## THE SHORELINE

Published By The Town of Pine Knoll Shores In The Interest of It's Citizens
Town Hall: 247-4353 Police: 728-3772 Fire and Rescue: 728-4111/911

## August

1992

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 PKS Rescue Sq - 7 PM	4	5	6	7	8
9	10 PKS Fire Dept - 7 PM	11 Town Bd. Mtg -2 PM	12	13 PKA -9:30 AM PIKSCO-7 PM	14	15
16	17 PKS Rescue Sq - 7 PM	18	Community Appearance Commission-9 AM	20	21	22
23	24 PKS Fire Dept - 7 PM	25	26 Planning Bd 2 PM	27	28	29
30	31					

## YOGA!

Classes are open to all PKS residents and their guests.

It is a beginning class which consists of easy postures and systematic stretches which relaxes all muscle groups. It promotes greater flexibility and ease of movement.

The class is held Mondays, Town Hall - 10:00 AM

The class takes approximately 1 and 1/2 hours. Wear loose clothing and bring a towel or mat. Come learn stress reduction!

## **Rescue Squad Members Needed**

The PKS Rescue Squad is in need of additional volunteers to serve either as Emergency Medical Technicians (EMT\*s) or as Ambulance Drivers.

Don't let retirement age make you shy away from considering joining; it's never too late, our squad is made up of every adult age group.

To join you must participated in a course on lifesaving techniques that will not only benefit the squad but your personal life as well. If interested please call Chief Theodora Wimberly, 247-4151 (day) or 247-3666 (evening)

EDITORS: Ellen and Jim Peirce - 247-2241

TOWN HALL HOURS: 8:00AM - 4:30PM - M-F