

Arts & Entertainment

A Different Dimension: A Review of Rockin' Rolls Sushi Express

By Ashleigh Murr, Staff Writer

I ate at Rockin' Rolls Sushi Express at the newer North Raleigh location, for lunch on Thurs., Feb. 17. The Raleigh location is located at 9650 Strickland Road, Suite 101. However, the original location in Durham at 3405 Hillsborough Road, Suite E, is also a convenient drive from Meredith.

The unique environment is a fun twist on a typical restaurant scene. My first impression was excitement for all the types of food I would get to try. The staff was kind as I paid upon entry, but after that, as it is a self-serve buffet, there is not much interaction with the staff. The restaurant appeared clean throughout, though the whole process could allow for the spreading of germs depending on how people grab their food. Each person sits in front of a conveyor belt which is guarded by a plastic covering. Across from each seat is a small door that can be opened to grab the desired food options as they come by. Because it is not a charge per plate, I was able to try many different types of sushi that I otherwise may not have branched out to taste. I tried a unique fried banana sushi roll that I surprisingly loved and

would eat again. The food all tasted delicious to me, and I enjoyed a wide variety of sushi and other Asian specialties such as beef gyoza, spring rolls, and miso soup.

Taylor Whitley, '19, also visited the North Raleigh location but for the dinner buffet and stated, "When I walked in, it was like being in a different dimension with all the sushi, hibachi, appetizers and sauces you could ever want. Luckily, I went super hungry." Her statement sums up the restaurant's excellent taste and unique atmosphere. If you like Asian food, specifically sushi, head on over to Durham or Raleigh and give Rockin' Rolls Sushi Express a try.

The Raleigh location serves lunch from 11:00 a.m. to 2:30 p.m. and dinner from 5:00 p.m. to 9:00 p.m. on weekdays, but is open until 10:00 p.m. on Friday-Sunday. On Saturdays and Sundays, they serve their dinner menu all day from 11:00 a.m. to 10:00 p.m. (The dinner menu includes endless hibachi, while lunch does not.) Lunch is \$10.99 a person and dinner is \$14.99 to account for the extra hibachi.

The Vagina Monologues 2019

By Kathleen Daly, Staff Writer, and Caroline Garrett, A&E Editor

On Feb. 24, the Extra Theatre Company (ETC) at Meredith College presented two showings of its annual production of *The Vagina Monologues*—a 2 p.m. matinee performance and a 7:30 p.m. performance in the Studio Theatre of Jones Auditorium. The original production was written in 1994 and in 1998 inspired the creation of V-Day, a worldwide movement to end violence against women and girls. The \$10-per-ticket proceeds from this year's performance went to benefit InterAct of Wake County, a nonprofit that provides resources for those who have experienced sexual assault and domestic violence. *The Vagina Monologues* has been produced at Meredith for over 10 years; fittingly, ETC wrote in the program that the performance was "dedicated to all of the brave women who came before us and all of the women we hope to inspire in the future."

The Vagina Monologues is a collection of monologues written by Eve Ensler about real-life female's accounts of their femininity as it relates to their

vaginas. The narratives in the production come from a range of women of different races, age groups, sexualities and genders assigned at birth. While the topic seems at first to be very specific, the production discusses a variety of issues affecting women in our country, from sexual harassment to body positivity to transgender identity.

Despite there being less than a week between the audition and the performances, the cast put on an impressive show. Tessa Minnich, '19, who delivered "The Flood," explained, "This was my first time acting. Hannah Johns, the director, encouraged me to audition and participate in *The Vagina Monologues*. I am so happy I did it! I enjoyed [reading] my monologue and it was nice hearing a few laughs while I performed."

Those considering attending the show in the future should keep in mind that it features explicit language and discusses sensitive topics. ETC produces *The Vagina Monologues* every Feb. at Meredith.

Meredith Music Events

Women Warriors Series

Ain't I a Woman!

Shinnerrie Jackson and The Core Ensemble

Wednesday, February 27, 2019
8:00 pm

Carswell Concert

Rachel Niketopoulos, horn

Tuesday, March 19, 2019
8:00 pm

Carswell Concert Hall

Meredith Classical Guest Artist Series

North Carolina Guitar Quartet

Friday, March 8, 2019
8:00 pm

Carswell Concert Hall

The Music of Bill Robinson

Performed by Meredith faculty
Sunday, March 24, 2019

4:00 pm

Carswell Concert Hall

Ready to Move Out: Getting Along with Roommates

By Kristen Viera, Staff Writer

We've all heard them before—unbelievably horrifying roommate stories that should not be wished upon anybody.

Whether the conflict is extreme or not, everyone is likely to run into roommate problems at some point or another because not everyone gets along 100% of the time—as Residence Director Jessica Sharpe says, when it comes to roommates, "it's not about the good days."

College is one of the places where many run into such dilemmas, but living on campus can be a great experience and a comfortable place away from home for residents to learn and grow. With helpful quotes from an interview with Sharpe and from *The Naked Roommate: And 107 Other Issues You Might Run Into in College* by Harlan Cohen, here is a list of things to remember in order to combat these unavoidable situations when they arise.

1. **Communication really is key.** To avoid escalating a problem, Sharpe says, "Be open, be honest, be realistic, and be okay with saying 'no'... Be okay with disagreeing with your roommate. Talk about it, and then move on." Each roommate needs to be made aware when something has made the other uncomfortable and what is okay with being shared.
2. **Set boundaries before they are needed.** Respect each other's differences, stuff and space. Make rules or write a roommate agreement to help avoid uncomfortable situations. Things such as guests, sharing food or clothing, cleaning and noise are big topics of discussion.

3. **When there is conflict, work it out as soon as possible or it will get worse.** Cohen writes that, "If you see it or hear it and don't

do or say anything about it, your roommate might think you're cool with it." Agree that issues will be discussed within 48 hours—that is, not with everyone else, but with each other. Sharpe says, "It is okay to say 'Hey, you cannot eat my goldfish anymore' because then that person knows where they stand with you." Naked, smelly, drunk, klepto or gettin' busy in the same room kind of roommate, whatever the problem, approach the situation ASAP the first time around.

4. **Be considerate.** Community living can be a great experience as long as each resident remembers that it is a shared space. Sharpe says roommates should "be okay if they are not best friends with their roommate, but it is important to at least be cordial." Each has the right to study in the room, and each has the right to ask the other to take their phone conversation outside or put in headphones.

5. **Close friends may take advantage.** Best friends are likely to live together, but remember that the closer and more comfortable the relationship, the less likely each person will try to please the other. In other words, they might be less tidy, expel gas at will or not be as respectful of things.

6. **Use your Resources.** Residence Life is here to help if the situation is too uncomfortable or gets out of hand. Most importantly, if emergency help is needed, do not hesitate to call campus police (919.760.8888), the RD on duty (919.612.6350), or use the counseling center (919.760.8427).

The bottom line: Cohen writes, "If you want to get along and your roommate wants to get along, you'll get along. If not—welcome to roommate hell."