

SPORTS

PLAYER OF THE WEEK

Jillian Curtis
Staff Writer

Name: Kimberly Williams
Year: 2013
Position: Midfield
Major: Exercise & Sports Science

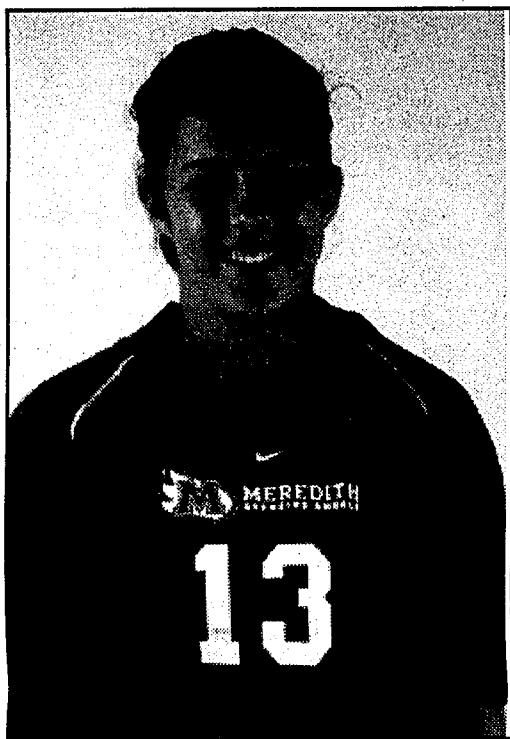


Photo courtesy: <http://www.meredith.edu/athletics/soccer/profile.php?id=148&aid=>

Kimberly Williams is a freshman who is quickly becoming a key component to the Meredith College soccer team. For the week of October 26, Kimberly was named the ACC South Conference Rookie of the Week for her excellent performance on the soccer field. In the match against Ripon, Williams contributed 2 goals. She then scored the game-winning goal against Greensboro.

Williams has been playing soccer for 11 years. Eventually, her soccer career led her to Meredith. Sports in general are a huge part of Williams's life as she is an Exercise and Sports Science Major. Although it is difficult to juggle school and sports, Williams is very happy with her decision to play on the soccer team.

"It is awesome being able to surround myself with other athletes and to be part of a winning team," commented Williams.

Although Williams has done tremendously well already, she still has things that she wishes to improve on, including her mental endurance and ability to adapt to different opponent's styles and levels of plays. Her desire to improve her game is testimony to her true commitment to the team. Williams's offensive skills and tenacity has definitely led the Meredith Angels to success this season.

"Meredith Soccer is doing extremely well. We are extremely close to being named conference champions, and I hope that we will be named conference tournament champs as well," stated Williams.



UPCOMING EVENTS

Thursday Nov. 5:
USA South Soccer Semifinals

Friday Nov. 6:
USA South Soccer Semifinals

USA South Volleyball Semifinals

Saturday Nov. 7:
USA South Soccer Championship

USA South Volleyball Finals

ask gigi

Dear Gigi,

I am a freshman, and I live in the residence halls; therefore, I have a meal plan and have to eat mostly in the dining hall. I have a lot of dietary restrictions, and every time I go into the dining hall, I feel like there are not enough choices for me to eat. I am always eating off campus. All those costs are eating up my bank account. I would like to try and eat in the dining hall more often, but I do not know what to do. Can you help?

Sincerely,

Starving

Dear Starving,

If you have a lot of dietary restrictions and cannot find enough to eat in the dining hall, I suggest you go talk to the managers in the dining hall. Dave, Karen, Tracy, and Arturo are here at Meredith providing wonderful service to us students. Become friends with them and the people who work the lines in the dining hall. Talk to those people and help educate them on what you need so that you can get the nourishment needed to get through the day. They are very nice and love to help the students, but they cannot help you if you do not talk to them! Tell your friends that if they have complaints or concerns about the dining hall, they can talk to Dave. Suggestions and concerns can also be put in the little black boxes located near the entrance of the Bee Hive and on the column next to the drink counter on the Poteat side of the dining hall. The staff truly does look at what goes in the box, so all comments are welcome. I hope this helps!

Sincerely,

Gigi