

# Women's Club



Pine Knoll Shores Women's Club officers and committee chairs at the club's organization meeting in August.—Photo by Peggy Young

By Michelle Powers

Pine Knoll Shores Women's Club President Pegge Knecht welcomed the newly elected officers and committee chairs at an organizational meeting and luncheon held at St. Francis by the Sea in late August. The starfish continues as the club's theme, representing our commitment to the five principles laid down by the founding members in 1984: community involvement, intellectual advancement, local charitable giving, social opportunities and provision of an annual scholarship to a deserving Carteret Community College female student.

Meeting dates were established and Vice President Peggy Young outlined the roster of diverse speakers planned for the 2014-2015 program year. Meetings are held at the Pine Knoll Shores town hall beginning at 9:30 a.m. unless otherwise noted. Mark your calendars for the following dates and topics so you won't miss these informative talks:

- October 23: Understanding Alzheimer's disease, dementia, memory loss and treatments and resources. Speaker: a neurologist from Carteret Health Care
- November 20: Dr. Oz would have you buy a roomful of supplements, but can you prevent disease and improve your health by what you eat, what you don't eat and the supplements you take? Speaker: a nutritionist from Carteret Health Care
- December 4: Christmas Luncheon at The Country Club of the Crystal Coast at 11:30 a.m. Entertainment: pianist Cathi Tanner
- January 22: Should you be speaking German? Come for a discussion of WWII and close encounters on the NC coast. Speaker: Mary Ellen Riddle, Director of Education at the Graveyard of the Atlantic Museum
- February 26: Start the New Year with a fresh look. Fashion show from Belk to benefit Women's Club charities
- March 18: Insights into family culture and love. We are as different as the food we eat, but we share the same dreams. Speaker: Susan Toms
- April 22: Should you stay out of the water? Learn the truth about sharks and other sound and sea critters. Speaker: Hap Fatzinger of the NC Aquarium at Pine Knoll Shores
- May 20: It's that time again—getting ready for summer guests. Is your house safe? Speaker: a local building inspector
- June 3: Installation Luncheon at the Coral Bay Club at 11:30 a.m.

We hope to see you at all, or some, of the meetings. Remember, guests are always welcome.



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