

CAMPUS ANNOUNCEMENTS

A message from the Office of Financial Assistance:

We are excited to inform you about a new opportunity regarding outside scholarships. If you are interested in receiving weekly emails about outside scholarships, please email outsidescholarships@meredith.edu so that you may be added to the list.

The Office of Financial Assistance updates their web page on recent outside scholarships from associations, groups, etc. Our web page is http://www.meredith.edu/financial_assistance/scholarships/.

To search by category, click on the "outside scholarships" tab and you will find several different categories of scholarships. Also, you may be removed at any time from the email list with a simple email to outsidescholarships@meredith.edu.

If you have any questions, please contact our office at 919-760-8565 or finaid@meredith.edu.

The bookstore will begin buying books on Thursday, November 29 during normal store hours. Rental checkins will also be taken and must be returned by Dec. 6th by 5pm to avoid additional charges. We will be open Saturday, Dec. 1, from 9am-1pm for buyback and rental checkins... Holiday shoppers always welcome!

What to be a successful person in life? Gain skills that will prepare you for the "real world"? Or just become an effective leader on campus?

Sign up for the Emerging Leaders Seminar in S.L.S (located on the 2nd Floor of the Cate Center.

Tuesdays, January 22- February 26
3:30 p.m.-5:00 p.m.
Harris 214

Walk-in help available from the fabulous and helpful Learning Center tutors!

SPANISH REVIEW
Thursday, November 29
12-2 PM
MAR 125

MATH REVIEW
Thursday, November 29
12-2 PM
SMB 162

CHEMISTRY REVIEW
Thursday, November 29
2-4 PM
SMB 162

Students are invited to a study break in Belk Dining Hall, Stringfield side, from 7:30 - 9:30 p.m. on Reading Day evening, November 29. Cookies, beverages, candy bags, giveaways included! Sponsored by the Division for College Programs and Campus Dining.

The Daisy Trade TOO hours
Monday November 26 - Friday November 30 11am -2pm
Monday December 3 - Friday December 7 11am -2pm
Closed December 10-January 9

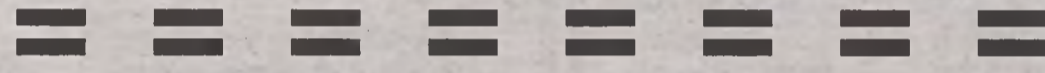
Campus offices and organizations are invited to send organization and event announcements to be printed in the Herald. Please email announcements to herald@email.meredith.edu at least two weeks in advance.

Ten Tips for Surviving Finals

Marzia Nawrozi, staff writer

Everyone has different methods to study for exams. The following are some suggestions to help you for the last minutes of preparing for your finals:

1. While you are studying, take notes and write down a summary of the important ideas. Make flash cards of these ideas to study with. Remove the cards that you know and study the ones you don't know as well.
2. Change your study environment; it helps you to remember better.
3. Instead of memorizing everything, try to understand the concepts well.
4. Make study groups. Watching and listening to other students helps you remember better, and it helps you if you missed any classes.
5. Test yourself by using the review questions at the end of each chapter. Study guides also help you to test yourselves.
6. Make sure you get enough sleep.
7. Make sure to have breakfast or other meals that come before your test. Being hungry causes stress and makes it hard to think and remember. You can take your study materials with you when you go to eat. Make sure to eat lots of protein and avoid sugar.
8. Be aware that anxiety is natural during the exams. Try to relax and think positive. Find family member or student friends to talk with about the things that stress you out about the test. When your family or friends tell you that you will do great, believe them.
9. During exams, take deep breaths, try to answer the questions you know first and come back to the more difficult questions.
10. Don't forget to celebrate when your exams are over!



		Tear-Out Exam Schedule					
TIME	THU NOV 29	FRI NOV 30	SAT DEC 1	MON DEC 3	TUE DEC 4	WED DEC 5	THU DEC 6
Begin 9:00 End 12:00	Reading Day (No Exams)	9:00AM MWF	11:00AM TH	8:00AM MWF	8:00AM TH	8:00AM MWF	8:00AM TH
Begin 1:00 End 4:00	Reading Day (No Exams)	12:00PM MWF	3:30PM TH	12:30PM TH	2:00PM MWF	2:00PM MWF	2:00PM TH
Begin 6:00 End 9:00	Reading Day (No Exams)	5:00PM or 5:30PM MW	6:00PM W ONLY	7:00PM H ONLY	7:00PM MW	5:00PM or 5:30PM TH	3:00PM MW or MWF 3:30PM or 4:00PM MW or MWF