



**PKS Squad
#65**



**PKS Police
Dept...**

This month's health update is about heart attacks.

Recognition of the early warning signs, such as chest pain and shortness of breath are essential.

It is important for women to remember that they can have heart attacks accompanied only by "generalized back pain" and a feeling of "not being well". These symptoms often go untreated but are just as serious as the man with crushing chest pain, which radiates to the left shoulder or jaw. Both individuals should be treated immediately.

If you feel you may be suffering a heart attack, DO NOT DELAY, CALL 911.

Physicians recommend that you take four chewable aspirins or the equivalent of an adult aspirin at the onset of symptoms. Chewable aspirin are preferred since they enter your system quicker.

The Emergency Medical Technicians that respond to your 911 call are trained and equipped to handle cardiac emergencies and will provide treatment enroute that greatly improves your chance of a favorable outcome.

Please mark your calendar because May 22nd is E.M.S. Awareness Day in Pine Knoll Shores. More information will follow next month.

Squad #65 responded to 7 medical emergencies, 2 transports and 1 fire call in February.

Submitted by: Maureen Danehy

How safe is your vehicle from thieves?

A vehicle is stolen every 21 seconds in the United States. "Watch Your Car North Carolina" is an auto theft prevention program funded by the Bureau of Justice Assistance, Office of Justice Programs, United States Department of Justice. It is a voluntary vehicle registration program designed to deter auto theft and assist in the apprehension of auto thieves. Vehicle owners sign an agreement stating their vehicle is not normally driven between the hours of 1:00 a.m. and 5:00 a.m. If a Police Officer observes the vehicle being driven during these hours, they may stop the vehicle and verify that the vehicle owner or a person designated by the owner is operating the vehicle.

The registration process consists of the completion of a registration/consent form that can be obtained from the Pine Knoll Shores Police Department located in the Town Hall. Law Enforcement will then affix "Watch Your Car North Carolina" decals in the proper place on the vehicle's windshield and rear window. The decals notify police officers across the nation that the vehicle is registered with the "Watch Your Car North Carolina" program.

The registration is free and is for a four-year period. You will need to bring your driver's license, proof of mandatory financial responsibility (insurance) for the vehicle and the current vehicle registration or a copy of vehicle title with you for registration of your vehicle. The process is quick and FREE!