

Exceeding Expectations

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expectations. Congratulations are in order to everyone who made an individual effort to use less electricity. The challenge in the future is to continue to conserve.

"Body Surfing"

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might even be propelled into the sand under the water, but our outstretched arms took the blow.

With the invention of styrofoam came the boogie boards. If you look at adults on the boards, they are well up on the board (as their body weight needs a lot of flotation), their heads towards the board's very front, and their arms are mostly behind the position of their head on the board, with their hands next to their head on either side so as to hold on to the board. If you miss or catch a wave right, this is no problem. But if you are "early" and if the waves have some size, energy and curl, the boogie board can lead to disaster.

Falling off the face of a wave on a boogie board and being driven into the water and ocean floor mean that it is the boogie boarder's face not arms that hits the sand first. Suddenly, the physics change, and the mass times velocity puts all the stress on the neck of the boogie boarder, specifically the C-2 vertebra. This is also known as the "hangman's vertebra," as it is the one that snaps and causes quick death by severing the spinal cord at the brain's medulla—the auto-muscle control

The progress of this campaign was recorded in *The Shoreline* throughout this past year. Each report was accompanied by a "Tip of the Month," designed to facilitate the process of conserving electricity. Because of the success of the campaign, the 12 Energy Tips are listed on a page 14 as a guide for use to continue saving energy throughout the upcoming year.

center as in heart, lungs etc. Even just damage to this vertebra often results in death or paralysis. Wilmington, North Carolina rescue data rate boogie board injury as a major killer andcrippler at area beaches.

A Pine Knoll Shore resident and an Atlantic Beach visitor both have suffered this injury in the last month. So far both have survived and are undergoing long and uncomfortable recoveries in halo and upper body casts. The Atlantic Beach person had to have rods surgically implanted in the neck.

If one is lucky to make it out of the water with knowing hands helping, full recoveries are possible but far from certain. Helping hands that are not trained can easily rotate the neck and permanently damage the C-2 spinal cord.

So, be very careful body surfing on a boogie board. If you find yourself in front of a wave, let go of the board and get your arms in front of your head. It is a good idea to practice this move on a normal wave. It needs to become a reflex action. Your very life may depend on that split second. Little kids typically fit further back on the boards and their smaller, lighter bodies result in less impact momentum should they get ahead of a wave, but boogie boarders of all ages need to use this ocean toy with full appreciation of its dangers.

26th Annual National Night Out

By Tom Powers

This year's National Night Out, with more than 2,000 people in attendance, was a huge success. Held at the Coral Bay Shopping Center, Atlantic Beach, the event was co-sponsored by the Atlantic Beach and Pine Knoll Shores police and fire departments and funded entirely by donations. With free hot dogs and pizza, even the adults, had a good time and there were fantastic prizes awarded throughout the evening. There were

plenty of activities for kids of all ages including face painting, a number of inflated slides and rooms for the younger ones to jump around. A hardball pitching trainer and the infamous "beer goggles" caught the attention of the teens. Both the Atlantic Beach and the Pine Knoll Shores Police and Fire Departments were well represented with equipment, personnel and displays.

Alice the Queen

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family and friends, soldiers during World War II and campers during the summers from Camp Morehead across the sound. It was my pleasure to contact Sammy Doughton and Ruth Bailey, two of her visitors from Morehead City, who shared their memories of Alice.

Sammy Doughton is a local historian from Morehead City and Raleigh. She sent me a copy of Alice Hoffman's Last Will and Testament and explained how she came to know her: "My connection with Mrs. Hoffman began in 1942, when my mother was invited to play bridge with her at her home. I went along too and talked to Nicolo [unknown] and Gabby [Alice's French companion]. Mrs. Hoffman asked me to come to see her in my sailboat. I told her that as she had no pier I could not walk through the heavy undergrowth that was full of rattlesnakes. She then said, 'I'll build you a pier,' and she did. I went up there many times."

Ruth Bailey lives in Morehead and was known for her lovely voice. She remembers being invited to come and sing for Alice, and Alice sometimes sang along with her. She told me that Mrs. Hoffman kept a car and chauffeur in Morehead, and he would be sent to pick up Ruth when Alice wanted her to visit. They had no piano music because the damp climate and lack of an available piano tuner forced Alice to send back the piano she purchased for her Bogue Banks home. She evidently couldn't stand to play anything but a well-tuned piano. Some actions show her generosity and good nature and some her perfectionism and strong-willed nature.

In one of Jan Rider's four articles about Alice Hoffman published in *The News Times* were interviews with Alice's companion, Gabrielle Brard, and her superintendent, Ira Guthrie. Gabrielle relates that while Alice laughed off rumors about her life here on Bogue Banks, she took criticism about her litigations very seriously and tried desperately to explain the truth of the

matter in her will. Her will states, "Payment of all 'just' debts should be made. I use the word 'just' advisedly for none of the debts which have been collected through litigation have been owed by me." It was Miss Brard's belief that people tried to take advantage of Alice because she was a woman. In one very serious case, Alice was forced to go to court to retain the title to her Bogue Banks property. She claims that money she put in the hands of two Morehead City attorneys to pay the taxes on her property was not used for this purpose and caused her to come close to losing it all.

This brings us to the impact that Alice Hoffman had on the development of Pine Knoll Shores. Alice spent the last twelve years of her life living in her home here on Bogue Banks. We know of her passion for preserving the natural environment she loved and enjoyed, and it is likely that she imparted this spirit of preservation to her family and eventual heirs. They probably would have been influenced by Alice and, for sure, would have been influenced by President Theodore Roosevelt. Kathleen Guthrie, speaking to Pine Knoll Shores Women's Club, quoted from his message to Congress on December 3, 1907: "To waste, to destroy our natural resources, to skin and exhaust the land instead of using it so as to increase its usefulness will result in undermining in the days of our children the very prosperity which we ought by right to hand down to them amplified and developed."

We can thank Alice Green Hoffman for leaving a legacy to heirs that would result in this carefully planned Pine Knoll Shores community with its stringent restrictions and covenants, so we as residents can live here today as "Kings" and "Queens" of our domain.

Footnote: This concludes this four-part series of articles by Barbara Milhaven on the life and times of Alice Green Hoffman one of the earliest and perhaps most influential settlers of what is now Pine Knoll Shores.

In Memoriam

~
Jack Cummins

Walter Kane