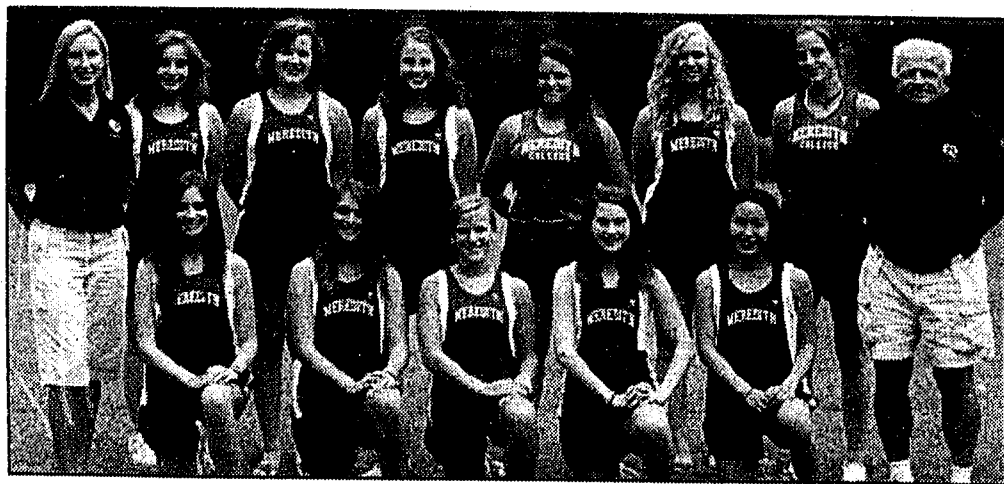


Photo courtesy Aleighta Page