

Exhibit: -- Survival in the Sea, one of the Aquarium's current exhibits, details the methods employed by marine animals of the world's oceans. On alternate Tuesdays at 2:00 p.m. Aquarium staffers will provide more information on these survival techniques for the interested public. The following mini-programs will be highlighted this month:

January 13 - Camouflage
January 27 - Speed

The North Carolina Aquarium at Pine Knoll Shores will present a special photography "Portfolio Exhibit" January 5 through February 13. This exhibit will feature the works of three local photographers: Richard Davis, Beaufort, Cathy Crowell, Morehead City, and Frances Eubanks, Newport. This threesome participated as judges in the 1986 Bogue Banks Photography Competition, the Aquarium's annual contest which is now in its eleventh year.

Our fish and other aquarium animals are fed at 4:00 p.m. daily.

"The Winter Forest" will be the subject of a Wednesday Walk at 10:30 a.m. on January 7. Participants were asked to pre-register.

Every Wednesday morning at 10:00 a.m. the North Carolina Aquarium co-sponsors with the County library a storytime for pre-schoolers.

Join the staff as we take an in-depth look at the Aquarium animals. This informative tour examines the operations of the Aquarium and investigates the behaviour of sharks, turtles, fishes, and other marine life on display. Pre-registration is required. Limit 15. For more information please call the Aquarium at 247-4003.

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WAYS TO HELP

So - if you got through the holidays OK, you're eager to plunge into something refreshing to do during these slow months when the wind blows a lot and if you put on all the layers you need to play golf or tennis, you can't bend your arms. Besides, haven't you noticed how much better you always feel after you've done something nice for somebody? Here are a few ideas for you:

1. RSVP - no, it's not that abbreviation for the French that used to appear on formal invitations. This stands for RETIRED SENIOR VOLUNTEER PROGRAM. If you're 60 or more, you can be a part of this by doing volunteer work in a variety of places with a variety of people. For example, you could put in time at the Maritime Museum; what a neat place to spend several hours a week. Visitors love it so much they'll put you in a very "up" mood whenever they rave. The thing to do is call Elizabeth Moore at RSVP [247-4366] and maybe make an appointment to drop in and see her so you can find out what a vast choice you have in volunteer activities in the county. Elizabeth says there's going to be a neat Fund Raising Dinner at the Senior Citizen Center on Friday, February 13th, at 6:30 p.m. with great food for \$7.00 per person. Jack Green, a PKS'er is Chairman of the RSVP Advisory Council, and both he and Bernice Donaldson, also of PKS, will have tickets to sell. One can be thinking about that.
2. Meanwhile, there's the COMMUNITY PARTNERS Program. We've talked about this before here, but there are still many young people who could benefit by having an adult friend to spend time with at least once a week - lunch or after school shopping, or possibly a special Saturday adventure. If you like kids, give Larry Stith a call, at the Department of Education 728-4583, and tell him you're willing to be - well, not a big sister maybe, but how about a big granny? [Or Gramps?]. If he's not there, leave a message and he'll be back to you, as he said, "post haste"!
3. HELPLINE will be starting a training class in March. Telephone counselors are always needed. By now, everyone knows what Helpline is: for the most part, trained volunteers listening to problems of callers and referring them to the appropriate local agencies. The course is lots of fun, usually runs for several weeks two nights