

# The MILL WHISTLE

Issued Every Two Weeks By  
and For the Employees



MARSHALL FIELD & COMPANY, INC.  
Manufacturing Division, Spray North Carolina

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Number Eight



## Nutrition Class At Karastan Mill

The Nutrition Class, shown above, met at the Karastan Mill on Monday, October 19th, and heard a most interesting talk by Mrs. W. B. Weaver on the value of the right kind of food. Mrs. Weaver pointed out the various types of food and gave a few valuable tips on each one, stressing the fact that in these modern times workers need the kind of foods that will keep us in our best physical condition. The meeting was something like an open forum, the members of the class asking many questions which Mrs. Weaver answered clearly. A movie, with accompanying record, "The Right Kind of Food," was greatly enjoyable and beneficial.

In the picture are shown, left to right: E. E. Syms, Virgil Hall, Edwin Fuller, Leslie Oakley, Harold Young, Cliff Barham, Morris Turner, Mrs. W. B. Weaver, Jesse Shumate, Roy Whitten, Otis Gilley, J. T. White, H. McKinney and Paul Tiller.

V . . . —

Young Man (sitting): "Excuse me, madam, you're standing on my feet."

Old Lady (strap hanging): "I know it, young man, and if you were a gentleman you'd be standing on them yourself."

## Council Programs Are Enjoyed

The Junior Carolina Council met on Tuesday, October 13th, at the Central "Y" and enjoyed a delightful musical program. The program chairman, Miss Mary Adkins, introduced Mrs. Ray Butler, who gave a number of violin selections, accompanied by Mrs. H. E. Latham. Young and talented Miss Marilyn Spickler delighted with her accordion, accompanied by Gordon Pittendreigh. All musicians were presented with gifts. Tickets for attendance prizes were drawn, Miss Dorothy Manley, Karastan, and Wesley Overbey, Blanket, being the winners. Refreshments were served.

The Senior Council held its second meeting of the year on Thursday, October 15th, at the Central "Y". After several selections by the band and group singing, a most interesting and instructive movie was shown, bringing clearly to us the part we are playing and are to play in the war in speeding up production. The highlight of the evening was the address by Charles M. Newcomb, who kept his audience in a state of continuous good humor with his sparkling wit.

In the drawing for attendance prizes

R. H. Tuttle, Personnel Office, and Broadus Burgess, Blanket, were the winners. Smokes and refreshments were served.

V . . . —

## Governor Broughton Selects Karastan

Governor and Mrs. J. M. Broughton were visitors here for a short while last week. Their purpose was to select a rug for the executive mansion at Raleigh. The Governor selected one of our most beautiful rugs, so next time you're in the Governor's mansion you should feel right at home.

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## Sorry, Too Late

News from the Fieldale Mills and Draper Blanket was received too late to get in this issue. Readers will no doubt be disappointed, but it is one of those things that cannot be helped. We are sorry, but hope that in the future we can give you plenty of news from these mills.

V . . . —

Our eyes are placed in front because it is more important to look ahead than to look back.