

The Shoreline

Vol. 10, No. 21

A Shoreline Community, Pine Knoll Shores, N.C.

April 2015



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Guidelines**
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Pine Knoll Shores 8th Annual Kayak for the Warriors Events

By Jean McDanal

Are your running shoes, kayaks and paddleboards ready for the 8th annual Kayak for the Warriors™ events? On Saturday, May 30, from 9-11 a.m., our newest event will be introduced. The 5K Military Challenge Run will begin on the beach and meander through the knolls of Beacon's Reach. Here is where the challenge comes. To simulate the conditions our ground troops work with every day while deployed, you'll run the whole course carrying an extra 20 pounds of sand in your backpack. As you raise funds, you get to decrease the weight in your pack.

There will be two start times. At 9 a.m. the serious, competitive runners will start, and at 9:10 other runners and walkers will start. Why this kind of race? When our warriors go into combat, they carry packs that can vary from 25 to 90 pounds, depending on the situation they are facing. Add to that the weight of their body armor, helmet, weapon and boots. Unless you have been there and done that, it is difficult to fully appreciate the fortitude, stamina and grit our armed services personnel display. The event fee of \$25 includes a t-shirt and water.

On Thursday, June 4, the Warrior reception and live auction will be held at the NC Aquarium at Pine Knoll Shores, beginning at 6:30 p.m. and ending promptly at 9 p.m. Light food and wine will be available, and you will have an opportunity to bid on some great items. Check out donations on our Facebook page (and Like us while you're there). Entrance to the auction is \$5 per person. We already have secured Panthers tickets to be auctioned off.

On Saturday, June 6, at 10 a.m. the 3.2-mile kayak and paddleboard race around the canals will begin at Garner Park on Oakleaf Drive. Paddleboarders will start five minutes before kayakers. A \$45 registration fee includes a t-shirt and lunch. We will once again feature the warrior race in which a participant could win the coveted prize by raising the most dollars for Hope For The Warriors®. The warrior winner will be the racer with fastest warrior time by calculating his or her event time based on raw time and dollars raised. For every dollar raised by each racer, one second will be deducted from his or her raw race time.

At 8:30 a.m., fun 5K and 10K bike rides will begin at McNeill Park. A \$15 per person donation includes lunch. Family donations will be capped at \$45.

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Can You Help Fill the Bucket?

By Joan Lamson

It would be hard to miss the fast pace of the expansion construction at Carteret General Hospital (CGH). It looks now as though we might have a late summer ribbon cutting.

There will be many benefits to the community from this expansion, but the CGH Foundation is especially interested in the new cancer center which will be located on the main floor near the new welcoming lobby. The current Cancer Program at CGH has received awards, accolades and accreditations, but has been located in separate, off-site locations, which has been inconvenient for those needing the services and for their caregivers.

The bricks and mortar construction has been totally funded through the resources of the hospital, but the Hospital Foundation, which is a separate corporation, plays a very important role in the real-life total care of the patient and their caregivers. The fundraising campaign under way now will add to the ability of the foundation to cover certain costs that could not be paid by insurance, nor paid by the hospital. In the past, we have even paid gas bills for persons who just didn't have the resources. We've covered the cost of gasoline for some needing a second opinion. Caregivers need a break from time to time, and respite care can be an overwhelming need for some—and the foundation can possibly cover the cost for that care. The foundation can provide upgrades to technology that will help the hospital serve our community better. A good example of that is the recent purchase of the 3-D Tomography equipment that has already proved of benefit by the very early identity of suspect cells (which were diagnosed as malignant) in two individuals.

This is the "bucket" we are hoping to fill with philanthropic gifts from the community. We have reached nearly 75% of our goal of \$6 million and wonder if you can help fill the bucket. Gifts can be made over a pledge period of five years, and donations of over \$2,000 (which may also be paid over five years) will be recognized on the Recognition Wall. Gifts under \$2,000 will be recognized in the honorarium book. By the way, the staff of the hospital, not the administration and not the physicians, has given over \$250,000. There are still some naming opportunities available for those interested and able to consider a legacy gift to the foundation, but your gift at any level is important to the accessibility of everyone to the services that can make such a difference.

If you have an interest in helping to fill the bucket at any level, let me know and I will discuss the opportunities with you. Contact me by phone at 240-3110 (home) or by email at joanlamson@embarqmail.com.

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