

# Cool Off Before You Pop Off

By C. B. RAKESTRAW  
Quality Man, Finishing Mill

Did you ever hear the nickname "Wild Bill"?

Sure, and he wasn't always a Western character, either. You've seen quick-tempered Wild Bill on his job at the plant. You've observed his careless and thoughtless action when he was in one of his "fits".

Such an employee is a menace to himself and to those who work around him.



When Wild Bill is having one of his tantrums, he is temporarily out of control. Under these conditions, he is ripe for an accident.

Why is this true?

It's because when Bill loses his temper, neither his mental

**C. B. Rakestraw** nor physical reactions are normal. Judgment, reason, patience, care and even the instinct of self-preservation are absent. But let him turn on the power of self-control and he recovers all of these qualities and acts like a rational human being with proper regard for himself and others.

Learning to take a good number of our petty annoyances and frustrations in our stride helps us to develop self-control. But it takes practice. Granted, we all have our days when "everything goes wrong". What are we to do then? The best remedy is the realization that a display of temper, violent movements, swearing, and excitability accomplish nothing. In fact, such goings-on usually make matters worse.

A calmer approach to the job at hand leaves us in control of ourselves when we have the full power of the better side of our natures. It takes determination and everyday practice. But self-control is possible for each of us.

Such self-mastery not only helps to prevent accidents to ourselves and others, but its attainment is a richly satisfying experience.

## Kitchen Komment

Yesterday's coffee, still clinging to the sides of the pot, can brew a rancid cup. So rout out those stubborn coffee barnacles with suds. Splash them around and swoosh them up the spout, then rinse well.

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Samuel Pepys records in his 18th century diary that he served his breakfast guests with a barrel of oysters, oxen's tongues and anchovies.

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Don't throw paint leftovers away. If it's full of lumps, strain it through an old nylon or silk stocking, suggests the Devoe Home Decorating Institute.

MONDAY, MARCH 2, 1953

## Adult Homemaking Classes Being Held At Girls Club

Fixing the kitchen? Working on your yard? Installing a bathroom?

Then you'll want tips on the best way to do the job and how to get your money's worth. You can get a lot of useful information at the adult homemaking classes at the Girls club in Spray.

Miss Pauline Gordon, house specialist, State College, will speak Monday evening, March 2 at 7:30 o'clock on "Making Your Kitchen More Attractive." Miss Marian Bullard, Rockingham county home demonstration agent, will show colored slides on "Simple Landscape Problems."

At another meeting Monday evening, March 16, W. H. Warwick, extension specialist, State College, will discuss "Installing a Bathroom."

## S. R. Fifield

(Continued from Page One)

and for advising the management on general cotton policies.

Mr. Ragsdale will continue to buy wool, woolen and synthetic materials for the Blanket Mill and woolen and worsted yarns for Karastan. He will report to Mr. Fifield.

Now branch manager of Volkart Bros. Inc., in Memphis, Mr. Fifield has a background of many years of experience in the cotton trade. He was connected with the Woods Manufacturing Company, a cotton mill in Welland, Ontario, Canada before becoming associated with various cotton brokerage companies in Memphis.

## A Message From Management

The Company's contract with the TWUA-CIO contains the following clause:

### "Section 19 Effective Date

This agreement shall be effective May 8, 1951, and shall continue in effect until May 1, 1953, at which time it shall automatically renew itself from year to year thereafter. If either party desires to modify, amend or terminate this agreement, written notice of such desire shall be given to the other party sixty (60) days prior to any annual expiration date. In such event, both parties agree to engage in conference to negotiate the desired amendment, modification or new contract."

As you know, there has been a dispute since May, 1952, between the TWUA-CIO and UTWA-AFL — each claiming they represent a majority of our workers. The UTWA-AFL has petitioned the National Labor Relations Board for an election to determine which union, if any, does represent our workers. The Board has not answered this request as yet.

Since a question of representation has been presented to the National Labor Relations Board and it is not known which, if any, union represents a majority of our employees, we have advised TWUA-CIO that we desire to terminate our present contract at its expiration date, April 30, 1953, and we will not enter into contract negotiations until the question of representation has been determined.

As we have told you before, the Company has and will maintain a neutral position in the dispute between the two unions. The purpose of this message is to keep you advised and informed of the Company's action in this matter.

*A. W. Whitcomb*

Assistant General Manager.