

## Three Boy Scouts Receive Eagle Badges At Spray



Three members of Boy Scout Troop 91, of which Tom Reece, of the Sheeting Mill Carding Department, is scoutmaster, received their Eagle Scout pins in recent ceremonies at Spray Methodist Church. Joe Tyson, field scout executive of Dan River district, presented the pins to the mothers who in turn pinned the awards on their sons.

Left to right are, front row, Wayne Noels and mother, Mrs. Margaret Hill; Wayne Mabe and mother, Mrs. Fannie B. Mabe, of the Finishing Mill Blanket Sewing Department; and Kenneth Land and mother, Mrs. Snow Newby, formerly of the Blanket Mill Wool Carding Department; back row, Mr. Reece and Mr. Tyson.

### STAY HEALTHY:

## Avoid Too Much Sun

By Dr. J. A. Sanford  
Medical Director, Fieldcrest Mills

Vacation time is upon us again. We look forward to it from one year to the next, yet how many spoil it by getting too much sun.

The acquiring of a sun tan must be done gradually. The ultra-violet rays of the sun form new skin pigment, thereby tanning the skin. A good sun tan is acquired by repeated exposures to the sun of increasing duration so that at no time is there burning.

The natural skin pigment is a determining factor in tanning. Brunettes tan faster and are more resistant to burning. Blondes and redheads have difficulty getting a tan and some never do tan.

Overexposure to sun rays causes sunburn, which may vary from mild to severe. If a burn is severe enough it may cause a systemic reaction, with chills, then fever, nausea and vomiting.

Remember the sun can most easily burn between 10 a.m. and 2 p.m. It is also possible to get a bad burn on a cloudy day because the clouds do not filter out ultra-violet rays. At the beach the reflected rays from the water increase the possibility of sunburn.

The use of sun tan preparations will aid in screening out the burning rays and make possible quicker tanning. However, use only preparations which you have used previously and know to be safe for you. Some people are allergic to sun tan lotions and may get severe reactions.

Wear protective glasses when sun bathing.

Try not to overexpose and burn. But

## Towel Mill Recognizes Top Weavers, Fixers For Recent Periods

Top quality weavers and top loomfixers at the Towel Mill for the most recent periods of record are shown below.

The "Weavers of the Week" are those with the lowest per cent of seconds with respect to the standards for the various loom groups.

The top loomfixers are determined through a combination of low seconds and high loom efficiency on their respective sections.

### Weavers—W/E June 8

Dobby Terry—Euell Cannaday  
Jacquard Terry—David Riggs  
Draper & Cam Terry—Ben Miller

### Fixers—W/E June 8

Dobby Terry—Melvin Rakes  
Jacquard Terry—Wendell Walker  
Draper & Cam Terry—Leonard Wright  
Huck & Crash—Booker Dalton

### Weavers—W/E June 1

Dobby Terry—James Witt  
Jacquard Terry—Robert Ferguson  
Draper & Cam Terry—Claude Austin Jr.

### Fixers—W/E June 1

Dobby Terry—David Stone  
Jacquard Terry—Wendell Walker  
Draper & Cam Terry—Roy Whitlock  
Huck & Crash—Booker Dalton

if you do, consult your physician if the burn is severe.

There are also some people who develop a skin rash from exposure to the sun. There are preparations available in the form of lotions or creams which, if applied prior to exposure, will prevent sun rash.

## THE MILL WHISTLE

Fieldcrest Karastan

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## Service Anniversaries

Fieldcrest Mills extends congratulations and sincere appreciation to the following employees who, since our last issue, have observed notable anniversaries of continuous service with the Company.

### Thirty-Five Years

Glenn H. Simpson ..... Bleachery  
Mary W. Strader ..... Sheeting  
Allie M. Houchins ..... Bleachery

### Twenty-Five Years

Eugene M. Seal ..... Sheeting  
Mildred E. Mitchell ..... Karastan  
Robert O. Barber ..... Blanket  
William A. McDaniel .. Central Whse.  
Nannie M. Bryant ..... Finishing  
George M. Moorefield ..... Bedsread  
Fred G. Morrison ..... Finishing  
Grace C. Jones ..... Sheeting  
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Callie F. Tucker ..... Karastan  
Gladys S. Bryant ..... Bedsread  
Willie Oaks ..... Towel  
Iva H. Pendleton ..... Central Whse.  
Carrie W. Thompson ..... Karastan  
Dewey M. Burroughs ..... Bedsread  
William M. Dillard ..... Towel  
Thomas A. Plaster ..... Towel  
Nora A. Thompson ..... Finishing

### Twenty Years

Thomas A. James ..... Finishing

### Fifteen Years

Lula J. Gover ..... Sheeting  
Robert A. Jentschura ..... Karastan  
Alma D. Kelly ..... Bedsread  
Tinie R. Dunn ..... Finishing  
Janet M. Meadows ..... Towel  
Ruby M. Stowe ..... Finishing  
William S. Hill ..... Towel  
Vester S. Hopkins ..... Bedsread  
Addie Marie Hill ..... Karastan  
Clyde E. Reese ..... Blanket

### Ten Years

Arthur L. Jackson ..... St. Marys

THE MILL WHISTLE